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Deborah K. Arnold RN, PhD(c)

Present Appointment

Assistant Professor: College of Nursing
Texas A&M Health Science Center

Bryan, Texas 77807

CURRENT
Pathophysiology: Course Coordinator

- Didactic Instruction: Pharmacology
- Clinical Instruction: Fundamentals & All Adult Health Courses
- CPRIT Grant Team Member – In submission
- Pearson Editorial Team Member
- Student Mentor International Psychological Association
- Member *Clinical Evidence* User Panel

Committee Assignments

- **College of Nursing CARE Committee Representative: Texas A&M Quality Enhancement Plan**
- Scroll Committee
- Graduation Committee
- Testing Policy (sub-committee) – co-chair

Education

2004 – Presently ***in candidacy***

University of Texas Medical Branch Galveston, Texas
Doctoral Student Graduate School of Biophysical Sciences

- Completed all course work December 2011 required to obtain PhD in Nursing
- Comprehensive exams January 2011 – Anticipated graduation May 2014
- 3.8 GPA
- Dissertation title: "Exploring the Relationship between Psychological Resources and Breast Cancer Survivorship using Path Analysis"
- Web www.survivorshipandbreastcancer.com

1999-2002

University of Texas Medical Branch Galveston, Texas

Masters of Science in Nursing

- Masters Degree in Nursing.
- Graduated Magna cum laude
- Accepted into Sigma Theta Tau International
- Named to Who's Who Among College Students

1994-1997

Stephen F. Austin State University Nacogdoches, Texas

Bachelors of Science in Nursing

- Completing courses required to bachelors in Nursing

1989-2002

Stephen F. Austin State University Nacogdoches, Texas

Bachelors of Fine Arts

- Completed courses required to receive Bachelors degree in art with a commercial emphasis
- Minor in Biology
- Graduated Magna com laude

Professional experience

Angelina College

September 2009 – 2011: Instructor of Nursing: Health Careers

- Instructor in first and second year to include Medical Surgical Nursing, Fundamentals of Nursing, Course Coordinator Psychiatric & Mental Health Nursing, Leadership & Management, and Ethics in Health Care.
- Instructor of preparatory classes to include Medical Terminology and Dosage Calculation.
- Instructor for LVN program: Didactic & Clinical venue
- Instructor for LVN-RN transition program; co-ordinate LVN transitioning.
- Member of Remediation Team for Student Success
- Course Co-author: The Ethics and Conscious of

Healthcare

Memorial Medical Center of East Texas

September 2009 – Present: House Supervisor: Nursing Administration

- Responsible for bed flow in 150+ bed hospital
- Process all transfers in and out of facility
- Respond to all emergency situations on campus in all patient care areas
- Facilitate patient advocacy issues on weekends and after regular business hours.

Supervisor responsible for weekend and holiday coverage

Memorial Health Systems of East Texas

April 2008 – September 2009: Director Progressive Care Unit and Telemetry Services

- Member of management team directly responsible for guiding all activities in 24 bed step down unit to include sole responsible for hiring and staffing. Accountable to vice president for budget.
- Initiated the first critical care preceptor program and designed the first internship infrastructure.
- Direct telemetry services for hospital to include staffing and training.

September 2007 – April 2008: Nurse Manager Progressive Care Unit

- Shared responsibility for hiring and direct responsibility for staffing. Trained charge nurses and monitored trained preceptors.

Stephen F. Austin State University

December 2002 – September 2007: Instructor: Division of Nursing

- Member of teaching teams to include: Medical Surgical Nursing; Women and Children's Health; Fundamentals of Nursing; and Pathophysiology.

- Assisted in establishing SFA 101: An Intro to College Life. Responsible for Nursing Sections.
- Chairman of Standards Committee
- Member Student Affairs Committee

Additional professional activities

2013 – Present: Reviewer: *Clinical Evidence* User Panel

2012 – Present: Mentor: American Psychological Association

2007 – 2011 Mentor Ring Executive

Member of mentorship team for Nursing students at Stephen F. Austin State University

2005 National Educators Conference Steamboat Springs, Colorado

"The Art of Caring in Pregnancy" Poster Co-Presenter

May 2012 – Publication in Hometown Health: Publication of Texas A&M Health Science Center with concurrent television appearance for Mental Health Awareness Month

"Don't Worry – Be Healthy"

October 2012 – Publication in *Brazos Valley Awareness:* The New Pink: The circle of Awareness to Prevention

Arnold D. (2013). Air Pollution and Cancer: The Cycle of Insult to Injury in Sethi, R. ed. *Air Pollution: Sources, Prevention, and Health Effects.* NOVA Science Publishers.

October 2013 - Texas A&M Health Science Center Home Page: Researchers suggest tips to fight fear of breast cancer diagnosis

Professional licenses

Register Nurse

Licensed Vocational Nurse

Professional memberships

Sigma Theta Tau International

American Association Of Critical Care Nurses

Texas Nurses Association

Member American Psychological Association

Publications

Arnold D. (2013). Air Pollution and cancer: from insult to injury. In: Sethi, R, ed. in *Air Pollution: Sources, Prevention, and Health Effects*. NOVA Publishers.

Arnold D. Avoiding the emergency room during the holidays. In TAMU Times, December 2013.

Arnold D. Five tips to avoid foodborne illnesses. In TAMU Times, November 2013.

Publications combined with local television (KBTX) air time:

Arnold D. Breast cancer diagnosis leaves women living in fear: researchers suggest combating the fear with a positive mind-body connection. In: Texas A&M University System Press, October, 2013

Arnold D. Don't worry – be healthy; news you can use". In: Texas A&M University System Press, May 2012.

Arnold D. 'The new pink – the circle of awareness to prevention". In Winter edition of 2012Brazos Wellness

Volunteer & Mentorship

Texas Regional Representative for "Avon Army of Women" for Breast Cancer Research.

Mentor International Psychological Association (IPPA) 2012-2014

Medical Director: Camp Blessing. Camp for special needs children in Columbus, Texas

Medical Director: Camp Kesem. Camp for children who have parents who have/have died from cancer.

Camp Kesem Advisory Board

Conferences & Symposiums

NOEP Conference Candidate/Attendee: May 2012

- MD Anderson Educators Conference

Pearson Publishing Nursing Item Writing Workshop

- Pearson Headquarters: June 1012

Camp Kesem – Camp Nurse: 2012-2013

- Texas A&M sponsored camp for children who have lost

parents to cancer

Camp Blessing – Camp Nurse Summer 2013

- Camp for marginalized Special Needs children with multiple handicaps
- Cardiovascular Research Institute: 4th Research Symposium: May 2-3, 2013: Poster Judge

Professional Appointments

- User Panel: *Clinical Evidence*
- Mentor International Psychological Association