Academy of Lifelong Learning
Spring 2020 Schedule

DAY TRIP
Painted Churches Tour

OVERNIGHT TRIP
Corpus Christi, TX

COOKING
Chinese Cooking

HEALTH
Bone Health

Cover photo courtesy of Bryce Scott, ALL Member
## Events & Activities

The following is a quick guide to what the Academy of Lifelong Learning has to offer.

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Welcome to our Academy of Lifelong Learning Spring 2020 schedule. The Academy of Lifelong Learning is a member-driven organization for active adults, offering classes and social activities for continued intellectual and personal growth.

- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise & life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships with a diverse group of people;
- Be part of a collective voice of active adults in the community.

Looking for that perfect gift?
Consider an ALL membership for a friend or family member.

Stay connected.
FOLLOW
Victoria College Academy of Lifelong Learning on Facebook.

Don't miss out on:
- Class photos
- Featured member of the month
- Upcoming events
- Schedule changes
How to Become a Member

The annual membership fee is $60 and renews each September. Members joining after January 1st will receive a discounted rate of $40 for the remainder of the year. Membership entitles you to participate in any of the Academy of Lifelong Learning activities offered during the fall and spring semesters at no additional charge, with the exception to a few activities that have a supply or travel fee. These are noted in the schedule.

Members that are a Victoria College Retiree, Victoria College Employee, or a member of the Museum of the Coastal Bend will receive a $10 discount off their yearly membership ($5 if joining after January 1st).

There are several ways to join ALL:

OPEN HOUSE
An ALL Open House is hosted in August and January of each year. At that time, the schedule for the upcoming semester is unveiled, current members renew their membership, and new members may join. Information is available on each of the activities planned for the semester, and some study leaders are present to answer questions.

IN PERSON
If you are unable to attend the ALL Open House, you may register in person in the Academy of Lifelong Learning Office:

Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905

PHONE OR EMAIL
You may become an ALL Member by simply calling Jennifer Mann at (361) 582-2426 or emailing the completed registration form to Jennifer.Mann@VictoriaCollege.edu.

MAIL
You may mail the completed registration form located at www.VictoriaCollege.edu/ALL to:

Victoria College
Emerging Technology Complex
Conference & Education Center
Attention: Jennifer Mann
7403 Lone Tree Road
Victoria, TX 77905

JENNIFER MANN
Academy of Lifelong Learning Program Specialist
(361) 582-2426
Jennifer.Mann@VictoriaCollege.edu
**Mah Jongg**  
**Mondays**  
**January 27–August 3***  
**12–4 p.m.**

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open playing session for beginner and experienced Mah Jongg players.

**Class Limit:** 24 players  
**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX

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**Duplicate Bridge**  
**Tuesdays**  
**January 21–August 4***  
**12–4 p.m.**

Duplicate Bridge is a tournament form of contract bridge in which identical deals are played in order to compare individual scores. Tuesdays are open playing time for experienced Duplicate Bridge players.

**Class Limit:** 24 players  
**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX

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**Advanced Pickle Ball**  
**Mondays**  
**January 27–May 4***  
**8:45–10:45 a.m.**

Pickle Ball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It’s a fun sport and a great way to exercise. The Victoria College Sports Center will have open gym time on Mondays for experienced Pickle Ball players.

**Class Fee:** $20 *(Players that are playing on both Mondays and Fridays will only need to pay one class fee)*  
**Location:** VC Sports Center  
2200 E. Red River Street, Victoria, TX 77901

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**Contract Bridge**  
**Wednesdays**  
**January 22–August 5***  
**12–4 p.m.**

Contract Bridge (or Bridge), one of the world’s most popular card games, is a trick-taking card game using a standard 52-card deck. It is played by four players in two competing partnerships. Wednesday is open playing time for beginner and experienced players.

**Class Limit:** 24 players  
**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX

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*Open Play is contingent on Emerging Technology Complex and Sports Center availability.*
Bunco
Thursdays
January 30, February 27, March 26, April 23, May 28*
2–4 p.m.

Bunco is an old parlour dice game, played in groups of 4, where teams score points while taking turns rolling three dice. A bunco is achieved when a person rolls 3 sixes. Participants are asked to bring a $10 donated unwrapped gift to use as prizes throughout the semester.

Class Limit: 24 players
Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Pickle Ball for Beginners
Fridays
January 24–May 1*
8:45–10:45 a.m.

Pickle Ball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton, and ping-pong. The Victoria College Sports Center will have open gym time on Fridays for beginners and experienced players.

Class Fee: $20 (Players that are playing on both Mondays and Fridays will only need to pay one class fee)
Location: VC Sports Center
2200 E. Red River Street, Victoria, TX 77901

*Open Play is contingent on Emerging Technology Complex and Sports Center availability.
**Self-Care with Massage**  
**Monday**  
**January 27**  
**10 a.m.**  
Learn the importance and benefit of self-care with massage by discussing and practicing several simple techniques in self-massage to reduce muscle tension and stress in all areas of the body.  
**Study Leader:** Kim Koenig, Licensed Massage Therapist  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**Bone Health**  
**Tuesday**  
**January 28**  
**1 p.m.**  
Build stronger bodies one bone at a time. Osteoporosis is a growing issue among Americans. Understand your bones as they age and learn how to keep them strong. Updates on new medications for osteoporosis will also be provided.  
**Study Leader:** Jean Gisler, RN, FNP  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**Victoria Regional History Center Tour**  
**Thursday**  
**January 30**  
**10 a.m. or 1 p.m.**  
Get a tour of the new University of Houston-Victoria Library and learn about the Victoria Regional History Center. The VRHC is a library that holds important documents for Victoria County and surrounding counties: county history, genealogy, important events in our area, and microfilm.  
**Study Leader:** Brittany Rodriguez, UHV Special Collections Librarian and Jaena Manson, Instruction and Outreach Librarian  
**Location:** UHV University Commons  
3006 N. Ben Wilson, Room 3118
Socialize, chat, and build camaraderie among other ALL members.

*Members are responsible for transportation and cost of meals and tickets.*

**Meet You There: Huvar’s Artisan Market**
Monday
February 10
11 a.m.

Huvar’s Artisan Market is housed in the building that was home to Huvar’s Cash and Grocery for over 80 years. Meet the chef, enjoy a dutch-treat lunch in beautiful downtown Victoria, and get to know other ALL members.

*Location:* Huvar’s Artisan Market  
110 W. Juan Linn Street, Victoria, TX

**Meet You There: Movies**
Monday
March 23
Time TBD

Meet at Cinemark Theatre and enjoy a movie with ALL friends. Movie and times TBD at a later date.

*Location:* Cinemark 12  
7806 N Navarro St, Victoria, TX

**Meet You There: 5D Steakhouse**
Monday
May 11
11 a.m.

Meet at the new 5D Steakhouse in Victoria, enjoy a dutch-treat lunch with ALL friends, and meet the owners of the new restaurant.

*Location:* 5D Steakhouse  
4904 N. Navarro, Victoria, TX
Active Shooter Training
Monday
February 3
10–11:30 a.m.

Active shooter events have gained of attention in recent years. While emergency responders are well versed in dealing with these events, significant readiness gaps exist at locations where these events occur. This class is designed to help close these preparation and response gaps by providing a series of strategies to deal with an active shooter event.

Study Leader: Sergeant San Miguel, DPS Officer
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Mac & Cheese Mania
Choose from one of the time options below:
Wednesday, February 5 OR
Thursday, February 6
3–5 p.m.

Mac & Cheese has changed from the customary béchamel sauce to varieties that include buffalo, Mexican, and barb-que over recent years. Learn how to make a béchamel sauce and how you can create different variations of mac & cheese.

Supply Fee: $15
Study Leader: Sara Vela, Owner of Vela Farms
Location: Vela Farms
104 N. Main Street, Victoria, TX

John W. Stormont Lecture:
The Texas Freedom Colonies Project
Thursday
February 6
5:30 p.m.

Andrea Roberts, Ph.D., is an Assistant Professor of Urban Planning, an Associate Director of the Center for Housing & Urban Development, & Fellow at the Center for Heritage Conservation at Texas A&M University. She is the founder of The Texas Freedom Colonies Project, a research & social justice initiative documenting African American's placemaking history. Free admission; open to the public.

Location: Museum of the Coastal Bend
2200 E. Red River Street, Victoria, TX
(Corner of Ben Jordan and Red River Street)
Victoria Empty Bowls
Sunday
February 9
10 a.m. – 2 p.m.

Victoria College art students and area potters have been busy making bowls throughout the past year to prepare for this event. Bowl price is $20 and includes soup, bread, and drink donated by area restaurants and caterers. Help support the fight against hunger. Proceeds benefit the Food Bank of the Golden Crescent, Christ’s Kitchen, Victoria Christian Assistance Ministry (VCAM), Victoria County Senior Citizen Center, and Victoria College Visual Arts Scholarship.

Location: Victoria College Student Center
2200 E. Red River Street, Victoria TX

Meet You There: Huvar’s Artisan Market
Monday
February 10
11 a.m.

Huvar’s Artisan Market is housed in the building that was home to Huvar’s Cash and Grocery for over 80 years. Meet the chef, enjoy a Dutch-treat lunch in beautiful downtown Victoria, and get to know other ALL members.

Location: Huvar’s Artisan Market
110 W. Juan Linn Street, Victoria, TX

Orphan Train Movement
Tuesday
February 11
2:30 p.m.

The Orphan Train Movement was a welfare program that transported orphaned children to foster homes throughout the country. This lecture covers the origins and development of the Orphan Train movement. It also includes quotes from a number of the orphans and an examination of the nature of the program.

Study Leader: Dr. Karen Hagan, VC History Instructor
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Spoetzl Brewery Tour
Wednesday
February 12
9:30 a.m.

Enjoy a day in Shiner, Texas. First, enjoy browsing Bluestem, a showroom featuring hand-crafted pieces from all over Texas as well as food from the owners’ family farm. Also check out the neighboring Shiner Prairie Woodworks Woodshop, which creates custom furniture and cabinetry. Enjoy a Dutch-treat lunch at Werner’s 5 Ninety4 Steakhouse. Lastly, members will receive a tour of the famous Spoetzl Brewery, a tasting of four beers, and a souvenir pint glass. Transportation will be provided. Members wishing to drive themselves can contact our office for a discounted rate.

Class Minimum: 10
Class Maximum: 42
Travel Fee: $35
Location: Shiner, TX

A Night at the Theatre – Sister Act
Thursday
February 13
5:30 p.m.

Founded in 1977, Theatre Victoria has grown from a small production company to now hosting at least 10 shows a year and filling over 10,000 seats a show. Members will begin the night at Pumphouse Restaurant to enjoy a Dutch-treat meal. After dinner, members will go to the Leo J. Welder Center to enjoy Theatre Victoria’s production of Sister Act. Tickets to the show and a $10 credit at the theatre for concessions is included in the class fee.

Class Maximum: 32
Class Fee: $40
Location: Pumphouse Restaurant and Leo J. Welder Center for the Performing Arts, Victoria, TX

John W. Stormont Lecture: Burnt Clay: Insights Into Texas’ Prehistoric People
Friday
February 14
5:30 p.m.

Geoarchaeologist, Charles Frederick, Ph.D., discusses archaeological investigations of burnt clay which have led to new thoughts about Texas’ prehistoric people.

Location: Museum of the Coastal Bend
2200 E. Red River Street, Victoria, TX
(Corner of Ben Jordan and Red River Street)
Texas Archaeological Society
Geoarchaeology Academy
Saturday, February 15-Sunday, February 16
8 a.m.-5 p.m. each day

The Texas Archeological Society’s 2020 Geoarcheology Academy is a two-day event that explores how geological and soil formation processes affect archeological sites, and how investigators use this information to reconstruct the human and natural histories of an area. The Academy will be held at Victoria College and is hosted in part by the Museum of the Coastal Bend. Space is limited.

Advanced Registration & Fee Required: [www.txarch.org](http://www.txarch.org)
Location: Victoria College Main Campus
2200 E. Red River Street, Victoria TX

Oils of Ancient Scripture
Tuesday
February 18
10 a.m.

Did you know essential oils are mentioned more than 500 times in the Bible and are referenced in 36 out of 39 books of the Old Testament and 10 of the 27 books of the New Testament? Learn the different types of oils mentioned, the meaning behind them, and why they were important in that time.

Study Leader: Brandi Brannan-Barthels
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria TX

Sew Your Own: Make-Up Bag
Choose from one of the dates below:
Thursday, February 20 OR Friday, February 21
1–4 p.m.

Create your very own make-up bag out of a cloth placemat. Watch a demonstration on how to transform a placemat into a variety of items. Some sewing machines will be provided, but if you have one please bring it to the class.

Class Maximum: 12
Supply Fee: $5
Study Leader: Karen Greer,
Member of Victoria’s Quilting Guild
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria TX

Mayor Rawley McCoy
Monday
February 24
10 a.m.

Meet Victoria’s newly elected mayor, Rawley McCoy. Mayor McCoy will provide a brief overview of his background as well as his vision and passion for our city.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria TX

Texas Master Naturalist Series: Intro to Geology of Texas and the Coastal Bend
Tuesday
February 25
5:30–7:30 p.m.

Gain insight into the geologic history of Texas, over the last 150 million years. Learn to recognize geologic names and understand the geologic processes that affect our daily lives. Where do our oil and gas resources come from? Our ground water? What are our crops and range lands growing on? What are our houses built upon? And where do our natural building materials come from?

Study Leader: Greg Simmons, Ph. D. and Master Naturalist
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria TX

Paper Crafting: Home Decor Frame
Choose from one of the dates below:
Wednesday, February 26 OR Thursday, February 27
1–3 p.m.

Create a 5x7 interchangeable home décor frame. Members will create a design for each month of the year and be able to change the frame every season.

Class Limit: 8
Supply Fee: $20
Study Leader: Judy Garza, Stampin’ Up Demonstrator
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria TX
Christmas Wreath Making • November 16, 2019

CLASSES

Sign Painting Party • September 16, 2019
MARCH
At a Glance

March 2
Lifestory
Lyceum Lecture Series: Susan Polgar

March 3
Texas Master Naturalist Series:
One Plastic Bag at a Time

March 4
Prisoner-of-War Camps in Texas

March 5
Book Review: “Don Quixote”

March 6
Painted Churches Tour

March 7
Victoria TX Book Festival
John W. Stormont Lecture: The La Belle Project

March 9
Chair Yoga
West Farms Tour

March 10
Gulf Breeze Winery Tour and Tasting

March 11
Line Dancing

March 12
What Happens After the Paychecks Stop?
A Retirement Seminar

March 13
Cooking with Texana Brand Olive Oil

March 23
Meet You There: Movies

March 24
Scarf Tying

March 25
Stained Glass

March 26
Simplified Soap Tour and Demonstration

March 30
Aging Gracefully

March 31
Texas Master Naturalist Series:
Powderhorn Wildlife Management Tour

Lifestory
Mondays
March 2, 30
April 6, 20
May 4, 18
Noon–1:30 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. The Lifestory Workshop will offer unique approaches to a rich tradition of life review, reminiscence, and writing groups through the guidance of a trained facilitator.

Study Leader: Jennifer Mann, ALL Program Specialist
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Lyceum Lecture Series:
Susan Polgar

Monday
March 2
12:30 p.m.

Grandmaster Susan Polgar became the first woman in history to break the gender barrier by qualifying for the 1986 “Men’s” World Championship and earning the Grandmaster title in 1991. She became the #1 ranked woman chess player in the world at the age of 15 and remained in the top 3 for nearly 25 years. Polgar went on to win ten Olympic medals and four Women’s World Championships.

Location: Victoria College Sports Center
2200 E. Red River Street

Victoria Symphony Luncheon
Jennifer Mann, ALL Program Specialist and Shirlene Crawford, ALL Advisory Committee Chair representing ALL at the Victoria Symphony Luncheon
Texas Master Naturalist Series:  
*One Plastic Bag at a Time*  
**Tuesday**  
March 3  
5:30-7:30 p.m.  

Isatou Ceesay saw a problem in her community of Njau, Gambia. Plastic shopping bags were littering her world. With determination, she conceived a plan that soon started a cottage industry turning those bags into purses and sturdy reusable shopping bags. Come celebrate her ingenuity, learn her techniques, and begin a crocheted project of your own. Knowing how to crochet helps. Bring your crochet hook and a sense of adventure.

_Study Leader:_ Beth Hudson,  
ALL Member and Master Naturalist  
_Location:_ VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

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**Book Review: “Don Quixote”**  
**Thursday**  
March 5  
10 a.m.  

Texian Books, Victoria’s newest bookstore, will host a book review of “Don Quixote” by Miguel de Cervantes. Don Quixote, an ingenious gentleman, is the most influential work of literature from the Spanish Golden Age and the entire Spanish literary canon. Books can be purchased at Texian Book or on your own. Please call Texian Books at 361-220-7043 for more information.

_Study Leader:_ Evvy Bethune, Owner of Texian Books  
_Location:_ Texian Books  
408 West Forrest Street, Victoria, TX

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**Prisoner-of-War Camps in Texas**  
**Wednesday**  
March 4  
10 a.m.  

When the United States entered World War II in 1941, what to do with enemy POWs was among the last considerations of a country reeling from a Japanese attack and preparing for war in Europe. Come learn how Texas played a critical role in housing these prisoners of war.

_Study Leader:_ Reba Roberson, ALL Member  
_Location:_ VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

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**Painted Churches Tour**  
**Friday**  
March 6  
8:30 a.m.  

The Painted Churches are located in the communities of Dubina, High Hill, Praha, and Ammannsville. They appear unassuming from the exterior, but as you enter the front doors prepare to have your breath taken away by the incredible beauty found inside. Transportation, tour of four churches, and lunch will be provided. Members wishing to drive themselves can contact our office for a discounted rate.

_Class Minimum:_ 10  
_Travel Fee:_ $50  
_Location:_ Schulenburg, TX

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**Victoria TX Book Festival**  
**Saturday**  
March 7  
5:30 p.m.  

Meet authors, listen to presentations, enjoy readings and get your books signed by the authors at this community-wide event organized by the Museum of the Coastal Bend.

_Location:_ Museum of the Coastal Bend  
2200 E. Red River Street
John W. Stormont Lecture:
The La Belle Project
Saturday
March 7
2:30 p.m.

Join MCB as we celebrate the 25-year anniversary of the discovery of the wreck of La Belle in Matagorda Bay. The archaeological investigations of the shipwreck and the French colony, Fort St. Louis, are one of the factors that led to the founding of the Museum of the Coastal Bend. Professional archaeologist, Dr. James Bruseth, leads us through an exciting array of discoveries, excavations, investigations, and publications, in this keynote presentation for the Victoria TX Book Festival.

Location: Museum of the Coastal Bend
2200 E. Red River Street, Victoria, TX
(Corner of Ben Jordan and Red River Street)

Chair Yoga
Monday
March 9
10 a.m.

Enjoy a version of yoga using a supportive chair as a prop to anchor your body while continuing your practice of yoga through mind and body awareness. Build strength and flexibility focusing on core stability while in a seated position.

Study Leader: Kim Koenig, Yoga Instructor
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

West Farms Tour
Monday
March 9
1 p.m.

Tour West Farms, owned by Lon West, and hear Lon talk about starting a vegetable garden, offer tips and tricks, and answer questions. Transportation is not provided.

Study Leader: Lon West
Location: West Farms
346 Winding Way, Victoria, TX

Gulf Breeze Winery Tour and Tasting
Tuesday
March 10
1 p.m.

In 2008, Daryl Hale and his son began making wine as a hobby. After winning several awards for their wine, they finally became licensed as a winery in 2017. Their wine is now sold in almost 20 locations. Enjoy a tour and tasting of their four wines. Transportation is NOT provided. Members will meet at Gulf Breeze Winery.

Class Maximum: 30
Class Fee: $5
Location: Gulf Breeze Winery
3005 FM 1685, Victoria, TX

Line Dancing
Wednesday
March 11
3 p.m.

Line dancing is one of Texas’ most famous dances. Learn the basic steps of a variety of line dances. Please do not wear flip flops.

Class Maximum: 26
Study Leader: Jane Schmicek, Owner of Starlight Dance Studio
Location: Starlight Dance Studio
302 E. Mockingbird, Victoria, TX

What Happens After the Paychecks Stop? A Retirement Seminar
Thursday
March 12
10 a.m.

Examine how to budget for retirement expenses, potential sources of retirement income, and potential risks such as long-term care and health care costs.

Study Leader: John Aston C. Hess, Financial Advisor
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX
San Antonio Overnight • October 3, 2019

TRIPS

Space Center Houston • November 13, 2019
Cooking with Texana Brand Olive Oil
Friday
March 13
Noon

You’ve heard about the health benefits of olive oil, but how do you cook with it? Join us for a multi-course demonstration and lunch with Chef Shannon Cummings at the Victoria Country Club as he prepares culinary delights using Texana Brands Olive Oil. Take home a special gift from Texana Brand Olive Oil! Products will also be available for purchase.

Class Maximum: 40
Class Fee: $40
Location: Victoria Country Club
14 Spring Creek Road, Victoria, TX

Meet You There: Movies
Monday
March 23
Time TBD

Meet at Cinemark Theatre and enjoy a movie with ALL friends. Movie and times TBD at a later date.

Location: Cinemark 12
7806 N Navarro St, Victoria, TX

Scarf Tying
Tuesday
March 24
10 a.m.

Do you own a beautiful scarf, but do not know how to wear it? During this presentation, members will learn all the different ways they can wear scarves. Members can bring their own scarves to practice with.

Study Leader: Cheryl Guthrie
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Stained Glass
Wednesday
March 25
April 1, 8
9:30–11:30 a.m.

During this 3-part series, participants will create a picture using stained glass in the grouting technique that will be valued between $50 and $75. This ancient art form has many modern applications. No previous experience is required. Due to popularity of our Stained Glass class, members who have previously taken this class will be added to the waiting list. This will allow other members the opportunity to attend.

Class Maximum: 15
Supply Fee: $45
Study Leader: Pat Koenig, ALL Member
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Simplified Soap Tour and Demonstration
Thursday
March 26
2 p.m.

Have you ever wondered how goat milk soap is made? Learn about the process at Simplified Soaps in Seadrift, Texas. Enjoy a tour of their facility, a demonstration, and hear how they started their business. Transportation is NOT provided for this class. Members will meet in Seadrift.

Location: Simplified Soap
280 Woolridge Rd, Seadrift, TX

Aging Gracefully
Monday
March 30
10 a.m.

We all strive for retirement so we can “enjoy” life and the extra time we have, not to be slowed down by rapid aging or illness. Hear an overview of top tips ranging from nutrients to exercise and so much more to help you age gracefully and possibly even reverse the aging that has begun.

Study Leader: Brandi Brannon-Barthels
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX
Texas Master Naturalist Series: Powderhorn Wildlife Management Tour

Tuesday
March 31
9–11 a.m.

Explore one of Texas’ newest Wildlife Management Areas, discover the diversity of plant and animal life that call the land home, and learn what it takes to manage a vast area along the Texas coast. Hear about the land’s history, how it came to become state land, along with plans for its future. Transportation will NOT be provided for this trip. Upon registration driving directions will be provided.

**Study Leader:** Dan Walker, Area Manager, Powderhorn WMA

**Location:** Powderhorn Ranch, meet at the gate off FM 1289

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**BOOK WITH US!**
Conferences, banquets, or business meetings for 1 to 500+ guests

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**Call Us**
(361) 580-3700

**Visit Us Online**
ConferenceInVictoria.com

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**Schedule a Tour**
7403 Lone Tree Road
Victoria, TX 77905
DON'T MISS OUT!
There is still time to register for these trips.

PREMIER WORLD DISCOVERY TRIPS

September 22, 2020
“Highlights of Bavaria & Austria"
9 Days - Munich • Vienna • Prague • Oberammergau Passion Play

December 4, 2020
“New York City Holiday”
5 Days - NYC Tour • Rockefeller Center • Statue of Liberty & Ellis Island • 9/11 Memorial & more

DON'T MISS OUT!
There is still time to register for these trips.
Pasta 101 • November 6, 2019

CLASSES

Wine & Food Pairing • October 15, 2019
How to Arrange a Charcuterie Board

Thursday
April 2
3 p.m.

Charcuterie is the art of preparing, assembling, and artfully arranging cured meats with cheeses, fruits, vegetables, crackers, and bread. We will break down assembling a Pinterest-worthy charcuterie board in a few easy steps and how to pair this easy and impressive appetizer with wine. Once our grazing table style board is complete, participants will be invited to try the pairings.

Supply Fee: $15
Study Leader: Katherine Compton
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

VISD Superintendent
Dr. Quintin Shepherd

Friday
April 3
10 a.m.

Meet Victoria Independent School District’s new Superintendent, Dr. Quintin Shepherd. Dr. Shepherd will share his vision for VISD and answer questions from members.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

500 Rulers
Thank you ALL Members who donated 500 rulers for the Victoria College Backpack Drive
Lyceum Lecture Series: Natasha Verma

Tuesday
April 7
5:30 p.m.

After earning her associate degree from Victoria College, Natasha Verma became the University of Texas' youngest-ever graduate at age 17, earning two undergraduate degrees – in broadcast journalism and biology/pre-med. At 18, she earned a master’s degree in journalism from Columbia University. Verma became an anchor and reporter for NBC10 Boston in 2016. She was diagnosed with stage 2 Hodgkin's lymphoma at the age of 23. Her experience motivated her to form the Verma Foundation, a nonprofit organization that gives free cap wigs to women and children fighting cancer. Verma recently joined NBC in Denver, Colorado, as the weekday morning anchor member.

Location: Leo J. Welder Center for the Performing Arts
214 N. Main Street, Victoria, TX

Spring Floral Arranging

Thursday
April 9
6 p.m.

Floral arranging is much more than simply putting a bunch of flowers into a vase and filling it with water. In this class, you will learn the fundamentals of floral arranging, and discuss the technique of arranging the flowers and the greenery in the vase. You will leave with your own unique spring arrangement.

Supply Fee: $25

Location: Victoria Flower Company
4705 N. Navarro, Victoria, TX

Conversational Sign Language

Monday
April 13, 20, 27
1–2:30 p.m.

In this 3-part series, learn the basics of sign language, including the alphabet, numbers, and some conversational phrases.

Study Leaders: Jennifer Mann, ALL Program Specialist and Judy Williams, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Texas Master Naturalist Series: Shell Middens: Lives of Archaic Native Americans Along the Coastal Bend

Tuesday
April 14
5:30–7:30 p.m.

Discover how nature has preserved tools, weapons, jewelry and food used by Native Americans as far back as 4,000 years ago (the Late Archaic period). Learn how a “trash pile” has enriched our understanding of archaic lives along the Texas Gulf Coast. What can we see? How and when did it happen?

Study Leaders: Debbie Griffith, Texas Master Naturalist

Location: Museum of the Coastal Bend
2200 E. Red River Street, Victoria, TX
(Corner of Ben Jordan and Red River Street)

Raised Bed Gardening

Thursday
April 16
10 a.m.

Raised bed gardening is a simple technique that can improve the health and productivity of your garden. Learn how to create your own raised bed vegetable garden, including how deep and wide the box will need to be, all the supplies needed, and what will grow best in a raised bed garden.

Study Leaders: Debbie Hopper, Master Gardener

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Thank you Texas Master Naturalist for your partnership and offering ALL educational and inspiring classes.
Dinner Tonight: Healthy Cooking Habits
Tuesday
April 21
10 a.m.

Healthy eating is very important. In the presentation, learn how to incorporate healthy recipes into your everyday life, learn how food can help with diseases like diabetes, watch demonstrations, and learn why certain foods are good to eat and which ones to avoid.

Study Leaders: Gayle Bludau, Texas A&M Agrilife Extension Services
Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

1840 Comanche Raid on Victoria
Wednesday
April 22
10 a.m.

To describe the 1840 Comanche raid on Victoria and Linnville, one has to understand the background and the setting. Who were the Comanches? Why did they raid Victoria and Linnville? What was the Victoria region like in 1840? What happened in the raid? What damage was done? And how did the Texans retaliate?

Study Leaders: Jim Stokes, Victoria Historical Commission
Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Acrylic String Painting
Thursday
April 23
1–3 p.m.

Create your own masterpiece using string and paint. Choose your color theme and create a colorful 8x10 masterpiece.

Class Maximum: 15
Supply Fee: $10
Study Leaders: Dana Wright, ALL Member
Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Texas Master Naturalist Series: The Mysterious Life of Bats
Tuesday
April 28
5:30–7:30 p.m.

Bats are the only mammals capable of true and sustained flight. Gain an understanding of their part in our complex ecosystem and debunk their bad reputation. Learn of locations where they can be observed in large numbers and discuss a possible field trip in the ALL Fall 2020 schedule.

Study Leaders: Cathy Koenig, Texas Master Naturalist and ALL member
Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Corpus Christi Overnight Trip
Thursday–Friday
April 30–May 1

Join ALL for an overnight stay on the beautiful waters of Corpus Christi. The trip will include a tour of the Corpus Christi Art Museum, a night at the ballpark cheering on the Corpus Christi Hooks, admission to the Texas State Aquarium, and a stay at the Omni Hotel in downtown Corpus. Transportation will be provided. One suitcase allowed per traveler. More information can be found on page 25.

Trip Maximum: 23
Travel Fee: $260 (double occupancy)*

*Single, triple, and quadruple occupancy available upon request – price will vary.
Enjoy an overnight stay at the Omni Hotel Downtown Corpus Christi.

Corpus Christi
OVERNIGHT TRIP
THURSDAY-FRIDAY
April 30-May 1

Art Museum of South Texas
Texas State Aquarium

A night at the Ball Park (Corpus Christi Hooks)

Cost $260 (Double Occupancy)
*Single, Triple, and Quadruple occupancy available upon request - prices may vary.
Cost includes: Transportation, hotel, breakfast, dinner, ticket to the Hooks game, and entrance to both museums.
Geography for Beginners  
**Tuesday**  
**May 5**  
5:30–7 p.m.  
Ever wonder where some of our current events are happening? Has it been awhile since you have taken a Geography class? Come hear the basics of geography and how different places relate to current events.  
**Study Leader:** Barbara Haley, ALL Member  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

Paint the Town  
**Wednesday**  
**May 6**  
1–4 p.m.  
Explore your artistic side and attend a unique art party where no experience is required. Canvas, paints, and snacks are included. Participants will come away with their own masterpiece to take home.  
**Supply Fee:** $25  
**Study Leader:** Eunice Collins, Owner of Paint the Town  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

Cooking Depot: Chinese Cooking  
**Choose from one of the dates below:**  
**Thursday, May 7 OR Thursday, May 21**  
5–7 p.m.  
Learn the art of Chinese Cooking with Chef Dorothy Huang. Students will be confident in the process of preparing authentic Chinese dishes and also learn about the chef’s preferred ingredients. Be ready to help as she often asks for volunteers. Transportation will not be provided.  
**Class Minimum:** 24  
**Class Fee:** $15  
**Study Leader:** Dorothy Huang  
**Location:** Cooking Depot  
202 S. Esplanade Street, Cuero, TX
Museum of the Coastal Bend Spring Market
Thursday
May 7
11 a.m.-6 p.m.

This free event features regional makers and homemade goodies. Shop for unique gifts for Mother’s Day, Father’s Day, graduation, and spring gardening!

**Location:** Museum of the Coastal Bend
2200 E. Red River Street, Victoria, TX
(Corner of Ben Jordan and Red River Street)

Meet You There: 5D Steakhouse
Monday
May 11
11 a.m.

Meet at the new 5D Steakhouse in Victoria, enjoy a dutch-treat lunch with ALL friends, and meet the owners of the new restaurant.

**Location:** 5D Steakhouse
4904 N. Navarro, Victoria, TX

South Texas Milling Tour
Tuesday
May 12
10 a.m.

Farming & ranching have always been a way of life for the Maraggia family. Blending the old with the new, South Texas Milling, Inc. was established in 2001. They offer a range of products to complement their stone ground whole grain product line. Members will tour their facility and learn about all the amazing products they have to offer. Transportation is NOT provided for this class. Members will meet at South Texas Milling.

**Class Maximum:** 50
**Location:** South Texas Milling
299 Mill Lane, Inez, TX

Beneficial Critters in the Garden
Wednesday
May 13
10 a.m.

There are various critters in your garden – both good and bad. Learn to differentiate between the two as well as how to identify a few beneficial insects, pollinators, and worms. You will also learn what pesticides to avoid as well as other nonchemical methods to rid your garden of harmful pest.

**Study Leader:** Marcia Kauffman, Master Gardener
**Location:** VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Achieving a Healthier Lifestyle without Pain Medications
Thursday
May 14
1 p.m.

Pain medication is something that can be a part of our daily lives. Learn of healthy alternatives to pain medication like acupuncture, nutrition, and chiropractic methods.

**Study Leader:** Cynthia Airhart, D.C.C.C.E.P
**Location:** VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Adventures in Glass
Wednesday
May 20

Enjoy a fun trip to Hays County. The first stop on this trip will be the Meadows Center in San Marcos where we will enjoy a glass bottom boat tour and a trip to the Discovery Hall, a 1,000 gallon aquarium. We will then enjoy a dutch-treat lunch before heading to Wimberley, Texas where we will watch a demonstration on glass blowing. Transportation will be provided.

**Travel Fee:** $35
**Location:** San Marcos, TX and Wimberley, TX
Book Review: As I Recall
Tuesday
May 26
10 a.m.

Texian Books, Victoria's newest bookstore, will host a book review of As I Recall by The Victoria Preservation, Inc. This book is a collection of stories and events that Victorians have told.

Study Leader: Evvy Bethune, Owner of Texian Books
Location: Texian Books
408 West Forrest Street, Victoria, TX

ALL End-of-Year Celebration
Wednesday
May 27
11 a.m.–12:30 p.m.

Let's celebrate another great year of ALL! We will have fun games and activities, see pictures from the semester, and even get a sneak-peak of the fall schedule. Bring a dish to share and we will provide the beverages.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Victoria College extends a thank you to all of the volunteers who help make the ALL program a success.

Without the many volunteers helping with committees, instructing classes, and organizing activities, the ALL program would not exist! We appreciate our many community members who have volunteered their time and expertise that allow us to offer a variety of classes. Thank you, ALL volunteers, for proving that learning never goes out of style!

Ways to Volunteer:
- Join a committee • Help with Open House
- Submit/recruit ideas for new classes
- Become an ALL instructor

For more information, call (361) 582-2426 or email Jennifer.Mann@VictoriaCollege.edu.

Thank you Victoria College Foundation for the donation of classroom microphones.
CERAMICS—$200
ARTS CE03

Express yourself in a relaxed and creative atmosphere! Whether you are a beginner or an advanced student wanting to hone your skills, this course will cover it all. Beginners will learn basic wheel techniques, trimming, and glazing with a knowledgeable instructor. Advanced students may pursue independent projects with instructor guidance if requested. Some open studio time will be available. Students must be 18 years or older to attend. Students must furnish their own clay and tools. Clay will be available for purchase on the first class meeting and the Victoria College Bookstore carries a pottery tool kit. Students should bring towels, a small bucket for water, and an apron (if desired). Space is limited. Facilitated by Gerry Bernhard, Owner of Santa Rosa Pottery.

48 contact hours

VICTORIA
Jan. 14–March 5 Term: 202025
Tues. & Thurs. • 5:30–8:30 p.m.
VC Fine Arts Studio, Room 113

March 24–May 14 Term: 202035
Tues. & Thurs. • 5:30–8:30 p.m.
VC Fine Arts Studio, Room 113

ONLINE COURSES OFFERED

Genealogy Basics
Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family’s past using several subscription-based websites that you will be able to access during the course.

Lose Weight and Keep it Off
Discover how to establish a healthy approach to weight loss and weight management. By the end of this course, you’ll know how to set effective goals for eating, exercise, and many other elements that affect your weight, and be on your way to losing weight and keeping it off for good.

Mastering your Digital SLR Camera
Break through the technology barrier and learn how to use your DSLR to take beautiful pictures. By the end of this course, you will be a DSLR master and will be able to use your camera to take the photos you’ve always dreamed of.

Write Like a Pro
Learn how to use story outlines like a professional writer with the help of lessons developed by a published author. This course will show you how to apply narrative structure to lend your fiction writing the maximum dramatic effect.

New classes begin monthly

Jan. 15–March 6
Feb. 12–April 3
March 18–May 8
April 15–June 5
May 13–July 3

To register or for more choices, visit www.Ed2Go.com/Victoria.

“I enjoyed the class and instructor. I learned quite a bit and feel like I actually know what I am doing now instead of just blindly trying different settings.”

Mastering Your Digital SLR Camera
Student Testimonial
Building a strong and lasting relationship between Victoria College and its ever-growing family of alumni.

Who Can Join?
Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you’re a part of our family.

Membership Benefits
• Welcome packet with window decal
• Subscription to the Alumni & Friends Newsletter
• Networking, leadership, and volunteer opportunities
• Invitations to special alumni events

Join Online: VictoriaCollege.edu/Alumni

In Partnership with Texas A&M Agrilife Extension and Texas Master Naturalist/Mid-Coast Chapter

KIDS IN THE KITCHEN CAMP

JUNIOR NATURALIST CAMPS

COMING THIS SUMMER!
JUNE 22-25
(361) 485-6830
Mary.Hardy@VictoriaCollege.edu
FAQS
Listed are common frequently asked questions.

I am unable to attend Open House, can I still participate?
Yes!

What is Open House?
An ALL Open House is hosted in August and January of each year. At that time, the schedule for the upcoming semester is unveiled, current members renew their membership, and new members may join. Information is available on each of the activities planned for the semester, and some study leaders are present to answer questions.

How do I sign-up for classes?
A monthly newsletter will be emailed out to current members containing upcoming courses and registration deadlines. Member can register the following ways:

IN PERSON
You may register in person in the Academy of Lifelong Learning Office:
Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905

VIA PHONE OR EMAIL
You may sign-up for classes by simply calling Jennifer Mann at (361) 582-2426 or emailing the completed registration form to Jennifer.Mann@VictoriaCollege.edu.

What is the refund policy?
• No refunds are given for annual Academy of Lifelong Learning membership fees.
• Supply fees may be refunded up until the payment deadline.
• Travel fees are nonrefundable

What is your guest policy?
• Members are allowed to bring one guest per semester to one event that does NOT have an associated fee.
• Members must contact Jennifer Mann to RSVP for their guest.

Do you offer any discounts?
• Anyone who is a member of the Museum of the Coastal Bend will receive $10 off their yearly membership
• Any Victoria College retirees or employees will receive $10 off their yearly membership

2019-2020 ALL Advisory Board

Chair – Shirlene Crawford
Vice Chair – Charlie Kouba
Curriculum Committee Chair – Elgene Henry
Membership Committee Chair – Barbara Haley
VC Academy of Lifelong Learning

Spread your wings and learn.