MARY MAYES

DIVISION Academic Foundations

CONTACT

Sports Center 101D
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EDUCATION

Master of Science in Curriculum and Instruction, August 1997

Texas A&M University – Corpus Christi, TX

Bachelor of Science in Recreational Administration, August 1986

Southwest Texas State University – San Marcos, TX

COLLEGE TEACHING EXPERIENCE

Victoria College, Associate Professor of Physical Education

Fall 1993 – to present

Victoria College, Instructor – Academic Foundations

Fall 2014

OTHER WORK EXPERIENCE

Victoria YMCA, Fitness Director/Instructor

June 1989 – July 1992

Schedule and supervise fitness professionals and provide training for floor staff. Organize and collaborate with community partners for special events. Work with staff and board members to carry out the Mission of the Victoria YMCA.

Victoria YMCA, Youth Director and Fitness Instructor

September 1986 – June 1989

Hire and train staff for afterschool and summer day camp programs for area youth. Develop and implement special events for area youth. Teach a variety of fitness classes for the YMCA membership and special events in the community.

PROFESSIONAL DEVELOPMENT & TRAINING

- CPR Re-certification
- Frameworks for Mathematics and Collegiate Learning
- Cengage Mind Tap
- Les Mills Body Pump CEC
- YogaFit Teacher Training Program – YogaFit Sweat

PROFESSIONAL AFFILIATIONS

- TCCTA (Texas Community College Teachers Association
- Les Mills Certified Body Pump Instructor
- YogaFit Certified Instructor

COMMUNITY ACTIVITIES & INTERESTS

- VC Sports Club Advisor
- Volunteer for Holy Family Catholic Church CCD Program
- Member of East High School PTO
- Member of East High School Swim and Dive Booster Club