VICTORIA COLLEGE

Academy of Lifelong Learning
Gonzales Center
Fall 2023







How to Become a Member

MEMBERSHIP

Fall 2023 Membership-\$50

Discounts (Only 1 discount can be applied)

- Museum of the Coastal Bend Member-\$40
- VC Retirees/Employees-\$40

Membership entitles you to participate in any of the ALL-Gonzales activities at no additional charge, with the exception to a few activities that have a supply or travel fee.

THERE ARE SEVERAL WAYS TO JOIN ALL-GONZALES:

In Person

You may join in person at the VC Gonzales Center: Victoria College Gonzales Center 424 E. Sarah DeWitt Drive Gonzales, TX 78629

Mail or Email

You may become an ALL-Gonzales Member by mailing or emailing the completed membership form and liability release (page 9 & 10) to Melissa.Robinson@VictoriaCollege.edu.

Hurricane Preparedness

Thursday Sept. 7 10 a.m.

Our area is no stranger to hurricane activity. Are you and your home prepared for the 2023 hurricane season? Rick McBrayer will share historical accounts of hurricanes in our area, future projections, and ways in which to ready your home and family for a potential natural disaster.

Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

LYCEUM LECTURE: Joel Salatin

Tuesday Sept. 12 6 p.m.

Joel Salatin co-owns, with his family, Polyface Farm in Swoope, Virginia. Featured in the New York Times bestseller Omnivore's Dilemma and award-winning documentary Food Inc., the farm services more than 5,000 families, 50 restaurants, 10 retail outlets, and a farmers' market with salad bar beef, pigaerator pork, pastured poultry, and forestry products.

Salatin has authored 12 books, serves as the editor of The Stockman Grass Farmer, and writes the "Confessions of a Steward" monthly column for Plain Values magazine, the "Homestead Abundance" column for Homestead Living magazine, and several columns for the e-magazine Manward. He also hosts his own podcast with Dr. Sina McCullough called BEYOND LABELS after their book of the same name, and he is a frequent guest on radio programs and podcasts targeting preppers, homesteaders, and foodies.

Location: Leo J. Welder Center for the Performing Arts 214 N. Main Street • Victoria, TX 77901

Day Trip to Spoetzl Brewery - Shiner, TX

Thursday Sept. 14 10:30 a.m.

Shiner Beer has been brewed at the Spoetzl Brewery in Shiner, Texas since 1909. They ship more than six million cases of beer all over the country. And, now they have a distillery! Let's go see how they make beer and spirits! We will tour first, then have lunch.

Class Fee: \$25 + Dutch treat Lunch

Location: Spoetzl Brewery – Hospitality Room

603 E. Brewery St, Shiner, TX 77984

Spinning & Weaving

Thursday Sept. 21 2 p.m.

Curious about what goes into spinning and weaving? Then come listen and learn to Julie Lester show us the complexities behind making threads from raw fibers and weaving those threads into cloth. She is even bringing her old-fashioned spinning wheel.

Study Leader: Julie Lester Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

Gonzales Memorial Museum

Thursday Oct. 5 10 a.m.

Have you seen what many believe to be the original "Come and Take It" cannon, the object of contention between Texian settlers and the Mexican government and one that inspired a series of confrontational events that helped ignite the Texas Revolution? Well, now's your chance. Join us in touring the Gonzales Memorial Museum where you can also learn about many of the items used to fight for our freedoms such as exhibits that include period rifles, ammunition, uniforms, and a macabre favorite – a physician's amputation kit. Other objects and artifacts available that reflect early life in Gonzales include vintage clothing, household goods, and archival photographs, and all help tell the story of this community, a pillar in the state's historic march towards independence.

Location: Gonzales Memorial Museum 414 Smith Street, Gonzales, TX

USDA

Thursday Oct. 12 2 p.m.

A couple of different governmental agricultural agencies will present on different ways farmers and ranchers can maneuver through some of our more difficult times due to drought, wildfires, taxes, and other general hardships farmers in our area face on a regular basis.

Study Leader: USDA & Texas Agriculture & Natural Resources (AgNR) Cooperative Extension Program

Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

Achieving a Healthier Lifestyle without Pain Medications

Thursday Oct. 19 2 p.m.

Pain medication is something that can be a part of our daily lives, but no one wants to be controlled by their pain. Join Dr. Phylis Canion for a discussion about healthy alternatives to pain medication and how to navigate life without "over indulging" on prescription pain medications.

Study Leader: Phylis Canion, N.D. C.N.C., Doctor of Naturopathic Medicine and Certified Nutritional Consultant,

Owner of Organic Emporium Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

LYCEUM LECTURE: Dr. Tatiana Erukhimova

Tuesday Oct. 17 11 a.m.

Erukhimova is a physics professor and viral video star.

Location: Victoria Fine Arts Center

1002 Sam Houston Drive • Victoria, TX 77901

Roundtop Antiques Fair Day Trip

Thursday Oct. 26 8 a.m.

Ever wondered what actually goes on at the Roundtop Antiques Fair. Now is your chance to see it for yourself. Spend the day with us experiencing the Texas event where you can shop antiques from all over the world along 11 miles of scenic Texas highway.

Class Fee: TBD

Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

Cooking with Dawn

Thursday Nov. 2 10 a.m.

There is no better aroma than fresh bread baking. ALL members will receive a bread making lesson from Dawn O'Donnell. You won't want to miss this treat.

Study Leader: Dawn O'donnel **Location:** VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

Self-Care with Massage

Thursday Nov. 9 TBD

Learn the importance and benefit of self-care with massage by discussing and practicing several simple techniques in self-massage to reduce muscle tension and stress in all areas of the body.

Study Leader: Ellen Peyton Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

Hiking in Palmetto Park

Thursday Nov. 16 10 a.m.

Let's get moving! We will spend the day at Palmetto Park hiking, taking in nature, and enjoying a picnic lunch. You can even be adventurous and try your hand at canoeing.

Class Fee: TBD Location: TBD

Jewelry Making with Janice Williamson

Thursday Nov. 30 2 p.m.

The art of jewelry making dates back thousands of years, to a time when ancient civilizations crafted jewelry for personal adornment. Created to display gemstones, express faith, and signify social status, artisans made jewelry that ranged from shells on hemp strings to tiaras and crowns worn by royalty. Come explore the art of jewelry making with Janice Williamson.

Class Fee: TBD

Study Leader: Janice Williamson **Location:** VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

A Night at the Gaslight Theatre – "The Charitable Sisterhood Christmas Spectacular"

Friday TBD 6:30 p.m.

The fall production, "The Charitable Sisterhood Christmas Spectacular," involves the ladies of the Charitable Sisterhood who are preparing for 2nd Trinity Church's annual Christmas Spectacular. Trouble brews when it is discovered that the baby Jesus figure has been stolen from the nativity scene! Finding the guilty thief takes precedence, but the truth isn't disclosed until the end of the Spectacular. The hilarious revelation at the show's climax leaves the audience and the sisterhood filled with the best Christmas spirit ever!

Cost: \$30 - member will need to RSVP Location: 207 E. 7th Street, Shiner, TX 77984

Red Wine All the Time?

Thursday Dec. 7 5:30 p.m.

Our wonderful wine connoisseur, David Dement, will return to enlighten us on the best red wines for the holidays. We will get a list together for ALL members to bring snacks and a few wines will be provided so that we can all taste the difference.

Class Fee: TBD

Study Leader: David Dement Location: VC Gonzales Center 424 E. Sarah DeWitt, Gonzales, TX

ALL Christmas Celebration

Thursday Dec. 14 11:30 a.m.-1:30 p.m.

Let's Party! ALL members will meet at a restaurant to celebrate a year of good times, and well wishes for many more to come in the new year! Restaurant location will be determined by ALL members.

Need the perfect gift?

Consider an ALL membership.
Call (361) 582-2520 for details.

TRAVEL WITH ALL (Ask us for details.)

Collette Trips

March 2024: British Landscapes



June 2024: Western Canada's Rockies, Lakes & Wine Country





Aug. 2024: Pacific Northwest and California





Oct. 2024: Classical Greece





Premier World Discovery Trips

April 2024: Washington DC Cherry Blossoms





May 2024: Best of Chicago





Sept. 2024: Landscapes & Lighthouses of Coastal Maine





Nov. 2024: Highlights of Italy's Amalfi Coast





The fun doesn't stop at ALL.

Consider expanding your horizon with a personal enrichment class through VC's Workforce & Continuing Education.

Spanish for Medical Professionals, Part 1-\$150 SPNL 1091

With increasing numbers of Spanish-speaking patients entering the healthcare system every year, it's more crucial than ever for health professionals to learn medical Spanish. What's more, adding Spanish skills to your resume can broaden your career horizons. This course skips the "touristy" topics and focuses on the survival Spanish medical personnel really need to know in a medical setting. All course materials included. Provided textbook: *Complete Medical Spanish*. Facilitated by Susana Mireles (Victoria) and Patricia Velazquez Naylor (Gonzales).

15 contact hours

GONZALES-CRN: 41056

Registration & Payment Deadline: Aug. 21 • Noon Sept. 11-27 • CRN: 41056 • Term: CE First Quarter 2023-2024 Mon. & Wed. • 6-8:30 p.m. VC Gonzales Center

Spanish for Medical Professionals, Part 2-\$150 SPNL 1091

This course will build upon the Part 1 course, providing additional time to focus on the survival Spanish medical personnel really need to know in a medical setting. Adding Spanish skills to your resume can broaden your career horizons! All course materials included. Provided textbook: *Complete Medical Spanish*. Facilitated by Patricia Velazquez Naylor.

15 contact hours

GONZALES-CRN: 41057

Registration & Payment Deadline: Sept. 25 • Noon Oct. 9-25 • CRN: 41057 • Term: CE First Quarter 2023-2024 Mon. & Wed. • 6-8:30 p.m. VC Gonzales Center

Robert's Rules of Order-\$45

Robert's Rules of Order, written by US Army officer Henry Martyn Robert, is a manual of parliamentary procedure which provides a framework for groups to ethically conduct business and make decisions. Learn how to increase the quality and productivity of your meetings by implementing Robert's Rules of Order! Facilitated by Jenny Jennings. 4.5 contact hours

GONZALES-CRN: 41054

Registration & Payment Deadline: Aug. 28 • Noon Sept. 6-20 • CRN: 41054 • Term: CE First Quarter 2023-2024 Wed. • 11:30 a.m.-1 p.m. VC Gonzales Center

Emotional Intelligence-\$110

This discussion-friendly class will include topics like gas lighting, delayed gratification, mindset, bullying, anxiety, and PTSD. Participants are welcome to bring their lunch to eat while they learn. Recommended readings (not required): Daniel Goleman's *Emotional Intelligence*, Carol Dweck's *Mindset*, and Walter Meschel's *The Marshmallow Test*. Facilitated by Jenny Jennings. 18 contact hours

GONZALES-CRN: 41050

*(Class will not be held Nov. 22.)

Registration & Payment Deadline: Aug. 28 • Noon Sept. 6-Nov. 29* • CRN: 41050 • Term: CE First Quarter 2023-2024 Wed. • 5:30-7 p.m. VC Gonzales Center,

How to Raise an Adult-\$100 PSYC CE02

This discussion-friendly class will include topics like teaching life skills from ages 2-18, critical thinking, ways of parenting, parental crutches, over parenting, parental involvement and advice, and self-efficacy. Recommended readings (not required): Julie Lythcott-Haims' *How to Raise an Adult*. Facilitated by Jenny Jennings. 16.5 contact hours

GONZALES-CRN: 41053

Registration & Payment Deadline: Aug. 28 • Noon Sept. 11-Nov. 27* • CRN: 41053 • Term: CE First Quarter 2023-2024 Mon. • 5:30-7 p.m. VC Gonzales Center

Hobby Welding-\$375 WLDG CE01

*(Class will not be held Nov. 20.)

If you are interested in learning how to weld but are not looking to pursue a career in welding, then Hobby Welding is the class for you! Participants will get hands-on training to learn the basics of welding, including safety, very basic oxyfuel cutting, stick welding, and mig welding. No experience necessary. Facilitated by Mike Scott. 12 contact hours.

Students must wear boots (pull on or lace up), jeans, and a long-sleeved shirt (no polyester or nylon).

GONZALES-CRN: 41052

Registration & Payment Deadline: Oct. 2 • Noon
Oct. 7-14 • CRN: 41052 • Term: CE First Quarter 2023-2024
Sat. • 9 a.m.-4 p.m.
VC Gonzales Center
Workforce Training Center, Room 204

Microsoft Excel-\$200 ITSW 1022

This course includes hands-on instruction and practice with Excel, the spreadsheet program from Microsoft Office. Students will understand basic concepts of spreadsheet (Excel) functions, create formulas, charts, graphs, and generate reports. Course topics will include an introduction to terminology and machine use; program parameters; display characteristics; mathematical functions and formatting features, and printing. You'll also learn how to create informative, eye-catching charts and harness the power of Excel's data analysis and filtering tools. All course materials included. Provided textbook: Excel 2021 Complete. Facilitated by Kelly Klaevemann (Victoria) and Marcus Pridgeon (Gonzales). 21 contact hours

GONZALES-CRN: 41044

Registration & Payment Deadline: Oct. 2 • Noon Oct. 17-Nov. 7 • CRN: 41044 • Term: CE First Quarter 2023-2024 Tues. & Thurs. • 5:30-8:30 p.m. VC Gonzales Center

VICTORIA COLLEGE

ALUMNI — & Friends

Building a strong and lasting relationship between Victoria College and its ever-growing family of alumni.

Who Can Join?

Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you're a part of our family.

Membership Benefits

- Welcome packet with window decal
- Subscription to the Alumni & Friends Newsletter
- Networking, leadership, and volunteer opportunities
- Invitations to special alumni events

Join Online: VictoriaCollege.edu/Alumni

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Academy of Lifelong Learning-Gonzales Center Membership Form & Liability Release

☐ New Me	ember	Returnin	g Member			
MEMBERSHIP OPTIC ☐ Annual Membership- ☐ Discounts (Only 1 dis ☐ Museum of the C	\$50 scount can			/Employees-\$40		
Last Name	First	MI	Social Security Nu	mber (Optional)	Date of Birth	Sex
Mailing Address		City		State	Zip Code	
Home Phone #		Cell Ph	one #			
How did you hear about us?			E	mail Address		
EMERGENCY CONTACT						
Name				Relationship		
Phone Number						
QUESTIONS OR MORE INFO	:					
Victoria College Gonzales Center Attention: Melissa Robinson 424 E. Sarah DeWitt Drive Gonzales, TX 78629 Phone: (830) 672-6251						
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Victoria College Academy of Lifelong Learning Release and Waiver of Liability, Assumption of the Risk, and Indemnity Agreement

This form is a legal release, assumption of risk waiver and covenant not to sue agreement. I, the above-named Member, am eighteen (18) years of age or older, and have voluntarily applied to participate in the Victoria College ("College") Academy of Lifelong Learning ("ALL"). In consideration of my participation in the ALL, on behalf of myself, my family, heirs, and personal representative(s), I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release the above named College, its governing board, officers, employees, and representative (collectively the "Releasees") from any and all liability to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness or injury to my person, including death, that may result from or occur during my participation in the ALL, whether cause by negligence of the Releasees, or otherwise.

By my signature herein I hereby acknowledge that there will be times that the nature of an activity or trip may expose me to hazards or risks that may result in my illness, personal injury, or death, and I understand and appreciate the nature of such hazards and risks. I represent that I am physically able, with or without accommodation, to participate in the ALL activities, whether that be an on campus class, day trip where I am driving myself, or a trip where the ALL is providing transportation, and am able to use the equipment and/or supplies associated with these activities.

I understand and agree that Releasees may not have medical personnel available at the location of any activities or on campus. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment. Should I require emergency medical treatment as a result of accident or illness arising during and activity put on by the ALL, I consent to such treatment. I acknowledge that the College does not provide health and accident insurance for participants in the ALL and I agree to be financially responsible for any medical bills incurred as a result of emergency medical treatment. I will notify College representatives in writing if I have medical conditions about which emergency medical personnel should be informed.

I also authorize the College to use or show any photos of ALL events which include me or my likeness.

I further agree that this Release shall be construed in accordance with the laws of the State of Texas. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS THE COLLEGE, ITS BOARD OF REGENTS, EMPLOYEES, AGENTS, AND REPRESENTATIVES FROM ANY LOSS, LIABILITY, DAMAGE OR COST THAT MAY OCCUR DUE IN ANY MANNER OR DEGREE TO MY PARTICIPATION IN THE ACTIVITY LISTED ABOVE.

PARTICIPANT		
Signature	Date	
Printed Name		

FAQS

Listed are frequently asked questions.

How do I sign-up for classes?

Member can register the following ways:

IN PERSON

You may register in person at the VC Gonzales Center:

Victoria College Gonzales Center 424 E. Sarah DeWitt Drive Gonzales, TX 78629

MAIL OR EMAIL

You may become an ALL-Gonzales Member mailing or emailing the completed membership form and liability release (page 9 & 10) to Melissa.Robinson@VictoriaCollege.edu.

What is the refund policy?

- No refunds are given for annual Academy of Lifelong Learning membership dues.
- Class fees may be refunded up until the payment/registration deadline.

What is your guest policy?

- Members are allowed to bring one guest per semester to one event that does NOT have an associated fee.
- Members must contact the Academy of Lifelong Learning office prior to the class to RSVP for their guest.

Do you offer any discounts?

- Anyone who is a member of the Museum of the Coastal Bend will receive \$10 off their annual membership
- Victoria College retirees or employees will receive \$10 off their annual membership
- Discounts may not be combined.

What are your office hours?

VC Gonzales Center

Fall & Spring Hours

Monday - Friday, 8 a.m. to 5 p.m.

Summer Hours

Monday - Thursday, 7:30 a.m. to 5 p.m. Closed on Fridays



