VITA

Victoria Schultz, M.S., HS-BCP
Division of Arts, Humanities, & Social Sciences
Department: Psychology
The Victoria College
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Education:

1983 – 1985	M.S.	University of Alaska, Anchorage Interdisciplinary Studies in Social Sciences Psychology, Sociology, Anthropology – with Emphasis in Health Care, Psychometrics, Behavioral Assessment, Gerontology, and Research Methodology Thesis: Effects of age, education, contact and experience of professionals versus nonprofessionals on perceptions of the elderly.
1981 – 1983	B.S.	University of Alaska, Anchorage Major: Sociology with an emphasis in Gerontology, Psychology, Research Methodology and Medical Sociology
1979 – 1980		University of Texas, Austin Austin Community College Austin, Texas
1976 – 1979		The Victoria College Victoria, Texas

Certification:

2010	Center for Credentialing and Education Human Services – Board Certified Practitioner

Professional Experience:

2005 – present	Director of Human Services/ Instructor of Psychology Full-time position Department of Human Services Division of Allied Health Division Chair: Carol Derkowski, B.S., M.A.I.E. Wharton County Junior College Wharton, Texas
2012 – present	Instructor of Psychology Adjunct Faculty Department of Psychology Victoria College Victoria, Texas
2001 – 2005	Instructor of Psychology Full-time position Department of Psychology Division of Social and Behavioral Sciences Department Head: Jon Loessin, Ph.D. Wharton County Junior College Wharton, Texas
1993 – 2001	Instructor of Psychology Part-time position Department of Psychology Division of Social and Behavioral Sciences Department Head: Jon Loessin, Ph.D. Wharton County Junior College Wharton, Texas
1990 – 1992	Affiliate Assistant Professor Department of Psychology College of Arts and Sciences Department Head: Robert Madigan, Ph.D. University of Alaska, Anchorage Anchorage, Alaska
1992	Part-time Faculty Department of Psychology University of LaVerne Graduate Program Elmendorf, AFB Anchorage, Alaska

1985 – 1990	Adjunct Faculty Department of Psychology and School of Education University of Alaska, Anchorage Anchorage, Alaska
1984 – 1992	Associate Director/Therapist Anchorage Biofeedback Clinic Anchorage, Alaska
1986 – 1988	Clinician IV Intake Emergency Crisis Unit/Senior Services Southcentral Counseling Center Anchorage, Alaska
1987	Acting Supervisor, Clinician IV Senior Services Unit Southcentral Counseling Center Anchorage, Alaska
1986 - 1987	Clinician III Intake/Emergency (Crisis) Unit Southcentral Counseling Center Anchorage, Alaska
1985	Clinical Internship Senior Services Unit Southcentral Counseling Center Anchorage, Alaska
1985 – Summer	Teaching Assistant Research Methodology/Health Psychology Department of Psychology University of Hawaii, Monoa Honolulu, Oahua
1985	Library Assistant II Student Supervisor University of Alaska, Anchorage Anchorage, Alaska
1983 – 1984	Teaching Assistant Department of Psychology Human Development Professor: Todd Risley, Ph.D. University of Alaska, Anchorage

1983	Research Assistant Department of Anthropology Professor: Kerry Feldman, Ph.D. University of Alaska, Anchorage
1982	Teaching Assistant Department of Sociology Introduction to Sociology Research Methods in Social Sciences Professors: Michael Baring-Gould, Ph.D. Jack Peterson, M.A. University of Anchorage, Alaska Anchorage, Alaska
1981 – 1982	Anatomy and Physiology/Microbiology Laboratory Supervisor Department of Biology Department Head: Susie Carter, Ph.D. Austin Community College Austin, Texas

University Teaching Experience:

Undergraduate Level:

Introduction to Psychology
Human Development
Human Relations
Human Development and Learning
Social Gerontology
Psychology of Aging
Social Psychology
Child Growth and Development
Psychology of Adjustment

Graduate Level:

Human Development
Systems of Human Behavior (medical students)
Psychotherapeutic Techniques (clinical psychology graduate students)

Junior College Teaching Experience:

Department of Psychology:

Introduction to Psychology
Lifespan Development
Psychology of Adjustment
Social Psychology

Department of Human Services:

Community Ethics	Aging and Mental Health
Wellness and Health Promotion	Problems of Children and Adolescents
Community Health Advocacy	Interviewing and Communication Skills
Principles of Behavior Management	Crisis Intervention
Orientation to Social Services	Family Systems
Clinical Practicums	Basic Counseling Skills

Guest Lecturer in University/Community Settings:

Introduction to Psychology
Human Development
Psychology of Women
Psychology of Aging
Violence Among Intimates
Stress Management/Health Psychology
Introduction to Marriage, Family and Intimate Relationships
Social Gerontology
Human Relations/Communication Skills
Various high schools within the community
Community Agencies

Clinical Experience/Certifications:

Human Services – Board Certified Practitioner – National Certification Fall, 2010
Center for Credentialing and Education

Direct contact with clients within a community mental health setting and private practice setting. These contact hours include the following:

Intake and Emergency (Crisis) Unit:

Co-wrote policy and procedures for newly created unit to include, but not limited to: crisis intervention; brief or short-term psychotherapy; assessment/testing and writing of reports; on-call services; interviews; diagnosing and writing of treatment plans; consulting/networking/referring with community services; community training; hospitalizations; clientele ranged from young children to 89 years of age; individual, couples, family, and group therapy within a culturally diverse population.

Senior Services Unit:

Created first internship program in Senior Services at the University of Alaska; hired as a Clinician III after graduation and performed services including but not limited to: diagnosing; constructing treatment plans; case management with Senior Services; outreach services to long-term care facilities and independent living seniors; assessments/testing; report

writing; brief and long-term therapy; groups with independently functioning seniors as well as groups with seniors experiencing Alzheimer's Disease or related cognitive disorders; facilitator of support group for individuals caring for seniors with cognitive disorders in their homes (Alzheimer's Disease and Related Dementias Support Group); consulting with long-term care facilities; Supervisor of Senior Services Unit to include administrative meetings/duties; assisted with State level Elder Abuse Policy; conducted research and assisted in State level grant writing and State funding for Center; clientele ranged from age 55 to 80s relative to individual, couples, group, and family therapy within a culturally diverse population; presented papers at the state, national, and international levels relative to issues pertinent to the senior population.

Private Practice:

Concurrent employment in a private practice setting in which administrative and managerial duties were performed in conjunction with brief and long-term therapies; biofeedback; assessment/testing; report writing; diagnosing, constructing and implementing treatment plans; conducted research through clinic; client population ranged from young children to 60s relative to individual, couples, group and family therapies within a cultural diverse population.

Professional Organization Membership:

2006 – present	Council for Standards in Human Services Education/ National Organization for Human Services
2008 – 2010	Member Western Regional Organization for Human Services Professionals
2007 – 2010	Member American Psychological Society
2006 – present	Member American Psychological Association
2001 – present	Member Texas Community College Teachers Association
1983 – present	Charter Member of Alaska Association for Gerontology
1984 – 1993	Member of International Circumpolar Health Organization
1983 – 1993	Member Alzheimer's Disease Association of Alaska
1988 – 1990	Editor for Quarterly Newsletter for Alaska Association for Gerontology
1988 – 1989	Office of Secretary for Alaska Association for Gerontology

1984 – 1988	Member American Psychological Association
1984 – 1991	Member American Society on Aging

Honors and Awards:

2012	Keynote Address for Commencement Exercise Springfield College, Houston Campus Houston, Texas
2008	Excellence in Teaching Award Wharton County Junior College – selected by peers and college President
2008	Who's Who Among American Women
2007 – 2008	Who's Who Among Community College Teachers
2005 – 2006	Who's Who Among Community College Teachers
2003 – 2004	Who's Who Among Community College Teachers
1991	Best Paper in Applied or Experimental Psychology Alaska Psychological Association – Behavioral Science Conference of the North, Anchorage, Alaska
1985 – 1986	Who's Who Among American Colleges and Universities Graduate Student University of Alaska, Anchorage
1984 – 1985	SAUAA Student Government Award for Student Wellness Center Research Project University of Alaska, Anchorage
1982 – 1983	Who's Who Among American Colleges and Universities Undergraduate Student University of Alaska, Anchorage
1982 – 1983	National Dean's List University of Alaska, Anchorage
1982 – 1983	Academic Scholarship University of Alaska, Anchorage
1981 – 1983	College of Arts and Sciences Dean's List University of Alaska, Anchorage

College/University Committees:

2009 – 2011	Instructional Assessment Committee Reviewer of Program Management Plans
2006 – present	Faculty Evaluation Committee Wharton County Junior College
2006 – 2008	Faculty Council, Member At-Large Division of Allied Health Representative Wharton County Junior College
2003 – 2007	Curriculum and Instructional Review Committee Wharton County Junior College
2001 – 2003	Bookstore Committee Wharton County Junior College

University Committees:

1991 – 1992	Affiliate Assistant Professor Undergraduate Studies Committee Department of Psychology University of Alaska, Anchorage
1984 – 1985	Excellence in Teaching and Innovative Teaching Techniques Review and Recommendations Committee to the Chancellor – University of Alaska, Anchorage
1983 – 1985	Program Review Panel – appointed by Vice Chancellor of Academic Affairs for critical analysis and recommendations of university-wide curriculum review – University of Alaska, Anchorage

Publications/Reviews:

Schultz, V. (2007-2009). Reviewer for Allyn and Bacon Publishing Company. Most recent review for revision of Miller's text entitled *Psychology of Adjustment and Coping.*

Schultz, V., Theno, S., Kappes, B., Morse, C. (1992). Socioeconomic and environmental characteristics of women of domestic violence in Alaska. *Arctic Medical Research*, 119-122.

Schultz, V. (1990). Domestic Violence. *Current Issues in Behavioral Medicine.* University of Washington School of Medicine. Clinical Management Consultants, 52-55.

Schultz, V. (1990). Establishment of physical and emotional abilities. *Case Book Series: Alzheimer's Disease – An Instrumental Guide for Caregivers.* University of Alaska President's Special Project Fund. University of Alaska Foundation.

Schultz, V. Helander, K. (1988). Profile of factors affecting the acculturation process of elderly Native Alaskans within long-term care facilities. *Arctic Medical Research, v. 47, 74-78.*

Schultz, V., Farrington, N. (1985). *Influences of the aging processes on older adults: A programmatic manual.* Training manual implemented to enhance education toward nursing assistant certification. Our Lady of Compassion Care Center and University of Alaska.

Schultz, V., Lenoir, L. (1984). *Study guide for lifespan development.* Program manual for use with the Human Development psychology course. University of Alaska.

Presentations:

Cantu, I., Mendez, Y., Ahmad, H., Esparza, L., Robinson, L., Schultz, V. (et.al.). (2010). *Linking individuals within communities: Mental Health in rural populations – Towards a solution.* WROHSP: Community Health Advocacy: Unity Within the Community. Wharton County Junior College (Sponsor), Sugar Land, Texas.

Pence, C., Casarez, D., Mendez, Y., Cantu, I., Schultz, V. (et.al.). (2009). *Linking individuals within communities: Mental health in rural populations.* WROSHP: Coleman College (Sponsor), Houston Texas.

Schultz, V, Lamar, R., Hill, C., Rosich, R. (1993). *Domestic violence in Alaska: Additional Findings.* Behavioral Science Conference of the North, University of Alaska, Anchorage, Alaska.

Schultz, V., Heath, L. (1991). *Perceptions of domestic violence by college students based on the severity of violent incident presented.* Behavioral Science Conference of the North. Received Award for Best Experimental Paper. University of Alaska, Anchorage.

Schultz, V., Theno, S., Kappes, B., Morse, C. (1990). *Socioeconomic and environmental characteristics of women of domestic violence in Alaska.* 8th Congress of International Circumpolar Health. Whitehorse, Yukon Territory, Canada.

Schultz, V., Helander, K. (1988). *An international perspective of lifestyles within an aging population.* 24th Annual National Conference of the American Society on Aging, San Diego, California.

Schultz, V. (1988). *Management of the Alzheimer's patient within long-term care facilities.* Alzheimer's Disease Association of Alaska, Anchorage, Alaska.

Schultz, V. (1988). Management of the 'acting-out' elderly within long-term care facilities. Our Lady of Compassion Care Center. Staff Development, Anchorage, Alaska.

Schultz, V., Mundorff, C. (1988). *Management of dementia.* Alaska Geriatric Institute. Anchorage, Alaska.

Schultz, V. (1987). *Drugs and/or alcohol use during the later years of life.* Statewide Conference on Aging, Anchorage, Alaska.

Schultz, V., Helander, K. (1987). *Profile of factors affecting the acculturation of elderly Native Alaskans within long-term care facilities.* 7th Congress of International Circumpolar Health, Umea, Sweden.

Kappes, B., Schultz, V. (1986). *Stress management/time management and relaxation for the diabetic individual.* Alaska Association for Diabetes, Anchorage, Alaska.

Schultz, V., Mundorff, C., Helander, K. (1986). *Life Transitions: Mental health issues in middle and later life.* Statewide Conference on Aging. Alaska Pacific University, Anchorage, Alaska.

Schultz, V. (1983). *Environmental issues with regard to institutionalized and non-institutionalized elderly.* Statewide Conference on Aging, Anchorage, Alaska.

Professional Consulting:

Guest Speaker for community agencies and state associations regarding Aing, Alzheimer's Disease, Human Relations, Alternative Lifestyles, Stress Management, and Domestic Violence.

Guest Speaker for Retirement Planning Associates providing information on the psychology of aging, life transitions, marital and familial trends, communication skills, and relationships.

Represented Senior/Elderly population on statewide planning committee for 3rd Annual Statewide Mental Health and Alcohol Addiction Studies Conference.

Guest Speaker for Anchorage School District High Schools on Psychology of Aging.

Discussant for session on Health Care, University of Alaska, Anchorage, First Annual Student Showcase Conference.

Guest Speaker for Alzheimer's Disease Association of Alaska for statewide long distance education to enhance staff development in urban, rural, and "bush" community long-term care facilities on annual basis.

Served as Task Force Member for the Conference on Diagnosis of Confused Elderly. Co-sponsored by Alaska Association for Gerontology and the University of Alaska, Anchorage.

Other Work Related Activities:

While employed at the University level at the University of Alaska, Anchorage, I served as an academic advisor as well as a research consultant to undergraduate and graduate students. I mentored a number of students with the research projects and preparation for state and national level presentations for professional organizations.

Created articulation agreement with Springfield College, Houston, Texas to allow students to continue pursuing their education from the AAS Degree level to the Bachelor's and Master's Degree level at Springfield College.

While employed at the College level at Wharton County Junior College, I created the Human Services Club allowing students to have an opportunity to engage in volunteerism in order to develop a better understanding of the role of the human service worker while being education in the academic arena. The club has sponsored activities such as: collecting donations and then having a bake sale in order to ship "Christmas in Afghanistan" to our troops overseas; bake sales for National Breast Cancer Awareness Month in October; collected donations for 505 Easter Baskets for residents at the Richmond State Supported Living Center and for the children at the Women's Crisis Center in Wharton, Texas; Pizza Party for children at Christmastime at the Women's Crisis Center in Wharton, Texas; Matagorda Beach Clean-up; Christmas Gift Wrapping for residents at Richmond State Supported Living Center; Assisted in the Senior Citizen Fun Day Activities; Assisted in the Bake Potato Drive for Wharton County Senior Center; presentations for senior citizens during Healthy Heart Week; presentations for senior citizens during Mental Health Awareness Week; participated in activities and games during Older Americans Celebration – Multigenerational Day Celebration during October; College Club Day; The Harbor Crisis and Child Advocacy Agency in Port Lavaca assisted with Celebrate the Child picnic; Stuffed Animal Collections for local Fire Departments; Bake Sale to assist in raising Awareness and Prevention of Teen Dating Violence in Month of February; and always open for more volunteerism.

For the past three years in a row, a student from the Human Services Program has received the WCJC Outstanding Service Award. Kasey Auld received it in 2008, Chantelle Pence received it in 2009, and Irma Cantu received the award in 2010. This

college-wide award is based on academics, service, leadership, and character. This says much about the program and its students.

Each Spring, the Human Services Club hosts a Human Services Awards Banquet for all students in the program as well as honoring its annual graduates. These awards reflect academic and service achievement, services in leadership positions and/or officer, unique talents of successful students which enhances the mentorship and student unity within the program reflective of the approaches within the field of human services.