

ALL Fall Schedule 2026

Table of Contents

GAMES.....	3
Beginner Pickleball	3
Hand and Foot	3
Strike up the Fun-Bowling.....	4
Dominoes	4
Advanced Pickleball.....	4
Introduction to Chinese Mah Jongg	5
Mah Jongg	5
September	6
Lifestory Informational Meeting.....	6
Insight into ALL	6
Presidents & Their First Ladies.....	6
Crafternoon	7
Glass on Glass Mosaic Picture Frame	7
Majek Winery Day Trip.....	7
Victoria College Student Success Center Tour.....	8
VPL Book Club: <i>The Silent Patient</i>	8
Water Aerobics.....	8
Lifestory.....	9
Snap! An Introduction to Venus Fly Traps.....	9
Understanding Medicare Part D	9
ALL Around Town: Bubba's Seafood	10
Stay Safe, Stay Strong: Fall Prevention	10
October	10
The George Ranch Day Trip	10
Cooking Well: Exploring Cultures	11
La Salle & His Failed Colony in Matagorda Bay.....	11
Rose Garden 101: Growing Roses in Texas.....	11
Fundamentals of Italian Cooking	12
Murder Mystery Game: Hunt a Killer – Homicide at the Heist.....	12
Diabetes Care: What You Should Know	12
Slow Flow Yoga.....	13
Whimsical Canvas Art.....	13
Protect Yourself: Identity Theft Protection.....	13
Meet Chief Clay Fetters	14
<i>Return to Honor</i> Documentary Screening.....	14
Pickles, Please! A Hands-On Pickling Experience	14
Stay Safe, Stay Strong: Fall Prevention	15

November	15
Cuero Day Trip: Good Food & Texas History	15
Facts are Stranger Than Fiction: A Hodgepodge of History Part II.....	15
Travel Preview: Domestic and International Tours	16
Brunch & Brew	16
Turn A Man's Shirt into an Apron	16
Understanding Memory Loss: Dementia & Alzheimer's Awareness.....	17
Oyster Shell Art.....	17
Daylilies: A Garden Favorite.....	17
ALL Around Town: Seaux Cajun	18
VPL Book Club: <i>The Nightingale</i>	18
Tell Your Story Your Way - Write Your Own Obituary.....	18
Gentle Yoga	19
December	19
Making Sense of Supplements	19
Christmas Ornament Painting Party	19
Preserving Our Past: A Tour of the Victoria Regional History Center Archives	20
Game On! Squid Games Challenge	20
Fulton Mansion Day Trip	20
ALL Around Town: Water Well Café.....	21
Holiday Recipe Exchange.....	21

GAMES

Open Play is contingent on Emerging Technology Complex and Sports Center availability. Members may register at any time during the semester as space allows. Register once for the entire semester, except for bowling.

Beginner Pickleball

Fridays

Sept. 4-Dec. 11

8:45-11:15 a.m.

(Pickleball will not be held on Nov. 27.)

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Fridays for beginners and experienced players alike.

Participants are expected to assist with set-up and take-down of courts each day. As guests of the Victoria College Sports Center—who generously allows us to use this space at no cost—we encourage a respectful, flexible environment for all. Court availability may occasionally be shared with other students or activities when space allows.

The modest Pickleball class fee helps cover basic supplies such as court tape and balls, allowing us to continue offering this opportunity at a low cost. We're proud to provide a welcoming place to play, connect, and stay active together. A paddle may be borrowed for the first couple of weeks of play. Attendees will then be required to purchase their own paddles.

Class Fee: \$20 per semester

Maximum: 36 players

Location: Victoria College Main Campus
Sports Center
2200 E. Red River Street, Victoria, TX

Hand and Foot

Fridays

Sept. 4-Dec. 11

1-5 p.m.

(Hand and Foot will not be held on Nov. 27.)

Hand and Foot is a Canasta card game variant played with multiple decks of standard playing cards. The objective is to build melds of cards, with the ultimate goal of forming "books" or sets of seven cards of the same rank. Friday is open play for beginner and experienced Hand and Foot players.

Maximum: 36 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Strike up the Fun-Bowling

Tuesdays

Sept. 8

Oct. 20

Nov. 10

Dec. 15

2:30-4:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$10 per date

Registration Deadlines: Sept. 4, Oct. 16, Nov. 6, Dec. 11

Maximum: 29 players

Location: Century Lanes

3401 John Stockbauer Drive, Victoria, TX

Dominoes

Thursdays

Sept. 10, 24

Oct. 8, 22

Nov. 12

Dec. 10

1-4 p.m.

Dominoes is a family of tile-based games which test both skill and patience. Dominoes will be available during this open-play period for members to play 42, Straight, Moon, and Mexican Train variations.

Maximum: 36 players

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

Advanced Pickleball

Mondays

Sept. 14-Dec. 7

8:45-11:15 a.m.

(Pickleball will not be held on Nov. 23.)

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Mondays for experienced pickleball players.

Participants are expected to assist with set-up and take-down of courts each day. As guests of the Victoria College Sports Center—who generously allows us to use this space at no cost—we encourage a respectful, flexible environment for all. Court availability may occasionally be shared with other students or activities when space allows.

The modest Pickleball class fee helps cover basic supplies such as court tape and balls, allowing us to continue offering this opportunity at a low cost. We're proud to provide a welcoming place to play, connect, and stay active together.

Attendees must have previously attended Advanced Pickleball or demonstrate proficiency in the game.

Class Fee: \$20 per semester

Maximum: 36 players

Location: Victoria College Main Campus

Sports Center

2200 E. Red River Street, Victoria, TX

Introduction to Chinese Mah Jongg

Mondays

Sept. 14-Oct. 19

10-11:30 a.m.

Learn the basics of how to play Chinese Mah Jongg in the classroom environment before jumping into live play. If you are new to playing Chinese Mah Jongg or need a quick review, this is the class for you!

Study Leader: Maxine Wood, ALL Member

Maximum: 6 players

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

Mah Jongg

Mondays

Sept. 14-Dec. 7

1-5 p.m.

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open play for beginner and experienced American and Chinese Mah Jongg players.

During the first three weeks of class, Elgene Henry will offer Introduction to American Mah Jongg for beginners or anyone needing a refresher. Instruction will take place to the side of the room while open play continues for experienced American and Chinese Mah Jongg players. After the first three weeks, participants should be prepared to join open play, and additional instruction will not be available.

A Mah Jongg card may be borrowed for the first couple weeks of play. Attendees will then be encouraged to purchase their own game card.

An additional Introduction to Chinese Mah Jongg course will be offered separately this semester for those interested in learning the Chinese version of the game.

Maximum: 36 players

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

September

Lifestory Informational Meeting

Tuesday

Sept. 1

1:30-3 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the informational meeting, participants will learn about Lifestory, including how the sessions are facilitated, what to expect from this fun, therapeutic writing class, and receive the writing prompts for the semester.

Maximum: 16

Study Leader: Sande Bilton, ALL Program Specialist

Location: VC Emerging Technology Complex

Conference & Education Center, Room 308

7403 Lone Tree Road, Victoria, TX

Insight into ALL

Thursday

Sept. 3

10-11:30 a.m.

Whether you are a new or seasoned ALL member, this class is for you! Hear the latest updates and changes for the Academy of Lifelong Learning from ALL Program Specialist, Sande Bilton, and CTE-Continuing Education Department Chair, Rachel Nessel. Learn the answers to frequently asked questions and how to get the most out of this organization. Members are encouraged to ask questions and provide suggestions.

Maximum: 48

Study Leaders: Sande Bilton, ALL Program Specialist, and Rachel Nessel, CTE-Continuing Education Department Chair

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Presidents & Their First Ladies

Wednesday

Sept. 9

10-11:30 a.m.

Behind every president is a story—and often an extraordinary First Lady. Explore the lives, partnerships, and influence of the women who stood beside America's presidents. Discover how these remarkable women helped shape the White House, supported their husbands, and left lasting legacies of their own.

Maximum: 120

Study Leader: Reba Roberson, ALL Member

Location: VC Emerging Technology Complex

Conference & Education Center, Room 203

7403 Lone Tree Road, Victoria, TX

Crafternoon

Wednesday

Sept. 9, 23

Oct. 14, 28

Nov. 11

Dec. 9

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. Bring your own craft projects and enjoy a laid-back afternoon of creativity and fun. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives.

Maximum: 16

Location: VC Emerging Technology Complex
Conference & Education Center, Room 308
7403 Lone Tree Road, Victoria, TX

Glass on Glass Mosaic Picture Frame

Thursday

Sept. 10 & 17

Part 1 (Sept. 10): 9 a.m.–1 p.m.

Part 2 (Sept. 17): 9–10:30 a.m.

During this **2-part series**, participants will transform a 6x9 picture frame into a beautiful decoration with the use of glass and grout. Several patterns and copious amounts of glass will be available to choose from. This ancient art form has many modern applications and endless opportunity. Band-Aids will be on standby!

Class Fee: \$30 (Registration Deadline: Sept. 2)

Maximum: 30

Study Leader: Lisa Gabrysch, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center, Room 304
7403 Lone Tree Road, Victoria, TX

Majek Winery Day Trip

Tuesday

Sept. 15

Depart ETC at 10:30 a.m.

Escape to the countryside for a delightful afternoon at Majek Vineyard & Winery, where award-winning Texas wines and small-town charm come together. Nestled among the rolling hills near Schulenburg, this relaxing outing begins with a Dutch treat lunch at a local restaurant before heading to the vineyard for a guided tasting of four 2-ounce wines. You'll have the opportunity to sample a variety of locally crafted favorites and take home a souvenir wine glass to remember the day. Sit back, relax, enjoy great conversation with fellow members. Transportation will be provided.

Class Fee: \$52 (Registration Deadline: Aug. 31)

Minimum: 10

Maximum: 28

Location: Schulenburg, TX

Victoria College Student Success Center Tour

Wednesday

Sept. 16

10-11:30 a.m.

Join us for a guided tour of the new Victoria College Student Success Center and discover the vision behind this exciting addition to campus. Learn about the bond that made the project possible, the generous donors who helped bring it to life, and the benefits of centralizing student support services. You'll also explore the many resources and amenities available, including opportunities that Academy of Lifelong Learning members can enjoy. Transportation is NOT provided.

Maximum: 20

Study Leader: Amy Mundy, Executive Director of VC Foundation, Victoria College

Location: Victoria College Main Campus

Student Success Center

2200 E. Red River Street, Victoria, TX

VPL Book Club: *The Silent Patient*

Wednesday

Sept. 16

2-4 p.m.

The Silent Patient by Alex Michaelides is a gripping psychological thriller that follows Alicia Berenson, a celebrated artist who seemingly has the perfect life until she is accused of murdering her husband—and then never speaks another word. As psychotherapist Theo Faber becomes determined to uncover the truth behind her silence, a web of secrets, obsession, and unexpected twists unfolds, leading to a shocking conclusion.

Victoria Public Library is partnering with ALL to host a book discussion of *The Silent Patient*. Books will be available to check out from the library on a first-come, first-served basis, or members may obtain a copy on their own. Enjoy a Dutch-treat cup of coffee while sharing your thoughts and discovering why this bestselling novel has captivated readers around the world. Transportation is NOT provided.

Maximum: 15

Study Leader: Eric Valderrama, Victoria Public Library

Location: Gardenhouse Coffee & Espresso Bar

104 Teakwood Dr., Victoria, TX

Water Aerobics

Thursday

Sept. 17

2-2:30 p.m. OR 3-3:30 p.m.

Stay active and have fun with this low-impact water aerobics class! Enjoy a full-body workout that helps improve strength, flexibility, balance, and endurance—all while being gentle on the joints. Perfect for a variety of fitness levels, this refreshing aquatic class is a great way to support your overall health and wellness. There are both male and female locker rooms available before and after class. Transportation is NOT provided.

Maximum: 25 per session

Study Leader: Sharon Elder, Citizens HealthPlex

Location: Citizens HealthPlex

9406 Zac Lentz Parkway, Victoria, TX

Lifestory

Tuesdays

Sept. 22

Oct. 13

Oct. 27

Nov. 17

1:30-3 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the Lifestory Workshop participants will share stories they have written and receive positive feedback.

Maximum: 16

Study Leader: Sande Bilton, ALL Program Specialist

Location: VC Emerging Technology Complex

Conference & Education Center, Room 308

7403 Lone Tree Road, Victoria, TX

Snap! An Introduction to Venus Fly Traps

Wednesday

Sept. 23

10-11:30 a.m.

Discover the fascinating world of one of nature's most unique plants! In this hands-on class, you'll learn how to properly plant and care for a Venus flytrap while exploring what makes these carnivorous plants so amazing. Each participant will pot their own Venus flytrap to take home and enjoy. Whether you're a plant enthusiast or simply curious, this class is sure to be fun and informative!

Class Fee: \$26 (Registration Deadline: Sept. 8)

Maximum: 30

Study Leader: Brooke Lewis, Owner, Scenic Root

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Understanding Medicare Part D

Thursday

Sept. 24

10-11:30 a.m.

Confused about Medicare prescription drug coverage? This informative session will provide a general overview of Medicare Part D, explain your options, and help you better understand how prescription drug plans work. Whether you're new to Medicare or simply want a refresher, you'll leave with helpful information and greater confidence.

Maximum: 48

Study Leader: Megan Pena, Benefit Counselor II, Golden Crescent Regional Planning Commission

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

ALL Around Town: Bubba's Seafood

Tuesday

Sept. 29

11:30 a.m.-1 p.m.

Set your sights on Seadrift and a visit to Bubba's Seafood, where fresh seafood, homestyle cooking, and friendly hospitality are always on the menu. Enjoy a relaxing afternoon with fellow members as we gather for a delicious Dutch treat lunch and great conversation. Come hungry and ready for another fun day of exploring the local flavors of our area! Transportation is NOT provided.

Maximum: 30

Location: Bubba's Seafood

1142 SH 185 E., Seadrift, TX

Stay Safe, Stay Strong: Fall Prevention

Wednesday

Sept. 30

1-2:30 p.m.

September is Fall Prevention Month, making it the perfect time to learn simple strategies for staying safe and active. This informative presentation will provide a general overview of fall prevention, including practical tips to help reduce the risk of falls, improve safety at home, and support confidence in everyday activities. A valuable class for anyone interested in maintaining independence and overall well-being.

Maximum: 48

Study Leader: Carolyn Knox, Trauma Coordinator, Citizens Medical Center

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

October

The George Ranch Day Trip

Tuesday

Oct. 6

Depart ETC at 10 a.m.

Step back in time and experience 100 years of Texas history at George Ranch Historical Park. This fascinating day trip brings the past to life through historic homes, engaging stories, and hands-on demonstrations that showcase the people, traditions, and experiences that shaped Texas. During the tour, you'll travel through four distinct eras— 1830, 1860, 1890, and 1930—while learning about life on a working ranch, including a cattle demonstration.

Our outing begins with a Dutch-treat lunch at a local restaurant before heading to the ranch for a 2–2.5 hour guided experience. Please note that the tour includes a fair amount of walking and some steps. Enjoy a memorable day exploring Texas history with fellow ALL members. Transportation will be provided.

Class Fee: \$60 (Registration Deadline: Sept. 21)

Minimum: 14

Maximum: 28

Location: Richmond, TX

Cooking Well: Exploring Cultures

Wednesdays

Oct. 7, 14

10-11:30 a.m.

Embark on a culinary journey around the world in this two-part series! Explore the traditional cuisines of the Philippines, the interior of Mexico, Poland, and India through brief cultural videos, live cooking demonstrations, and delicious samples. Learn how healthy ingredients and fresh ideas can put a nutritious twist on classic international favorites.

Maximum: 48

Study Leader: Marcie Kucera, Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

La Salle & His Failed Colony in Matagorda Bay

Wednesday

Oct. 7

2-3:30 p.m.

Discover the dramatic story of French explorer René- Robert Cavelier, Sieur de La Salle, and his ill-fated attempt to establish a colony on the Texas coast. Learn how navigational mistakes, harsh conditions, and unexpected challenges led to one of the most famous failures in early Texas history. Explore the lasting impact of this remarkable expedition and its role in shaping the future of Texas. Transportation is NOT provided.

Maximum: 30

Study Leader: Glenn Dives, Exhibits & Collections Manager, Museum of the Coastal Bend

Location: Museum of the Coastal Bend

2200 E. Red River Street, Victoria, TX

Rose Garden 101: Growing Roses in Texas

Thursday

Oct. 8

10-11:30 a.m.

Ready to fall in love with roses? Discover the secrets to growing beautiful, healthy roses in the Texas climate. Learn helpful tips on selecting varieties, planting, watering, pruning, and caring for these beloved blooms so you can enjoy a garden full of color and fragrance.

Maximum: 48

Study Leader: Cynthia Brewer, Master Gardner

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Fundamentals of Italian Cooking

Tuesday

Oct. 13

10-11:30 a.m.

Expand your culinary knowledge and join Dennis Patillo for an engaging lecture on the fundamentals of Italian cooking. Explore the traditions, ingredients, and techniques that form the foundation of one of the world's most beloved cuisines. Discover the history behind classic Italian dishes, the importance of fresh ingredients, and how simple cooking methods can create extraordinary flavors. Bring your curiosity and appetite for knowledge as you uncover the secrets of Italian cuisine and gain new inspiration for your own kitchen.

Maximum: 120

Study Leader: Dennis Patillo, Owner, The PumpHouse Riverside Restaurant and Bar

Location: VC Emerging Technology Complex

Conference & Education Center, Room 203

7403 Lone Tree Road, Victoria, TX

Murder Mystery Game: Hunt a Killer – Homicide at the Heist

Tuesday

Oct. 13

1-2:30 p.m.

ALL is partnering with the Victoria Public Library to bring an immersive murder mystery experience to you! Step into the role of a detective and work as a team to solve a high-stakes art heist turned homicide. Examine physical evidence, review witness statements, analyze forensic clues, and piece together the events surrounding a museum robbery that ended in murder. As you eliminate suspects, uncover hidden motives, and connect the clues, you'll work to identify the killer and bring the case to a close. Put your investigative skills to the test in this interactive, collaborative mystery adventure!

Maximum: 30

Study Leader: Eric Valderrama, Victoria Public Library

Location: VC Emerging Technology Complex,

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

Diabetes Care: What You Should Know

Thursday

Oct. 15

10-11:30 a.m.

Gain practical knowledge about diabetes and the steps you can take to support healthy living. This informative class will explore the basics of diabetes care, including common questions, healthy lifestyle habits, monitoring, and everyday strategies for managing the condition. Whether you're living with diabetes, caring for someone who is, or simply interested in learning more, this educational session offers valuable information to support overall health and well-being.

Maximum: 120

Study Leader: Kelly Hetherington RN, Diabetes Education Program, Coastal Bend Health Education Center, Texas A&M Health

Location: VC Emerging Technology Complex

Conference & Education Center, Room 203

7403 Lone Tree Road, Victoria, TX

Slow Flow Yoga

Thursday

Oct. 15

2-3 p.m.

w flow yoga, designed to support every body and ability. Led by Ellen, participants will explore gentle movement and trauma-conscious techniques to calm the nervous system, paired with psychoeducation on understanding and nurturing their unique mind-body connection. Participants should bring their own mat or blanket.

Maximum: 30

Study Leader: Ellen Vallejo Smith, Owner, The Embodied Mariposa

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

Whimsical Canvas Art

Tuesday

Oct. 20

10-11:30 a.m.

Turn an ordinary canvas into a vibrant piece of art! Using decorative papers, paint, and fun embellishments, you'll create a personalized design full of color, texture, and charm. Every project will be as unique as its creator.

Class Fee: \$20 (Registration Deadline: Oct. 6)

Minimum: 5

Maximum: 48

Study Leader: Stacy Cantu, Owner, The Happy Shack

Location: VC Emerging Technology Complex

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

Protect Yourself: Identity Theft Protection

Wednesday

Oct. 21

10-11:30 a.m.

In today's digital world, protecting your personal information is more important than ever. This interactive course helps students understand how identity theft occurs, recognize common scams and fraud schemes, and learn practical strategies to safeguard their financial and personal information. Participants will explore topics such as online security, password protection, phishing scams, credit monitoring, and steps to take if their identity is compromised. By the end of the session, students will be equipped with the knowledge and tools needed to confidently protect themselves from identity theft and financial fraud.

Maximum: 48

Study Leader: Veronica Montez, Community Development Officer, Frost Bank

Location: VC Emerging Technology Complex

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

Meet Chief Clay Fetters

Wednesday

Oct. 21

2-3:30 p.m.

Meet Victoria's new Police Chief, Chief Fetters, as he introduces himself to the Academy of Lifelong Learning. Hear about his background, his vision for the future of the Victoria Police Department, and his commitment to serving our community. This is a wonderful opportunity to get acquainted, learn more about local law enforcement, and ask questions.

Maximum: 48

Study Leader: Clay Fetters, Victoria Police Chief"

Location: VC Emerging Technology Complex

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

Return to Honor Documentary Screening

Thursday

Oct. 22

10-11:30 a.m.

Return to Honor is an inspiring documentary that tells the story of Victoria's Warrior's Weekend and the Field of Honor—two community traditions dedicated to honoring our nation's veterans, active-duty military, and their families. Directed by Michael Cloud, this 78-minute film captures the heart behind these meaningful events and the volunteers whose dedication has made them a lasting legacy. As Warrior's Weekend celebrates its 20th anniversary and the Field of Honor marks its 18th anniversary, join us for this special screening and gain a deeper appreciation for one of our community's most cherished traditions. Popcorn and drinks will be provided.

Maximum: 48

Location: VC Emerging Technology Complex

Conference & Education Center, Room 306

7403 Lone Tree Road, Victoria, TX

Pickles, Please! A Hands-On Pickling Experience

Wednesday

Oct. 28

10-11:30 a.m.

Love pickles? This class is for you! Learn the fundamentals of pickling, explore different pickling methods, and discover what makes each style unique. Then roll up your sleeves and make your own batch to take home. Whether you're new to pickling or looking to expand your kitchen skills, you'll leave with the knowledge and confidence to continue pickling at home.

Class Fee: \$10 (Registration Deadline: Oct. 13)

Maximum: 20

Study Leader: Amy Kresta, Owner, The Pickled Baker

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Stay Safe, Stay Strong: Fall Prevention

Wednesday
September 30
1-2:30 p.m.

September is Fall Prevention Month, making it the perfect time to learn simple strategies for staying safe and active. This informative presentation will provide a general overview of fall prevention, including practical tips to help reduce the risk of falls, improve safety at home, and support confidence in everyday activities. A valuable class for anyone interested in maintaining independence and overall well-being.

Maximum: 48

Study Leader: Carolyn Knox, Trauma Coordinator, Citizens Medical Center

Location: VC Emerging Technology Complex
Conference & Education Center, Room 304
7403 Lone Tree Road, Victoria, TX

November

Cuero Day Trip: Good Food & Texas History

Tuesday
Nov. 3
11:30 a.m.

Spend the day exploring the charm and history of Cuero! We'll begin with a Dutch treat lunch at Aimee's Bluebird Café, known for its cozy atmosphere and delicious comfort food. Then enjoy a guided tour of the Chisholm Trail Heritage Museum, featuring fascinating exhibits, a short film, and a visit to the historic English-German Schoolhouse. Please note that the tour includes some light walking and stairs; an elevator is available. Come discover the history, hospitality, and small-town charm that make Cuero a hidden gem in South Texas. Transportation will NOT be provided.

Class Fee: \$10 (Registration Deadline: Oct. 19)

Maximum: 30

Location: Aimee's Bluebird Cafe
1000 S. Esplanade Street, Cuero, TX

Facts are Stranger Than Fiction: A Hodgepodge of History Part II

Wednesday
Nov. 4
10-11:30 a.m.

History is full of surprising twists, forgotten stories, and remarkable people you may have never heard of. Join us for another fascinating journey through time as we uncover little-known events, unusual historical facts, and intriguing tales from around the world. Whether you're a history enthusiast or simply love learning something new, you'll leave with plenty of fun facts and conversation starters— perfect for your next trivia night!

Maximum: 120

Study Leader: Reba Roberson, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center, Room 203
7403 Lone Tree Road, Victoria, TX

Travel Preview: Domestic and International Tours

Wednesday

Nov. 4

2-3:30 p.m.

ALL has partnered with Collette Travel Company to offer exciting trips for 2027! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Spotlight on South Dakota – July 2027
- Discover the Islands of New England – Sept. 2027
- Magical Christmas Markets – Dec. 2027

Maximum: 48

Study Leader: Mike Sprute, District Sales Manager, Collette

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Brunch & Brew

Thursday

November 5

10-11:30 a.m.

Treat yourself to a delightful brunch at Grapevine Café featuring your choice of their signature quiche, a flight of hot and cold brewed coffees, and a light dessert. It's a wonderful opportunity to relax, visit with friends, and enjoy a delicious morning together. Transportation is NOT provided.

Class Fee: \$15 (Registration Deadline: Oct. 21)

Minimum: 10

Maximum: 24

Location: Grapevine Café

110 Medical Drive, Suite 102, Victoria TX

Turn A Man's Shirt into an Apron

Thursday

Nov. 5

1-4 p.m.

Turn yesterday's wardrobe into today's kitchen favorite! Learn how to transform a man's button-down shirt into a functional and fashionable apron in this enjoyable sewing class. The instructor will provide sewing machines, and you'll leave with a one-of-a-kind apron to use or share. Participants should bring a man's shirt, matching thread, and narrow bias tape.

Class Fee: \$10 (Registration Deadline: Oct 21)

Maximum: 10

Study Leader: Karen Greer

Location: VC Emerging Technology Complex

Conference & Education Center, Room 302

7403 Lone Tree Road, Victoria, TX

Understanding Memory Loss: Dementia & Alzheimer's Awareness

Tuesday

Nov. 10

10-11:30 a.m.

Gain a better understanding of dementia and Alzheimer's disease during this educational presentation. Explore the differences between normal aging and memory-related conditions, learn about common symptoms, and discover helpful resources for individuals and families. This class is designed to increase awareness, encourage compassion, and provide practical information for anyone interested in learning more about these conditions.

Maximum: 120

Study Leader: Dr. Phylis Canion, N.D. CNC

Location: VC Emerging Technology Complex

Conference & Education Center, Room 203

7403 Lone Tree Road, Victoria, TX

Oyster Shell Art

Wednesday

Nov. 11

10 a.m.-Noon

Transform a beautiful natural oyster shell into a one-of-a-kind decorative keepsake! In this hands-on class, you'll decorate a large oyster shell (approximately 5" x 3") using colorful decorative napkins and embellishments to create a unique piece of art. Your finished shell can be used as a jewelry or trinket dish or displayed as a charming accent in your home.

Class Fee: \$25 (Registration Deadline: Oct. 27)

Minimum: 5

Maximum: 10

Study Leader: Sherre Clegg, ALL Member

Location: VC Emerging Technology Complex

Conference & Education Center, Room 302

7403 Lone Tree Road, Victoria, TX

Daylilies: A Garden Favorite

Thursday

Nov. 12

10-11:30 a.m.

Brighten your landscape with one of the garden's most beloved flowers! Learn from the Master Gardeners about choosing, planting, and caring for daylilies, along with simple tips to help these colorful, easy-to-grow perennials flourish season after season.

Maximum: 48

Study Leader: Brenda Heinold, Master Gardener

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

ALL Around Town: Seaux Cajun

Wednesday

Nov. 18

11:30 a.m.-1 p.m.

Savor the flavors of Cajun cuisine at Seaux Cajun, a local favorite offering a relaxed atmosphere and a taste of Louisiana-inspired dishes. Members will order and pay for their own meals upon entry. Once food is received, participants will have one hour to enjoy their meal while visiting with friends, meeting fellow ALL members, and discovering another great local dining destination. Transportation is NOT provided.

Maximum: 24

Location: Seaux Cajun

207 N. Navarro, Victoria, TX

VPL Book Club: *The Nightingale*

Wednesday

Nov. 18

11:30 a.m.-1 p.m.

The Nightingale by Kristin Hannah is a powerful historical novel that explores love, courage, and resilience during World War II. Set in Nazi-occupied France, the story follows two sisters, Vianne and Isabelle, as they each face the challenges of war in very different ways. Through sacrifice, survival, and acts of quiet bravery, their journeys reveal the strength of the human spirit and the bonds that endure through unimaginable circumstances.

Victoria Public Library is partnering with ALL to host a book discussion of *The Nightingale*. Books will be available to check out from the library on a first-come, first-served basis, or members may obtain a copy on their own. Enjoy a Dutch-treat cup of coffee while sharing your thoughts and connecting with fellow readers.

Maximum: 15

Study Leader: Eric Valderrama, Victoria Public Library

Location: Gardenhouse Coffee & Espresso Bar

104 Teakwood Dr., Victoria, TX

Tell Your Story Your Way - Write Your Own Obituary

Thursday

Nov. 19

10-11:30 a.m.

Everyone has a story worth telling. This thoughtful and engaging class offers an opportunity to reflect on your life, celebrate your accomplishments, and preserve the memories and values that matter most. Guided by the instructor, you'll learn how to write an obituary that captures your unique journey, personality, and legacy in your own words. Whether you choose to share it with loved ones now or save it for the future, you'll leave with a meaningful keepsake that tells your story—your way.

Maximum: 48

Study Leader: Pastor Larry Green, Hospice of South Texas

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

Gentle Yoga

Thursday

Nov. 19

2-3 pm.

Support your health and well-being with this Gentle Yoga class designed to encourage healthy aging through mindful movement. Using slow, easy-to-follow stretches, simple yoga poses, and focused breathing techniques, participants will work to improve flexibility, balance, strength, and mobility in a comfortable, supportive environment. Whether you're new to yoga or returning to your practice, this class offers a wonderful opportunity to reduce stress, enhance overall wellness, and enjoy moving your body at your own pace. Participants are encouraged to bring their own yoga mat.

Maximum: 30

Study Leader: Kim Evans

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

December

Making Sense of Supplements

Tuesday

Dec. 1

10-11:30 a.m.

Curious about vitamins, minerals, and other dietary supplements? Join us for an informative lecture exploring the basics of supplements, their intended uses, and factors to consider when choosing them. Whether you're looking to expand your knowledge or simply better understand the options available, this presentation will provide a helpful overview of this popular health topic.

Maximum: 48

Study Leader: Ricky DeLaGarza, EMS CE Coordinator & Instructor, Victoria College

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Christmas Ornament Painting Party

Tuesday

Dec. 1

2-3:30 p.m.

This fun, hands-on class invites you to paint and decorate two wooden ornaments using a variety of supplies and creative techniques. Whether you're making keepsakes for your own tree, gifts for loved ones, or simply enjoying a relaxing afternoon of creativity, this workshop is perfect for all skill levels. All materials are provided, including wooden ornaments, paint, and decorating supplies. Step-by-step assistance will be available as you create unique ornaments to enjoy for years to come. No experience is necessary—just bring your creativity and holiday spirit!

Class Fee: \$20 (Registration Deadline: Nov. 16)

Minimum: 12

Maximum: 48

Study Leader: Life's Celebrations

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX

Preserving Our Past: A Tour of the Victoria Regional History Center Archives

Wednesday

Dec. 2

10-11 a.m.

Go behind the scenes at the Victoria Regional History Center for a rare tour of its archival storage facilities. Learn how historical documents, photographs, and other priceless materials are collected, preserved, and protected for future generations while exploring the fascinating work of the archivists who safeguard our region's history. Transportation is NOT provided.

Please note: The archival storage areas are kept below 68 degrees to help preserve the collections, so be sure to bring a sweater or light jacket!

Maximum: 30

Study Leader: Mia Campbell, Archivist, Victoria Regional History Center

Location: Texas A&M Victoria Small Business Development Center

1604 E. Airline Road Victoria, TX 77901

Game On! Squid Games Challenge

Wednesday

Dec. 2

2-3:30 p.m.

Get moving and test your skills through a variety of fun, interactive physical activities and games designed to challenge your coordination, balance, speed, and strategy. Each activity offers a chance to move, laugh, and encourage fellow participants while enjoying a playful approach to fitness. No special skills are needed—just a willingness to participate and have fun. Whether you're looking for a new way to stay active or simply enjoy friendly competition, this class is sure to keep you engaged from start to finish. Come ready to move, play, and discover what you can do!

Maximum: 15

Study Leader: Dr. Emily Mason, Physical Education Department Chair/Professor/Wellness Coordinator, Victoria College

Location: VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

Fulton Mansion Day Trip

Tuesday

Dec. 8

Depart ETC at 10:30 a.m.

Step into the elegance and history of the Victorian era with a visit to the Fulton Mansion State Historic Site. This beautifully restored 19th-century home offers a glimpse into the life of George and Harriet Fulton and the architecture, innovations, and stories that shaped their time on the Texas Gulf Coast. During the holiday season, the mansion is decorated for Christmas and highlights Victorian-era holiday traditions.

Our outing begins with a Dutch-treat lunch at Fulton's Irish Pub & Grill before heading to the mansion for an afternoon of exploration. Guests may choose a guided tour, explore the home at their own pace, or visit the Education Center. Transportation will be provided.

Accessibility Note: The Fulton Mansion requires 10 steps to enter (a wheelchair lift is available). The guided tour includes the second floor, which is accessible by stairs only.

Class Fee: \$37 (Registration Deadline: Nov. 16)

Minimum: 10

Maximum: 28

Location: Fulton, TX

ALL Around Town: Water Well Café

Wednesday

Dec. 9

11:30 a.m.-1 p.m.

Enjoy a Dutch-treat lunch at The Water Well Café's new location, a cozy local favorite known for its fresh ingredients, hearty fare, and welcoming atmosphere. It's the perfect setting to relax, visit with friends, and enjoy another delightful ALL Around the Town outing. Transportation is NOT provided.

Maximum: 35

Location: Water Well Café

1209 E. Airline Road, Victoria, TX

Holiday Recipe Exchange

Thursday

Dec. 10

11:30 a.m.-1 p.m.

Need some tasty ideas for those upcoming holiday parties? Bring a dish (and your recipe) to share with fellow members and enjoy each other's company. Recipes can be sent prior to the party or one copy may be brought to the event. Recipes will be compiled and emailed to all attendees. Drinks, plates, and utensils will be provided.

Maximum: 40

Location: VC Emerging Technology Complex

Conference & Education Center, Room 304

7403 Lone Tree Road, Victoria, TX