

# **Resource List**

## [2-1-1 Texas' Statewide Database of Resources](#)

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## **PSYCHIATRISTS**

### **South Texas Psychiatric Associates (STPA)---Ages 3 and up**

**Dr. M. Mangipudi**

**Dr. U. Maruvada**

**Dr. K. Rayasam**

Main Office: 4234 Weber Road, Corpus Christi, TX 78411

Victoria Office: 4408 Lilac Ln. Ste. C Victoria, TX 77904

1-800-411-8536

(361) 857-2090

Serving Ganado, Goliad, Cuero, Palacios, Port Lavaca, Gonzales, Shiner, Hallettsville, Bloomington, Yoakum, Edna, etc. in Victoria Office on a full-time basis.

Accepts private pay, private insurance, *Medicaid*, and Medicare

### **Victoria Psychiatric Associates**

**Dr. R. Lyman (Ages 17 and up)**

**2710 Hospital Drive, Suite 202**

Victoria, TX 77901

(361) 579-1388

Accepts private pay, private insurance, *No longer accepts Medicaid/Medicare*

### **Dr. R. Capitaine (Ages 4 and up)**

Corpus Christi, TX

1-361-993-4835

\*Victoria Counseling & Assessment office

2002 Commerce, Suite C

Victoria, TX 77901

**In Victoria every other Friday ONLY**

(361) 570-1444—for directions

**1-361-993-4835—for scheduling and main # for patients**

Accepts Medicaid, Medicare, and private insurance

### **Veteran's Clinic (Victoria VA Outpatient Clinic for VETERANS ONLY)**

**Dr. Elizabeth John, Psychiatric Services**

1502 East Airline, Suite 40

Victoria, TX 77901

(361) 582-7700

\*\*\**Veteran's Crisis Hotline – 800-273-8255*\*\*\*

Outpatient Medical Services also provided (some spouses of veterans eligible NO CHILDREN)

### **Dr. Fisher (Disability and Social Security Evaluations ONLY)**

2705 Hospital Dr # 300

Victoria, TX 77901

(361) 578-8633

One-time visits ONLY

### **Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)**

101 W Goodwin Ave

Victoria, TX 77901

(361) 576-0694

\$150 initial visit fee, \$75 follow-up fee. Currently does not take insurance, but will provide forms for insurance reimbursement.

*Psychiatrists Outside of Victoria*

**Dr. J. Biggs**

161 Lay Street  
Hallettsville, TX 77964  
(361) 798-5168

**Dr. John Hopper (sees both children and adults 3 and up)**

101 N Magnolia St.  
Rockport, TX 78382  
(361) 729-5357 Fax: (361) 727-2036  
Sees both medical and psychiatric patients  
Accepts most private insurance and private pay, Medicare, Medicaid, no sliding scale

**Psychiatric Consulting Services**

**Dr. N. Praderio (Geriatric Psychiatry Specialty but sees ages 20 and up)**

817 Ayers  
Corpus Christi, TX 78404  
(361) 887-9600  
Serving Beeville, Corpus Christi, Kingsville and Victoria  
Accepts private insurance, *Medicaid*, Medicare, and some private pay

**Dr. J. Eades-Serves Galveston County (Ages 18 and up)**

**Dr. G. Schlagenhaut-Serves Brazoria County (Ages 18 and up)**

**Gulf Coast Center MHMR (Children's Services Department also available)**

**MH Adult / MR Services**

1-800-643-0967

**MH Child**

1-877-226-8780

Accepts private pay, private insurance, *Medicaid*, and Medicare

**Dr. Bouras (Ages 18 and older)**

10405 Katy Fwy, Suite 140  
Houston, TX 77024  
(713) 973-7246

**Wharton Psychiatric Associates (sees ages 2 and up, Geriatric Psych available)**

**Dr. Patel**

246 West Milam St  
Wharton, TX 77488  
(979) 532-8484

Accepts private pay, most private insurance, Medicaid, and Medicare – services somewhat limited Dr. Brams also has an office in Lake Jackson – call here to be referred

## **COUNSELORS & PSYCHOTHERAPISTS**

### **Donald Blavier, Ph.D, LPC, LMFT**

1004 Guadalupe  
Victoria, TX 77901  
(361) 574-9892  
Individual and Family Counseling, Ages 9 & above  
Accepts *Medicaid*, *CHIP*, private insurance, or private pay

### **Billy T. Cattan Recovery Outreach (substance abuse)**

#### **Stephen Lovitt, LPC**

4011 Halsey  
Victoria, TX 77901  
(361) 576-4673  
Non-profit; Need to go to Mid-Coast Family Services for screening/assessment first,  
then, if qualified, can go here for outpatient treatment only-NO INPATIENT SERVICES

### **The Counseling Center**

#### **Laurel Graham, LPC (ages 10+)**

#### **Lexey Fender, LPC (ages 4+)**

1501 E. Mockingbird  
Victoria, TX 77904  
(361) 575-4351

### **Linda Ward, LPC (ages 10+ in Pt Lavaca office only)**

177 High Bluff Rd  
Port Lavaca, TX 77979  
(361) 550-7001  
Accepts *Medicaid* and private insurance

### **Gonik & Associates, Clinical Psychology and Behavioral Services**

#### **Uri Gonik, Ph.D. (ages 18+)**

#### **Sandra Breech Med, LPC, RPT (ages 2+ specialty in Play Therapy)**

#### **Patricia Smart, Psy.D (ages 18+)**

#### **Kelly Paulk MA, LPC**

#### **Cleva Schoener, LPC**

#### **Elizabeth Jaeckle, LPC**

#### **Gloria “Annie” Coffey Med, LPC (specialty in Family/Marriage Therapy)**

#### **Sharon Whitley, LCSW**

2003 Patterson  
Victoria, TX 77901  
(361) 575-5021  
Ages 16 & above only/Accepts *Medicaid*, Medicare & Private Insurance (will see some  
younger patients on a case by case basis)

**Heritage Program (Depression, Anxiety, Aging, and Loss of Independence)**

**Refugio Memorial Hospital**

**Barbara Nurre**

**Mark Fitzsimmons, LPMSW**

(361) 526-2321, Ext 203

107 Swift

Refugio TX 78337 (For Seniors, Age 65 and above-will also see younger patients)

Accepts Medicare and Private Insurance

**New Beginnings Counseling Center**

**Rick Torres, LPC**

**Gail Spurgeon, LPC**

**Cheryl Green, LMSW-ACP**

**Ginger Corn, LPC, Med**

**Danna Harrison, LPC**

1501 E Mockingbird Ln Suite 262

Victoria, Texas 77901

(361)570-8900

Fax (361)570-8903

Chemical Dependency, Eating Disorders, Family, Individual & Marriage Counseling,  
Ages 3+ (Call office for insurance and general information)

**Reclamation Counseling Center**

**Lucy Holder, LPC, LMSW**

**Joann Schrimsher, LPC, RPT**

**Robert Gonzales, LPC**

**Shannon Holder, LPC**

**Virginia Frnka, LPC**

**Mary Hoekstra, LPC**

506 Glasgow

Victoria, TX 77904

(361) 576-3385

Individual, Family, Marital, Group, Play Therapy, Consultations

Anger Management, every six weeks on a Friday & Saturday for \$120

Ages 2 and above

*Medicaid*, Medicare, CHIP, most insurances, private pay (\$65)

**Crossroads Counseling**

**Karen Redus, Ph.D.** (ages 2+)

104 Kelley Dr. Ste D

Victoria, TX 77904

(361) 574-9911

Fax: (361) 574-9985

Medicare, *Medicaid*, private pay and most insurance; Offers ADHD testing, IQ/Adaptive testing

**Susan Satava, LPC-S, RPT (specializes in trauma, loss and play therapy)**

Heritage Mark Building

5606 N. Navarro

Victoria, TX 77904

(361) 579-8184

Accepts *Medicaid*, private pay, some insurances, ages 2+

**Sharon Stubblefield, Ph.D., LPC**

401 W Brazos

(361) 575-1049

Individual, Marriage, Family & Couples Counseling; grief & bereavement

Ages 6 and above

Accepts private insurance only, NO Medicaid/Medicare; client pays up front, then is reimbursed by insurance

**Stable Life Counseling Center, LLC (child, adolescent, adult, family, play therapy, Christian Counseling, Horse Assisted Counseling)**

**Shirley Johnson, LBSW, LPC (Equine Therapy) Eva**

**Aleman, LPC (play therapy), Spanish speaking Mary**

**Mayorga, Ph.D., LPC (substance abuse specialist)**

**Karan Redus, Ph.D.**

3806 N. Main

Victoria, TX 77901

(361) 485-0899

Blue Cross/Blue Shield,, Signa, *Medicaid*, private pay

**Texas Play Therapy**

**Trish Suarez, R.N., M.A., LPC**

1101 Salem Dr., Suite A

Victoria, TX 77904

(361) 648-9704

*Medicaid*, most insurances, private pay

**Veteran's Clinic**

**Tony DeBona, LMSW**

4206 E. Retama

Victoria TX 77901

(361) 582-7708

Veterans only

**Victoria Counseling Services** (ages 3 +)

**David Hensley, Ph.D.**

**Vidal Guevara, LPC-S, LPA, LSSP**

**Kim Wilgus, LPC**

**Justin Alexander, LPC** (ages 4+)

2002 Commerce, Suite C

Victoria, TX 77901

(361) 570-1444

*Medicaid*, most private insurance, private pay

**Place4 Counseling Center**

**Barbara H Bohman, MA, LPC**

**Sara Serrano, MA, LPC**

6502 Nursery Dr, Ste 104

Victoria, TX 77901

(361) 582-5364

\$100 per hour; Individual, couples, and family psychotherapy services for adults, children and adolescents; group sessions and psycho-educational services

*Medicaid*, most private insurance, private pay

Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria county residents only

**Psychological Wellness Center** (ages 5+)

**Burton A Kittay, Ph.D**

5350 S Staples #200

Corpus Christi, TX 78411

(361) 992-2244

Office in Corpus Christi ONLY; Accepts private pay, most private insurance, Medicare,

*Medicaid*

**New Directions** (ages 5+)

**Jill O'Neill, LPC (other counselors available as well)**

Heritage Mark Building

5606 Navarro, Ste 202

Victoria, TX 77904

(361) 485-0755

fax – (361) 894-7450

*Accepts Medicaid, BCBS, and other private insurance plans*

**Next Step Counseling and Education Center**

**Delores White, MA, LPC**

**Paul Hamilton, Ph.D.**

4702 N Laurent

Victoria, TX 77904

(361) 572-0202

Serves individuals and couples, focus on grief, depression, separation/divorce, women's issues, parenting, aging, anger management, trauma; Care provided on a sliding scale; No insurance accepted; LPCI's and practicum students may also be available for counseling

**No Charge Counseling Services**  
(Reserved for those without benefits)

**The South Texas Children's Home-Family Ministry**

**Lorraine Turner, MA-LPC**

**Catherine Russell**

303 E. Airline, Suite 3

Victoria, TX 77901

(361) 575-5151---Victoria

(361) 991-8680---Corpus Christi

Christian Counseling Services

Provides short-term only Individual, Marriage, & Family Therapy—Play therapy available for children

Primary focus on stress, anxiety, depression ---- MUST call first to determine eligibility

[www.stch.org](http://www.stch.org)

**Paul Primm, LMFT**

*\*\*private pay only – works on sliding scale\*\**

5606 N Navarro, Ste 3M

Victoria, TX 77904

(361) 935-1938

Ages 12 +

**Crossroads Youth & Family Services**

Short-term counseling for youth under 18 & their families

*Free of charge*

6502 Nursery Dr

Victoria, TX 77904

361-578-3686

**Intensive Outpatient Programs**

**Detar North IOP**

101 Medical Drive

Victoria, TX 77904

*Accepts BOTH insured and uninsured patients – 4 week outpatient program (9 hours of treatment per week); Tougher cases referred here - focus on depression, anxiety, bipolar, relationship problems, etc. Patients with baseline hallucinations are NOT automatically ruled out. Can be in IOP program and an active GBC client*

Main contact – Cindy 361-788-2587

## **SUBSTANCE ABUSE TREATMENT**

### **Treatment Associates – *Can call directly***

Substance abuse treatment, half-way house  
Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient  
107 Cozzi Circle  
Victoria, TX 77901  
(361) 572-3006  
(361) 572-3007  
Private pay, insurance, Military insurance (e.g., VA, TRICARE)  
Spanish speaking available

### **Billy T. Cattan Recovery Outreach, Inc. – *seen by appointment ONLY***

Outpatient, non-profit  
Mon. – Thurs. 8:00 – 12:00 noon & 2:00 – 8:00  
Friday 9:00 – 12:00 noon  
By cell phone 24/7  
4011 Halsey  
Victoria, TX 77901  
Office: (361) 576-HOPE (4673)  
Cell: (361) 648-HOPE (4673)

### **La Hacienda Treatment Center (Hill Country Area)**

Inpatient  
FM 1340, P.O. Box 1  
Hunt, TX 78024  
830-238-4222  
800-749-6160  
[www.lahacienda.com](http://www.lahacienda.com)

### **Basin Detox Systems, Inc. (West Texas) – *Detox only, no referral required***

Inpatient  
1-800-317-7818  
[www.basindetox.com](http://www.basindetox.com)  
Medicare/Medicaid (traditional Medicaid only) accepted, private insurance, private pay  
Spanish speaking

### **Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – *Detox and Rehab Service, No referral required, Adolescents (Boys only) & Adult (Male & Female)***

P. O. Box 317  
230 Mesa Verde Dr. E  
Center Point, TX 78010  
Located approximately 50 miles northwest of San Antonio  
1-800-797-6237 (call for a free consultation)  
[info@starliterecovery.com](mailto:info@starliterecovery.com)  
Accepts most major insurance, private pay, NO Medicaid/Medicare

**Mid-Coast Family Services**

*For adults AND minors*

120 S Main, Suite 310

Victoria, TX 77901

(361) 575-7842

(361) 573-4357 (573-HOPE) - Hotline

[midcoastfamily.org](http://midcoastfamily.org)

Screenings done on a walk-in basis Mon-Thur at 8 am, 10 am, & 1 pm; 3pm is saved for appointments for out-of-town clients. Client MUST be voluntary and wanting help.

After screening, MCFS staff will determine if in-patient or out-patient services are necessary and assist in finding a rehab facility. *2 forms of ID required (i.e., State ID/ Driver License, SS Card, etc)*

**Alcohol Chemical Treatment**

Outpatient Classes (Does meet requirements for Probation)

Every Monday at 7:30pm

3402 N Main St

Victoria, TX 77901

(361) 573-4726

Free of charge despite a one time fee of \$20 for processing of paperwork

**Best Recovery Health Care, Inc.**

Methadone Clinic (Lortab, Heroine, etc) – Private pay only

1708 N Laurent

Victoria, TX 77901

(361) 572-9122

## **SUPPORT GROUPS (Alcohol)**

### **Alcoholics Anonymous**

(361) 788-4534 call for meeting info

Victoria TX 77904

Other area counties available

[www.aa.org](http://www.aa.org)

### **ACTS program (Alcohol Chemical Treatment Series)**

*Meets 7:30-8:30pm Mondays*

3402 N. Main

(361) 575-4905; 573-4726

Offers educational classes on drug and alcohol abuse; \$20 initial fee (which can be broken up over time)

### **North Loop Group Alcoholics Anonymous**

*7pm Tuesday*

Holy Family Catholic Church Education Bldg.

704 Mallete Dr. room 201

### **Victoria Women's Meeting of Alcoholics Anonymous**

*Meets 5:30pm Tuesday*

The Arc Building 2408 N. Navarro

### **Non-smoking Alcoholics Anonymous**

*8pm Monday-Saturday*

1408 E. Santa Rosa (next to the American Legion Hall)

### **Main Stream Group of Alcoholics Anonymous**

*Noon on Monday-Saturday*

The Serenity Building (at the intersection of N. Main and Conti Lane)

6007 B North Main

### **El Neuvo Dia Alcoholics Anonymous**

*Tuesday 6pm (Bilingual)*

*Thursday 5:30pm (bilingual)*

*Saturday noon (English)*

*Sunday 2pm (Spanish)*

1010 E. Juan Linn

### **Solution Group of Alcoholics Anonymous**

*8:30am Sundays*

1908 N. Laurent Suite 100

### **Christians Against Substance Abuse (CASA) – No Charge**

Meets Thurs & Sat @ 7 pm

Central Church of Christ

801 E. Airline, Annex Bldg., Victoria

Church- 361-573-9133

Matt Wooton – 361-655-8282

**SUPPORT GROUPS (Al-anon)**

[www.texas-al-anon.org](http://www.texas-al-anon.org)

Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

**The Keep Coming Back Al-Anon Group**

*Call for meeting times*

Education Building of Holy Family Catholic Church

704 Mallette Drive

Victoria TX 77904

361-573-5304

**Al-Anon Adult Children of Alcoholics**

*Call for meeting times*

Library of Christ the Victor Lutheran Church

202 Stanley

Victoria TX

(361) 575-4363

**SUPPORT GROUPS (drug addiction)**

**Narcotics Anonymous**

*Monday, Wednesday, & Friday at 7:00 PM*

3310 N. Ben Jordan

Victoria TX

(361) 572-5500—can call here to get list of all meeting, as they sometimes change

**Victoria Narcotics Anonymous**

*7-8pm Monday, Wednesday and Friday*

St. Mark's United Methodist Church

3310 N. Ben Jordan

Victoria, TX 77901

**Spoken Hearts Narcotics Anonymous**

*10:30pm-midnight Saturdays*

4011 Halsey

Victoria, TX 77901

**SUPPORT GROUPS (other addictions)**

**Overeaters Anonymous**

*Call for appointment times*

2010 N Navarro, Ste B

Victoria TX

(361) 503-2828

**Sex Addicts Anonymous**

[www.sexaa.org](http://www.sexaa.org)

**Emotions Anonymous**

6:30 p.m. Tuesdays

Victoria Regional Professional Building

(361) 572-3551

## **SUPPORT GROUPS (physical conditions)**

### **Bosom Buddies Breast Cancer Support Group/Brown Bag Bunch**

4<sup>th</sup> Thursday at 11:30 am

Incredible Pizza on Navarro

Victoria, TX

Members who wish to eat, lunch is approx \$5

Contact Kathy Davidson at 361-580-1648

### **DeTar Healthcare System's Lunch Bunch Diabetes Support Group**

2<sup>nd</sup> Tuesday at noon

DeTar Hospital Navarro in the MEDI Center education classroom

Lunch is \$5

Contact Dottie Bitterly, R.N., CDE at 361-788-6142

### **Victoria Parents Diabetes Support Group**

Meets monthly for support activities with their children

Contact Dottie Bitterly at 361-788-6142 or Pamela Younts at 361-573-7374

### **Memorial Medical Center's Diabetes Support Group (Port Lavaca)**

3<sup>rd</sup> Monday

Third floor classroom

Contact Amy Day at 361-552-0261

### **Lupus Support Group**

800-809-3953

### **Victoria Association for Citizens with Disabilities**

3<sup>rd</sup> Tuesday at 7 p.m.

Jaycee Hall: Contact Barbara Brooks at 361-7882 or Gary Moses at 361-573-2853

### **The Gabriel Project**

For pregnant women to receive assistance for basic needs, support, and counseling

877-932-2732

## **SUPPORT GROUPS (Alzheimers)**

### **Alzheimers Support Group (Cuero)**

Every 4<sup>th</sup> Thursday  
2:00 pm – 3:30 pm  
First United Methodist Church  
Cuero, TX  
Contact Bea Smith at 361-275-4828 or 361-275-5242

### **Alzheimers Support Group (Victoria)**

3<sup>rd</sup> Tuesday; 9 or 9:30 am – 10 or 10:30 am  
Homewood Residence at Victoria  
9606 NE Zac Lentz Parkway  
582-2100

## **SUPPORT GROUPS (grief)**

### **Victoria Compassionate Friends** (support to families who have experienced the death of a child of any age by any cause)

2<sup>nd</sup> Tuesday from 7:00 – 8:30 pm  
First United Methodist Church  
407 N. Bridge  
Contact Doris at 361-573-9886 or Linda at 361-570-8404

### **Widows, Widowers, and Bereavement Support Group (also see divorcees)**

One Tuesday a month (call to exact date) from 7 – 9 p.m.  
Trinity Hall  
208 W River St  
Victoria, TX  
Contact Naomi at 361-578-4175; 361-648-3318

### **Hospice of South Texas Grief Support Group** (for anyone who has suffered a loss)

Runs in 5 weeks sessions, usually meeting at night. There are occasional day sessions.  
Different Locations – not just Victoria  
605 E Locust  
Contact Hospice at 361-572-4300 or 1-800-874-6908

### **Accolade Hospice**

Group and One on One counseling regarding grief  
Call for an appointment  
222 W Grand Ave Yoakum, TX 77995-2614 – (361) 293-9099

## **CELEBRATE RECOVERY**

### **Faith Family Church**

2002 East Mockingbird

Victoria, TX 77901

361-573-2484

FREE Faith-based support groups, training sessions, and Saddleback Church program to address multiple issues: *chemical dependency, victims of abuse (physical, emotional, sexual), depression, loss of loved ones (removals from home, break-ups, divorce, death).*

Meets guidelines for CPS, parole, and probation

Meetings are usually on Thursday nights at 7 pm – 8 pm with a complimentary meal provided at 6 pm

Contact church for more info, or go to [www.saddleback.com](http://www.saddleback.com). Can also search online for Celebrate Recovery (select options affiliated with Saddleback Church)

### **Parkway Baptist Church**

4802 N. John Stockbauer Dr.

Victoria, TX 77904

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Monday nights 6:30 pm – 8:30 pm, Snacks provided

Contact Becky at 361-572-8340

### **Trinity Church (Fellowship Hall)**

2009 N Clinton St

Cuero, TX 77954

FREE Christ-centered 12-step program for adults dealing with all types of problems and addictions that are unhealed or unresolved such as overeating, overworking, overspending, sexual addiction, depression, divorce, codependency, drug and alcohol dependency, etc.

Tuesday nights 7:00 pm – 9:00 pm, Complimentary meal provided 6 pm – 7pm

Contact Rev. Rick Bagwell 361-649-8655 or 361-275-6917

[www.tcicuero.com](http://www.tcicuero.com)

## **VICTIMS OF ASSAULT**

**The Harbor** (Port Lavaca) – Domestic Violence, Sexual Assault, Abuse, etc.

*Counseling Services offered as well*

*Also conducts forensic interviews for children that FIRST report abuse*

361-552-5683

215 W Railroad

Port Lavaca, TX 77979

### **MidCoast Family Services**

Domestic Violence; Sexual Assault; Emotional/Verbal Abuse

361-575-7842

120 S. Main, Ste 310

Victoria, TX 77901

### **SALSA – Sexual Assault Services & Assistance**

Free legal assistance for sexual assault victims

888-343-4414 (English/Spanish available)

M-F 8:00 am – 5:00 pm

[www.hopelaws.org](http://www.hopelaws.org)

### **Battering Intervention & Prevention Program (BIPP)**

“Relationships of Promise” – counseling for perpetrators of family violence

24 week class that teaches accountability and appropriate interaction with family

Classes also available for women and Spanish speakers

361-575-7842

120 S. Main, Ste 310

Victoria, TX 77901

## **Military Supports**

### **Disabled American Veterans Service Office**

Texas Workforce Commission Bldg

120 S Main St.

Victoria, TX

361-578-0341 x 247

Open Tuesday – Thursday, 9:00 am – 3:00 pm

Contact – Frank Torres

## **PARENTING**

### **Faith Family Church**

2002 E. Mockingbird

Call 361-573-2484, ext. 29 (Pastor Eli) for information and various classes available

### **Crossroads Youth & Family Services/STAR**

Family counseling (home & school based; crisis intervention; case management; skills training)

292 Foster Field Dr.

P.O. Box 436

Victoria, TX 77902

(361) 578-3686 (Mon. – Fri. 8:00 a.m. – 5:00 p.m.)

(877) 876-7827 (evenings, weekends & holidays)

1-800-369-7512

Calhoun County (361) 649-9492 or 800-369-7512, ext. 81

Dewitt County (361) 649-9511 or 800-369-7512, ext. 82

Lavaca County 800-369-7512, ext. 80

Jackson County (361) 649-9513 or 800-369-7512, ext. 83

### **Reality Check**

Victoria County Jail

101 North Glass St

Victoria, TX 77901

Allows adolescents who are participating in risky behavior to speak with inmates, tour the jail, and spend actual time in jail as a “reality check.”

Contact Sgt. Castillo (361) 574-8044 or Thurman Marshall (361) 575-0651

### **Grandparents Raising Grandchildren (GRG)**

Trinity Episcopal Church

1501 N. Glass

Victoria, TX 77901

(361) 573-3228

GRG support group meets 2<sup>nd</sup> Sunday every month. Childcare provided with phone call reservation. Safe & supportive environment in which to discuss experiences; educates and informs; provides temporary relief from the cares & worries of day to day problems; develops methods and skills for solving problems; encourages personal growth and development

## **RELATIONSHIPS**

### **Support Group on Relationships**

Wednesdays at noon

Gulf Bend Center

6502 Nursery Dr.

Victoria, TX 77904

Usually in Room 102 with Lane or Charlotte (\$5 a session)

## **GAY, LESBIAN, BISEXUAL & TRANSGENDER**

### **Montrose Counseling Center Hotline**

Houston, TX

713-529-0037

[www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)

### **Outreach Information Websites**

Email address: [GLBT@saa-recovery.org](mailto:GLBT@saa-recovery.org)

[www.gayswitchboardhouston.org](http://www.gayswitchboardhouston.org)

713-529-3211

## **AUTISM**

Website with helpful information on local resources:

[www.aspectrumofhope.org](http://www.aspectrumofhope.org)

## **MENTAL HEALTH—GENERAL INTEREST**

### **NAMI**

3<sup>rd</sup> Monday from 6:00 – 7:30

St. Francis Episcopal

3002 Miori Ln

Contact Patsy Wepler at 361-578-3935 or Lisa Stryk 361-935-0080 (leave a message)

## **CRISIS HOTLINES**

### **Mid Coast Family Services**

(361) 575-7842 or (for Domestic Violence) 1-800-870-0368

120 S Main, Suite 310

Victoria TX 77901

Domestic Violence Issues, Homelessness Assistance, and Substance Abuse Issues

### **Gulf Bend Center MHMR**

(361) 575-0611 or 1-877-SAFE-GBC (1-877-723-3422)

### **The Harbor**

215 W Railroad

Port Lavaca, TX 77979

(361) 552-5683

Domestic violence, Sexual assault, Abuse, etc

### **Department of Protective and Regulatory Services**

**Child Protective Services (CPS) Adult Protective Services (APS)**

1-800-252-5400

### **Crossroads Youth & Family Services & STAR**

(361) 578-3686 or 800-369-7512

### **VA (Veteran's) Crisis & Suicide Hotline**

800-273-8255

## **HEALTH DEPARTMENTS**

**Calhoun County** (361) 552-9721  
**Dewitt County** (361) 275-0920  
**Goliad County** (361) 645-2595  
**Jackson County** (361) 782-5221  
**Victoria County** (361) 578-6281

## **TEXAS HIV/STD Clinic**

### **VICTORIA CITY/COUNTY HEALTH DEPARTMENT – Special Services**

#### ***Primary Care for HIV patients***

Provides testing for HIV, syphilis; housing/utilities assistance; transportation to other clinics/hospitals; immunizations and labwork; has a pantry with food and hygiene items open every Tuesday.

**(361)578-6281 ext 3801**

#### **PROGRAM FOR STD TREATMENT**

Office located in Old Mall at Red River & Laurent

Deborah is a DSHS nurse funded by the state and located in Victoria. She has meds in her office and can treat patients that cannot afford medication

**Deborah Mayhew 361-894-1424; Fax 361-574-7396**

## **TEXAS HIV/STD INFOLINE**

**1-800-CDC-INFO (800-232-4636)**

**1-800-299-AIDS**

**1-800-299-2437 (en Espanol)**

**[www.dshs.state.tx.us/hivstd](http://www.dshs.state.tx.us/hivstd)**

## **SMOKING CESSATION**

### **Smoking Cessation Classes**

Citizens Medical Center

Call 578-9473 to schedule

**free**

## **STARS**

South Texas Assessment & Referral Services (STARS), formerly known as Child Study Clinic, has served the Victoria County area since 1964, focusing on Children with special health care needs. The clinic does not treat or see any well babies. STARS provides the following services:

- Neuro-developmental evaluations
- Premie developmental clinics
- Nutritional support
- Coordination of care
- Specialists/therapy referral
- Synagis administration (injection that is a preventative for the RSV infection)
- Genetics clinic

Amy Zeplin – Interim  
117 Medical Dr., Ste. 4  
Victoria, TX 77904  
361-575-0681  
Fax: 361-575-0100

[\*\*childstudyclinic@gmail.com\*\*](mailto:childstudyclinic@gmail.com)

**AREA DOCTORS that accept Medicaid**

**Dr. Pablo Garza family practice** (*No new Adult Medicaid patients, some children and adolescents on a case by case basis*)

2806 N. Navarro St.  
Victoria, TX 77901  
(361) 576-2108

**Dr. Suresh Pathikonda and Dr. Maya Pathikonda (Pediatrics)**  
**newborn, child and adolescent medicine – PARENTS MUST CALL 1<sup>st</sup>**

601 Airline  
Victoria, TX 77901  
(361) 575-8500

**Dr. Gary Cox (Dermatology)**

2705 Hospital Dr Ste 100 (across from Citizens Hospital)  
Victoria, TX 77901  
(361) 579-4700

**American Regional Health Center**

202 James Coleman Dr, Ste C  
Victoria, TX 77901  
(361) 576-2222  
By appt only Monday-Friday 8am-5pm

**Dr. Arun Jain**

601 E San Antonio St, Ste 304  
Victoria, TX 77901  
(361) 575-8585  
Accepts Medicaid/Medicare

**Community Health Centers of South Central Texas**

228 St. George  
Gonzales, TX 78629  
830-672-6511

*Do NOT have to be a resident of Gonzales County – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis) May have sliding scale payments available*

**Dr. Terry Schneider (Optometry – eye exams, glasses, contacts, only)**

6801 N Navarro, Ste B (across from Green Brothers)  
Victoria, TX 77901  
(361) 433-8579  
Sees ages 8+; Hours: MTW 1pm-6pm; Thurs. Noon – 5pm.  
Accepts Medicaid/Medicare

**AREA DENTIST that accept Medicaid**

**Dr. Paul Roeh** General Dentistry *pronounced "Row"*

**\* accepts Medicaid for children ages 5-21 only**

109 Professional Park Dr.

Victoria, TX 77901

(361) 575-1151

Mon – Wed 8:00 am – 12:00 pm; 1:00 pm – 5:00 pm

Thurs. 7:30 am – 2:30 pm

**Dr. WH Shuttlesworth**

**Dr. Liane Shuttlesworth (Pediatric dentistry)**

**\* accepts Medicaid for those under 5 years old only**

4301 Retama Circle

Victoria

(361) 578-9031

**Dr. Gary Fries (Oral Surgery)** *pronounced "Freeze"*

**\*accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

**Dr. Thomas B. Carter (Oral Surgery)**

**\* accepts Medicaid for those under 21 years of age only**

111 Professional Park Dr.

Victoria

(361) 578-0247

**Patti Dobson Health Center (General Dentistry provided by area dentists)**

**\* call Lynette to schedule appts. (appt days vary depending on dentist available)**

**\* Medicaid accepted for those 4-19 years of age only**

2805 N. Navarro

Victoria

(361) 578-6281

**Community Health Centers of South Central Texas**

228 St. George

Gonzales, TX 78629

830-672-6511

*Do NOT have to be a resident of Gonzales County* – Provides services for medical and dental (non-major dental procedures but may pull some teeth on case by case basis). May have sliding scale payments available.

**UTSA Dental Program**

210-567-3217

For emergencies call 3212

## **GENERAL DENTAL ASSISTANCE**

### **Affordable Dentures**

<http://www.affordabledentures.com/office/corpus-christi/>

Richard Day, DMD

361-808-8101

Office located in Corpus Christi; Specialized in dentures (new & repair) and tooth extraction at discounted prices; payment plans/financing available

## **AREA HOSPITALS/CLINICS**

### **Victoria County**

Citizens Medical Center (361) 573-9181

Detar Hospital (361) 575-7441

Navarro Clinic (361) 574-1740

11:00 a.m. – 7:00 p.m.

2805 N. Navarro

### **Jackson County**

Jackson Healthcare Center (361) 782-5241

Jackson County Hospital (361) 782-7800

### **Dewitt County**

Cuero Community Hospital (361) 275-6191

### **Lavaca County**

Yoakum Community Hospital (361) 293-2321

Lavaca Medical Center (361) 798-3671

### **Calhoun County**

Memorial Medical Center (361) 552-6713

### **Refugio County**

Refugio Co. Memorial Hospital (361) 526-2321

## **PRESCRIPTION ASSISTANCE**

**Many local hospitals have indigent programs and/or patient assistance programs available through the county**

**Pharmaceutical companies can also be contacted directly for assistance**

### **211 Texas**

Can call 2-1-1 for additional resources in your area or go to:

[www.211texas.org](http://www.211texas.org)

### **First United Methodist Church**

407 N. Bridge  
Victoria, TX 77901  
576-5553

Mondays only from 8:00 a.m. – 12:00 noon—at times they may close early if they have 30 or more clients signed up by 10:30. Please come as early as you can. You **MUST** bring the following: current proof of income for each member of the household, such as Social Security statement, a copy of previous years income tax return or SSA 1099, last 3 months pay stubs; Social Security Card & Medicare Card; prescriptions written by your doctor; prescription bottles that are current. There is no assistance for OTC meds. There is no assistance if you receive free prescriptions through Medicaid or GBC. Also cannot help with prescriptions from out of town MD's or the Detar Senior Care Center (they have assistance for their patients).

### **VCAM**

Mon. – Fri. from 9:00 a.m. – 12:00 noon  
108 N. Liberty  
572-0048

### **Calhoun County Indigent Program**

Memorial Medical Center  
815 N. Virginia St.  
Port Lavaca, TX 77979  
(361) 552-6713

### **LIMA Program, Yoakum Community Hospital**

361-293-5419

### **Victoria County Indigent Program @ Citizens**

361-582-1118

### **Prescription Assistance Program – Dewitt Co/Cuero**

361-275-3103

### **St Vincent de Paul – Ganado/Jackson Co**

361-771-3435

*Assistance can be found through most local county hospitals*

## **Partnership for Prescription Assistance**

A free service to help those who do not have prescription coverage and cannot afford their medications

Call 1-888-4PPA-NOW (1-888-477-2669)

Or Visit [www.pparx.org](http://www.pparx.org)

Before you call, have all your medicine and/or prescriptions ready

## **NeedyMeds**

[www.NeedyMed.org](http://www.NeedyMed.org)

Has information on medicine and healthcare assistance programs.

We do not run a patient assistance program, and we do not supply medicine or financial assistance.

## **AmeriPlan Corporation**

800-647-8421

## **Everyone's Rx**

361-578-2436

## **First Baptist Church in Gonzales, TX**

830-672-9595

## **Healthwell Foundation**

800-675-8416

## **The Medicine Program**

866-694-3893

## **Novartis Patient Assistance**

800-277-2254

## **Pfizer Patient Assistance**

866-776-3700

## **RxHope**

877-979-4673

## **Discount Prescriptions**

800-291-1206

Families can save between 20% and 40% on their prescription medications. No exam needed. National program. No need to make trips to the pharmacy, medication shipped to the home. Call for free information.

## **FOOD**

### **DHS (food stamps)**

Mon – Fri from 8:00 am – 5:00 pm  
1502 E. Airline  
Victoria, TX  
361-578-3523

### **WIC**

Mon. – Thurs. from 8:00 a.m. – 5:30 a.m.  
Friday from 8:00 a.m. – 12:00 noon  
2805 N. Navarro  
Victoria, TX  
361-578-2884

### **VCAM**

Mon. – Fri. from 9:00 a.m. – 12:00 noon  
108 N. Liberty  
Victoria, TX  
361-572-0048

### **Christ's Kitchen**

Mon. – Sat. from 11:00 a.m. – 1:00 p.m.  
611 E. Warren  
Victoria, TX  
361-578-4233

### **Salvation Army**

Thursdays from 10:00 – 12:00  
1302 N. Louis  
Victoria, TX  
361-576-1297

### **Good News Church**

First Wed. of the month from 6:30 p.m. – 7:30 p.m.  
4104 Houston Hwy, Victoria  
573-4448

### **St. Mary's**

Leave a message at 573-4328

### **Our Lady of Sorrows**

Leave a message at 575-2293

### **Victory Outreach**

3207 E. Oaklawn  
Victoria, TX  
361-572-9888

### **First United Methodist Church in Bloomington**

220 Indiana  
Victoria, TX  
361-897-1911  
Call or come by

### **Angel Food Ministries**

Offers a monthly menu which includes approx. 16 items that includes but is not limited to: meats, vegetables, canned items, pasta, pancake mixes, rice, beans, eggs, dessert items, etc.

Cost is \$25 cash or money order at all locations, or food stamps (only accepted at Faith Family Church). Must have EXACT change. No checks accepted.

For an additional charge, you can also purchase other specials (e.g. Bacon-wrapped items; chicken combo box; sirloin strip steaks)

Must bring a large box to pick up the food

Place orders along with payment at the following locations:

Faith Family Church (this is also the distribution center)  
2002 Mockingbird Lane  
Sundays 8:00 a.m. to 12:45 p.m. or Wed. from 6:30 p.m. to 9:30 p.m.

The Bible Bookstore  
6703 N. Navarro  
Mon. – Sat. from 10:00 a.m. – 7 p.m.

Gone Bananas  
Laurent Location  
10:30 a.m. – 8:00 p.m.

All items not picked up during the designated time frame is considered a donation

### **Encounter Community Outreach**

Victory Christian Life Center  
1604 E Crestwood  
361-573-5930

They pass out food on Wed. 9-5pm & serve a hot meal from 5-7pm. They ask the people to pay a little for the meal if they can. I.D. & S.S. # required but do not need to prove income. After individuals are given food the 1<sup>st</sup> time, “Outreach” will have the person make an appt w/ them to discuss their needs & what assistance they might need.

### **211 Texas**

Can also call 2-1-1 for additional resources in your area or go to:

[www.211texas.org](http://www.211texas.org)

## **HOUSING/SHELTER**

### **Housing Authority**

Mon. – Fri. from 9:00 a.m. – 3:30 p.m.  
4001 Halsey, Victoria  
(361) 575-3682

### **Salvation Army**

Intake 5:00 p.m. daily  
1302 N. Louis, Victoria  
(361) 576-1297

### **Women’s Crisis Shelter (abused/domestic violence)**

(361) 573-4357

### **Perpetual Help Home (homeless women only)**

(361) 575-5335

### **Gateway Project (through MCFS for chronically homeless men)**

120 S Main, Suite 310  
Victoria, TX 77901  
(361) 575-7842  
[midcoastfamily.org](http://midcoastfamily.org)

### **La Dominion Apts.**

Referral only—3 homeless units  
3605 E. Forrest, Victoria  
(361) 572-4566

### **Fox Run Apts.**

2008 Sam Houston  
Victoria, TX  
Based on income – 1-3 bedrooms available. Deposit depends on income. Apply on Tuesdays 9:30am-11:00am & 1:00 pm-3:00pm to get on wait list (current wait 6 mo-1 yr). *Must have some income*  
(361) 578-2954

### **Fenner Square Apts.**

555 S. Burke  
Goliad, TX 77963  
(361) 645-3393  
32-unit complex for families below the 60% area median income

### **Leatherwood Terrace Apts.**

105 Ellen May Rd.  
Yoakum, TX 77995  
(361) 293-5122  
40-unit complex for very low to moderate income families and individuals

**Refugio Elderly Housing**

602 W. Commons Road

Refugio, TX 78377

(361) 526-4014

36-unit apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

**211 Texas** (*Rent payment assistance*)

Can call 2-1-1 for additional resources in your area or go to:

[www.211texas.org](http://www.211texas.org)

**UTILITIES****Community Action**

Also assists with Water/Sewage Utility bills for Victoria County residents (max assistance \$100)

1007 Halsey, Victoria

572-0478

**Lite-Up Texas**

Provides qualified low-income individuals reduce the monthly cost of electric service.

1 (866) 454-8387

**The Texas Department of Housing and Community Affairs (TDHCA)**

Provides relief to those low income elderly and/or disabled households providing financial assistance, paying up to four of the highest bills during the year.

1 (877) 399-8939

**Weatherization Assistance Program**

Provides for energy related improvements to residences of low income Texans and educates consumers about energy conservation.

1 (888) 606-8889

**Our Lady of Lourdes Catholic Church**

361-575-3813

**Our Lady of Sorrows Catholic Church**

361-575-2293

**Our Lady of Victory – St. Vincent ePaul**

361-575-4741

**St. Mary's Catholic Church**

361-573-4328

**211 Texas**

Can also call 2-1-1 for additional resources in your area or go to:

[www.211texas.org](http://www.211texas.org)

## **CLOTHING ASSISTANCE**

**Calhoun County Community Ministries**  
361-552-1722

**Cuero Area Ministerial Alliance**  
361-275-5022

**Goliad County Outreach**  
361-645-2850

**Goodwill Industries of South Texas**  
361-575-6242

**Helping Hands of Jackson County**  
361-782-7543

**Lavaca Assistance Ministry Body, Inc.**  
361-798-9111

**Mid-Coast Family Services**  
361-575-7842

## **TRANSPORTATION**

**Medicaid Van**  
For transportation to medical treatment  
Must call 48 hours in advance  
Have your Medicaid number available when you call  
1-877-633-8747

**Texas Medicaid**  
800-252-8263

**Victoria Transit**  
361-578-8775

**Senior Citizens**  
Mon – Fri from 8:00 am – 3:00 pm  
*Must call 24 hours in advance to schedule*  
361-576-2189

**211 Texas**  
Can call 2-1-1 for additional resources in your area or go to:  
[www.211texas.org](http://www.211texas.org)

*Most local Senior Citizens Centers also provide transportation to local seniors*

## **SOCIAL SECURITY ASSISTANCE**

### **Citizenshelpline.com**

Can call for free consultation and possible assistance in applying for SSI benefits.  
1-800-260-2032

## **GED/ESL**

### **English as a Second Language & GED classes**

Adult Education  
Victoria College  
2200 E Red River  
Victoria, TX 77901  
(361) 573-7323

## **Employment Assistance**

### **Texas Workforce Solutions-Golden Crescent**

120 S Main, Suite 110 1<sup>st</sup> and 2<sup>nd</sup> Floors  
Victoria, TX 77901  
(361) 578-0341

Job Seekers can register for work on the internet Work in Texas Program  
One on one service for employment search  
Training programs available  
Computer training available  
Project Rio—Job assistance for individuals on probation or parole

### **DARS Department of Assistive and Rehabilitative Services-Division for Rehabilitation**

4102 N Navarro-Suite D-2  
Victoria, TX 77901  
(361) 580-5700  
Fax: (361) 570-5720

Vocational Rehabilitative Services for persons with disabilities—Assistance with training, skill development, and seeking employment

## **Sleep Disorder Clinics**

### **Premier Sleep Disorders Center**

3 Locations:

111 North Park Victoria, TX 77901  
124 E Walters St. Shiner, TX 77984  
1811-A Broadway Rockport, TX 78382

(361) 572-9654

Fax: (361) 485-2233

If you have or suspect you have a sleeping disorder that's keeping you from living your life to the fullest.

*Accepts almost all insurance, Medicaid, Medicare, Private Pay*

### **Burks Family Practice, Sleep Disorders, Wellness, & Weight Management**

2806 North Navarro Ste. C

Victoria, TX 77901

(361) 572-0054

Ages 2 to elderly

*Most private insurances accepted along with Medicaid/Medicare*

## Walk-In Clinics

### **Twin Fountains**

Dr. John McNeil and Desi Young, ENP-C

**361-578-5730**

3002 Sam Houston Drive

Victoria, TX 77904

[www.twinfountainsclinics.com](http://www.twinfountainsclinics.com)

*Open 7 days a week; Weekdays 7 am to 7 pm & Weekends 9 am to 5 pm*

Approx \$80 per visit. Does *NOT* accept Medicaid. Will refill most prescriptions but may not write new prescription for some psychiatric medications

### **Twin Fountains Urgent Care Center**

108 Twin Fountains Dr, Victoria, TX 77904

**(361) 578-3363**

[www.twinfountainsclinics.com](http://www.twinfountainsclinics.com)

*Open 7 days a week 7 am - 11 pm*

### **Victoria Community Health Center**

(Inside Pattie Dodson Building)

2805 Navarro, Suite 320

Victoria, TX 77901

**361-574-1740**

*Open Mon 8 – 5; Tue 8 – 8; Wed – Fri 8 - 5*

Behavioral Health Consultant- Cabrera; Dr. Long – Medical Nurse Practitioners also available (Medical & OBGYN)

Dental assistance is available through the Health Department

Each Individual is screened for program assistance. Examples of fees consist of \$25, \$35, \$50, etc. Dr. Cabrera can write and/or refill most psychiatric medications, but may defer on anti-psychotic meds.

**Please call to make an appointment. Does not take walk-ins**

### **The Corner Clinic**

John Sheffel RN, FNP

**361-576-4100**

2806 N Navarro, St B (corner of Navarro and Airline)

Victoria, TX 77901

[www.thecornerclinic.net](http://www.thecornerclinic.net)

*Open Mon – Fri 8:00 am – 6:00 pm; approx \$85 per visit – accepts Medicaid*

*(office will file, no cost out of pocket for Medicaid), Medicare, most private*

*insurance also **\*\*currently does NOT accept Driscoll or Amerigroup Medicaid\*\****

### **Texas Health Center**

Dr. Starkey, Dr. Klein, Dr. Bouthillette, Kristin Wilke, PA-C

**361-576-0330**

4804 N. Navarro St. (next to Texas Roadhouse restaurant)

Victoria, TX

*Open Mon 7:30 am – 6 pm and Tue-Fri 7:30 am – 5:00 pm*

*Does not accept assigned Medicare, however will file with Medicare. Patients*

with Medicare must pay upfront.