

ALL

Academy of Lifelong Learning

Spring 2023 Schedule

HEALTH
Medication Safety

DAY TRIP
Painted Churches Tour

HOBBIES
Embroidery:
Botanical Sampler

HISTORY
DeLeon on DeLeon-
Victoria's Founding Family



Est. 1925

An Equal-Opportunity Institution

Cover photo courtesy of Kimberly Pandil, ALL Member

Live, Learn, Grow

EVENTS & ACTIVITIES: The following is a quick guide to what ALL has to offer.

Trips & Day Tours			
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Premier World Discovery Travel Presentation	8	Dinner Tonight: Cooking Demonstration	14
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Re-Homesteading the Family Farm: A Farm Tour	13	Aloha Plumeria	17
A Historic Day in Goliad	14	Top 20 Native Plants for the Crossroads Area	17
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WELCOME!

Workforce & Continuing Education Academy of Lifelong Learning (ALL)

Welcome to our Academy of Lifelong Learning Spring 2023 schedule. The Academy of Lifelong Learning is a member-driven organization for active adults, offering classes and social activities for continued intellectual and personal growth.

- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise & life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships with a diverse group of people;
- Be part of a collective voice of active adults in the community



Marisol

Contact Us • (361) 582-2520



Rachel



Mary



Susie



Nicole

How to Become a Member

The annual membership dues for ALL-Victoria are \$60 and renew each fall. Members joining after January 1st will receive a discounted rate of \$40 for the remainder of the year. Membership entitles you to participate in any of the ALL-Victoria activities offered during the fall and spring semesters at no additional charge, with the exception to a few activities that have a supply or travel fee. These are noted in the schedule.

There are several ways to join ALL-Victoria:

IN PERSON

You may join in person in the Academy of Lifelong Learning Office:

Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905


EMAIL

You may become an ALL-Victoria member by emailing the completed membership form and liability release (pages 25 & 26) to WCE@VictoriaCollege.edu.

MAIL

You may mail the completed membership form and liability release (pages 25 & 26) to:

Victoria College
Emerging Technology Complex
Conference & Education Center
Attention: Academy of Lifelong Learning
7403 Lone Tree Road
Victoria, TX 77905



NOTICE: COVID-19

The Academy of Lifelong Learning will follow the CDC, Governor, and Victoria College Administration guidelines to ensure the safety of our members. This schedule is subject to change at any time throughout the semester. This includes, but is not limited to:

- Cancellations
- Reduced class sizes in order to socially distance*
- Facial coverings
- Temperature screenings

*Due to the frequent CDC guideline changes, we will announce the capacities for class in each month's newsletter.

GAMES

for beginners & advanced players

Pickleball for Experienced Players+ Mondays*

Jan. 30 – May 1
8:30-10:30 a.m.

(No Pickleball on March 13)

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Mondays for experienced pickleball players. Participants are expected to assist in set-up and tear down courts each day of play.

**Attendees must have previously attended Pickleball for Experienced Players or demonstrate basic understanding and proficiency of the game.*

Class Fee: \$15

Maximum: 24 players

Location: VC Sports Center
2200 E. Red River Street, Victoria, TX



Intro to American Mah Jongg Mondays*

Jan. 30, Feb. 6 & Feb. 13
10 a.m.

Learn the basics of how to play American Mah Jongg in the classroom environment before jumping into live play. If you are new to American Mah Jongg or need a quick review, this is the class for you!

Maximum: 8 players

Study Leader: Elgene Henry, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Introduction to Chinese Mah Jongg Mondays*

Jan. 30, Feb. 6 & Feb. 13
11 a.m.

Learn the basics of how to play Chinese Mah Jongg in the classroom environment before jumping into live play. If you are new to playing Chinese Mah Jongg or need a quick review, this is the class for you!

Maximum: 8 players

Study Leaders: Maxine Wood & Pamela Railsback, ALL Members

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

Mah Jongg

Mondays*

Jan. 30-May 22

1-5 p.m.

(No Mah Jongg on March 13)

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open playing session for beginner and experienced American and Chinese Mah Jongg players

Maximum: 24 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Bunco

Thursdays*

Feb. 9, 23

March 9, 23

April 6, 20

May 4, 18

2-4 p.m.

Bunco is an old parlor dice game, played in groups of 4, where teams score points while taking turns rolling three dice. A bunco is achieved when a person rolls 3 sixes. Participants are asked to bring a \$10 donated unwrapped gift to each game day to be used as prizes.

Maximum: 24 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Dominoes

Thursdays*

Feb. 2, 16

March 2, 30

April 13, 27

May 11

2-4 p.m.

Dominoes is a family of tile-based games which test both skill and patience. Dominoes will be available during this open-play period for members to play 42, Straight, and Mexican Train variations.

Maximum: 24 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Beginner Pickleball+

Fridays*

Feb. 3-April 28

8:30 – 10:30 a.m.

(No Pickleball on March 17, March 24, April 7, and April 21)

Pickleball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton, and ping-pong. Victoria College's Sports Center will have open gym time on Fridays for beginners and experienced players. Participants are expected to assist in set-up and tear down of courts each day of play.

**A paddle may be borrowed for the first couple weeks of play. Attendees will then be encouraged to purchase their own paddles.*

Class Fee: \$15

Maximum: 24 players

Location: VC Sports Center
2200 E. Red River Street, Victoria, TX



*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

JANUARY

At a Glance

Jan. 31

ALL Business Meeting

Jan. 31

Collette Travel Presentation

ALL Business Meeting

Tuesday

Jan. 31

10:30 a.m.

Hear the latest updates and changes for the Academy of Lifelong Learning from ALL Program Specialist Marisol Johnson and WCE Director Rachel Nessel. Members are encouraged to ask questions and provide suggestions.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Collette Travel Presentation

Tuesday

Jan. 31

1:30 p.m.

ALL has partnered with Collette Travel Company to offer exciting domestic trips for 2023! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Postcards from Vermont- October 2023
- Hawaiian Adventure- November 2023

See page 24 for additional trip details.

Study Leader: Mike Sprute, District Sales Manager, Collette

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Watercolor Painting

December 1, 2022





Kikko Ramen & Poke

Thursday, Feb. 9 • 11:30 a.m.

Mumphord's Place BBQ

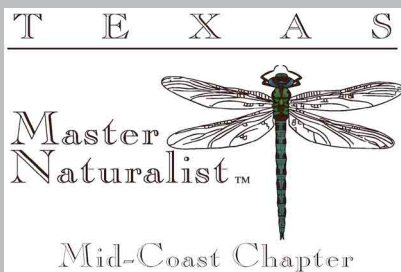
Thursday, March 30 • 11:30 a.m.

Burger Nation

Tuesday, April 18 • 11:30 a.m.

Aimee's Bluebird Café

Wednesday, May 17 • 11:30 a.m.



Mary Motz Wills- Nature Watercolorist

Tuesday, March 28 • 4:30 p.m.

Spring Tour of the Barnhart Q5 Ranch and Nature Retreat

Tuesday, April 4 • 4:30 p.m.

Pollinator Garden Home Tours

Tuesday, May 2 • 4:30 p.m.



Hormones, Thyroid Health, and Energy- Oh My!

Wednesday, March 1 • 10 a.m.

Sleep: The Secret to Good Health

Wednesday, March 22 • 2 p.m.

Medication Safety

Wednesday, March 29 • 2:30 p.m.

Progressing through Life with Positivity

Wednesday, April 12 • 2:30 p.m.

Basics of Essential Oils

Wednesday, Feb. 1 • 10 a.m.

Restorative Yoga

Wednesday, April 26 • 3 p.m.

All About CBD

Wednesday, Feb. 15 • 2 p.m.

Grief Support

Wednesday, May 10 • 10 a.m.

Senior Safety

Wednesday, May 24 • 10 a.m.

FEBRUARY

At a Glance

Feb. 1

Basics of Essential Oils

Feb. 1

Premier World Discovery Travel Presentation

Feb. 2, March 2, April 6, & May 4

Coffee Chats

Feb. 7

Lifestory Informational Meeting

Feb. 8

Hot Chocolate Bombs

Feb. 9

All Around Town Series: *Kikko Ramen & Poke*

Feb. 14

Valentine's Day: Not Necessarily the Holiday You Thought It Was

Feb. 15

All About CBD

Feb. 16

Beginner Scrapbook Making

Feb. 21

Stop the Bleed

Feb. 21; March 7, 21; April 4, 8; May 2, 16

Lifestory

Feb. 21, March 28, April 25, May 23

Strike up the Fun-Bowling

Feb. 22

The 1892 Victoria County Courthouse:
A Photographic Journey

Feb. 23

Painted Churches Tour

Feb. 28

Happy Little Painting Party

Feb. 28

ABCD's of Medicare

Basics of Essential Oils

Wednesday

Feb. 1

10 a.m.



Essential oils are natural oils typically obtained by distillation, preserving the characteristic fragrance and medicinal properties of the plant. In this class, participants will get an introduction to Young Living's essential oils and oil-infused products. Essential oils can help support and inspire a positive emotional state, enhance your physical wellness, purify your home, refine your skin, and create a deep spiritual awareness. It's never too late to start living above the wellness line.

Study Leader: Brandi Barthels

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Premier World Discovery Travel Presentation

Wednesday

Feb. 1

2 p.m.

ALL has partnered with Premier World Discovery to offer exciting domestic and international trips for 2023! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Holland Windmills, Waterways & Tulips River Cruise – April 2023
- Philadelphia, Amish Country & the Brandywine Valley – June 2023

See page 24 for additional trip details.

Study Leader: Kimberly Torres, District Sales Manager, Premier World Discovery

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Painting with Unusual Objects

November 15, 2022



Coffee Chats

Thursdays

Feb. 2

March 2

April 6

May 4

9 a.m.

Tell old stories, make new friends! Join your fellow ALL members for coffee, breakfast, and a good time. Members may bring their own treat/dish to share, if desired. Coffee, plates, utensils, and breakfast item from a local establishment will be provided. Monthly themes will include: donuts, kolaches, pastries, and sausage rolls.

Class Fee: \$5 each class day

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Lifestory Informational Meeting

Tuesday

Feb. 7

1:30 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. The Lifestory Workshop will offer unique approaches to a rich tradition of life review, reminiscence, and writing groups through the guidance of a trained facilitator. During the informational meeting, participants will learn about Lifestory, including how the sessions are facilitated and what to expect out of each session.

Study Leader: Shirlene Crawford, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Hot Chocolate Bombs

Wednesday

Feb. 8

2:30 p.m.

Looking for a sweet treat to make for your special someone, neighbors, or family for Valentine's Day? These hot chocolate bombs are a yummy and simple treat that shows how much you care. Each participant will leave with four hot cocoa bombs. Drop hot chocolate bombs into a mug of warm milk and enjoy!

Class Fee: \$8

Maximum: 15

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

All Around Town Series: Kikko Ramen & Poke

Thursday

Feb. 9

11:30 a.m.



Kikko Ramen & Poke offers the best of both worlds, serving delicious ramen and poke bowls in a casual atmosphere, all made with quality, fresh ingredients. Authentic meets creative Japanese cuisine in a place where there's always more than enough to eat. Customize a poke bowl or order a crave-worthy bowl of ramen with a boba tea to drink! Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Kikko Ramen & Poke
7905 N Navarro St Unit 200, Victoria, TX

EXTRA OPPORTUNITIES

These classes are not offered by ALL and are open to the public. The Museum of the Coastal Bend is open Tuesday-Saturday and located at 2200 E. Red River Street. • MuseumOfTheCoastalBend.org

DATE	EVENT/ACTIVITY	TIME	LOCATION
Jan. 26	JOHN W. STORMONT LECTURE: <i>Lessons From Building a Pioneer Farm</i> with Justin Butts	5:30 p.m.	Museum of the Coastal Bend
Feb. 1-28	Black History Month: <i>George McJunkin & Folsom Points</i>	10 a.m.-4 p.m.	Museum of the Coastal Bend
Feb. 16	Art and Artifacts Happy Hour	4-6 p.m.	Museum of the Coastal Bend
Feb. 23	JOHN W. STORMONT LECTURE: <i>The Goliad Campaign of 1835</i> presented by Scott McMahon	5:30 p.m.	Museum of the Coastal Bend
March 2	JOHN W. STORMONT LECTURE: <i>Deeply Rooted</i> presented by Dr. Leslie Bush	5:30 p.m.	Museum of the Coastal Bend
March 23	JOHN W. STORMONT LECTURE: <i>Chasing Billy the Kid</i> presented by Kurt House	5:30 p.m.	Museum of the Coastal Bend
May 4	16th Annual Spring Artisans Market	11 a.m.-6 p.m.	Museum of the Coastal Bend
May 5	McNeill Ranch Site Tour (Advance Registration Required)	9-11 a.m.	Museum of the Coastal Bend

Valentine's Day: Not Necessarily the Holiday You Thought It Was

Tuesday
Feb. 14
2 p.m.

What do Chaucer and werewolves have to do with Valentine's Day? This tongue-in-cheek history of the origins of Valentine's Day might cause you to reconsider your feelings toward the holiday, or at the very least, you'll discover some reasons it may not be such a bad thing to be without a valentine this year.

Study Leader: Heather Para, Exhibits & Collections Manager, Museum of the Coastal Bend
Location: Museum of the Coastal Bend, 2200 E. Red River Street, Victoria, TX

All About CBD

Wednesday
Feb. 15
2 p.m.



CBD is all the rage, but what is it and what sparked its recent popularity? Learn from Dr. Garth O. Vaz, M.D., about your bodies' endocannabinoid system, health benefits of CBD and hemp products, and the legality of these products.

Study Leader: Dr. Garth O. Vaz, M.D.
Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

Beginner Scrapbook Making

Thursday
Feb. 16
2:30 p.m.

Would you like your photos to tell a story? There is a therapeutic effect for both the creator of a scrapbook as well as for someone who is looking at the cherished memories contained within scrapbooking albums. Work in a fun and satisfyingly creative way to preserve your family memories for current and future generations. This is something anyone can do, and in your own way. Participants will need to bring 6 to 12 snap-shot size (4x6) photos to use in the class and will leave with two completed pages, the beginnings of two more pages, and inspiration to create more.

Class Fee: \$15
Minimum: 6 • **Maximum:** 20
Study Leader: Susan Juckett, Advisor, Creative Memories
Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

Stop the Bleed

Tuesday
Feb. 21
10 a.m.

With three quick actions, you can be trained to save a life. The number one cause of preventable death after injury is bleeding. Be empowered to make a potentially life-saving difference when a bleeding emergency occurs. During this lecture and demonstration, participants will learn how to "stop the bleed".

Study Leader: Ricky De La Garza, EMS CE Coordinator, Victoria College
Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

Lifestory

Tuesdays
Feb. 21
March 7, 21
April 4, 18
May 2, 16
1:30-3 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. The Lifestory Workshop will offer unique approaches to a rich tradition of life review, reminiscence, and writing groups through the guidance of a trained facilitator.

Study Leader: Shirlene Crawford, ALL Member
Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX



Need the perfect gift?

Consider an ALL membership.
Call (361) 582-2520 for details.

Strike up the Fun- Bowling

Tuesdays

Feb. 21

March 28

April 25

May 23

2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes two games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 each class day

Maximum: 29

Location: Century Lanes

3401 John Stockbauer, Victoria, TX

The 1892 Victoria County Courthouse: A Photographic Journey

Wednesday

Feb. 22

1 p.m.

Take a virtual tour through our beautifully restored 1892 County Courthouse and her surroundings. The Courthouse is a masterpiece of Richardsonian Romanesque architecture, featuring spectacular craftsmanship and attention to detail. History at every turn. Transportation is NOT provided.

Study Leader: Jeff Wright, Executive Director, Victoria Preservation, Inc.

Location: Victoria Preservation, Inc.
205 W. Goodwin Avenue, Victoria, TX

Basic Household Electrical Safety

October 6, 2022



Painted Churches Tour

Thursday

Feb. 23

Depart ETC at 8:15 a.m.

The Painted Churches are located in the communities of Dubina, High Hill, Praha, and Ammannsville. They appear unassuming as you approach them, but as you enter the front doors prepare to have your breath taken away by the incredible beauty found inside. Members will enjoy a tour of four painted churches and a Dutch-treat lunch at a local restaurant. Transportation will be provided.

Class Fee: \$50

Maximum: 28

Location: Schulenburg, TX

Happy Little Painting Party

Tuesday

Feb. 28

10 a.m.

Explore your artistic side! Come to a unique art party where no experience is required. The canvas, paints, and refreshments are included in the class fee. Participants will leave with a Bob Ross-themed canvas painting of their own. Transportation is NOT provided.

Class Fee: \$20

Minimum: 12

Maximum: 35

Location: Crossroads Art House
2914 N. Laurent Street, Victoria, TX

ABCD's of Medicare

Tuesday

Feb. 28

2:30 p.m.

Medicare is an important part of many people's lives. During this class, members will learn about the four different parts of Medicare (Parts A, B, C, & D), what's available in our community, and what the Golden Crescent Area on Aging can provide.

Study Leader: Cheree Biggs, ACS Program Manager II,
Golden Crescent Regional Planning Commission

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

MARCH

At a Glance

March 1

Hormones, Thyroid Health, and Energy- Oh My!

March 1

Re-Homesteading the Family Farm: A Summary

March 5

Alice in Wonderland Ballet

March 6

The History of Quilting

March 7

DIY: Cascarones

March 8

Quanah Parker: An Interesting Life

March 8

Re-Homesteading the Family Farm: A Farm Tour

March 21

VPL Book Club: *It Ends with Us*

March 22

The Creation of *Alice in Wonderland* Ballet

March 22

Sleep: The Secret to Good Health

March 23

Dinner Tonight: Cooking Demonstration

March 25

A Historic Day in Goliad

March 28

Texas Master Naturalist Series:

Mary Motz Wills- Nature Watercolorist

March 29

Medication Safety

March 30

All Around Town Series: *Mumphord's Place BBQ*

Hormones, Thyroid Health, and Energy- Oh My!

Wednesday

March 1

10 a.m.



Are you more tired than you think you should be? Are you suffering from conditions like thinning hair, cracked heels, and frequent headaches? All of these symptoms and more could be signs that your hormone and thyroid levels are off. Join Brandi to learn how our bodies give indications of what is going on within if we just listen!

Study Leader: Brandi Barthels

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Re-Homesteading the Family Farm: A Summary

Wednesday

March 1

2 p.m.

A suburban, professional couple returns to a great-grandfather's farm to practice holistic management and restore health to the land. Steven and Cathy have built a small home with rainwater collection system, solar power with battery storage, vegetable gardens and chickens. Pollinator insects and birds swarm on the native plantings, and the native grasses in the pastures are coming back as cattle, sheep and goats are grazed using portable electric fencing. Everything is interconnected, and we are a part of it!

Study Leaders: Steven and Cathy Koenig, ALL Members

Location: VC Emerging Technology Complex,
Conference & Education Center,
7403 Lone Tree Road, Victoria, TX

Estate Planning- Simplifying the Complicated

November 9, 2022



Alice in Wonderland Ballet

Sunday

March 5

2 p.m.

Follow Alice down the rabbit hole in this exuberant NEW ballet, created for Victoria Ballet Theatre and inspired by the much-loved book, *Alice in Wonderland*. Attendees will be transported to a world of wonder as choreographer Brenda Tally takes you on a journey through the mad-capped world of Lewis Carroll. Get ready for an unforgettable event!

Class Fee: \$25

Maximum: 16

Location: Leo J. Welder Center
214 N Main Street, Victoria, TX

The History of Quilting

Monday

March 6

1 p.m.

Quilting has been around for centuries and can be traced back to at least medieval times. For much of its history, quilting was primarily utilitarian, but has recently become a true art form. Come and learn the history of quilting.

Study Leader: Karen Greer, ALL Member and Victoria Quilt Guild Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

DIY: Cascarones

Tuesday

March 7

10 a.m.

A cascarón is a hollowed-out chicken egg filled with confetti or small toys. Cascarones are common throughout Mexico during the Easter season. Learn about the history and cultural significance of cascarones while creating six cascarones to take home.

Class Fee: \$3

Maximum: 20

Study Leader: Bridgette Postel

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Quanah Parker: An Interesting Life

Wednesday

March 8

10 a.m.

This presentation will introduce attendees to the life of Quanah Parker, the last chief of the Comanches. Join Reba Roberson as she shares Quanah's struggle to defeat Randal Slidell "Bad Hand" MacKenzie and the US Army in an attempt to preserve the nomadic, warrior lifestyle.

Study Leader: Reba Roberson, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Re-Homesteading the Family Farm: A Farm Tour

Wednesday

March 8

2 p.m.

Visit the Koenig farm to see how everything is interconnected. Hear about their holistic homestead management practices such as rainwater collection system, solar power with battery storage, and portable electric fencing. These practices were chosen to restore health to the land to support vegetable gardens, native plants, and farm animals. See the chickens, cattle, sheep, and goats in their holistic habitat. Please arrive prepared with clothing and shoes appropriate for a walk on a farm. Transportation is NOT provided.

Maximum: 20

Study Leaders: Steven and Cathy Koenig, ALL Members

Location: Cuero, TX

(Address will be provided prior to class)

T E X A S



Mid-Coast Chapter

Thank you Texas Master Naturalist for your partnership and offering ALL educational and inspiring classes.

VPL Book Club: *It Ends with Us*

Tuesday

March 21

9:30 a.m.

Colleen Hoover's 2016 book, *It Ends with Us*, has sold over four million copies, has been on the bestseller list for over 76 weeks, and has been translated into over twenty languages. Romantic Times wrote, "*It Ends with Us* is a perfect example of the author's writing chops and her ability to weave together uplifting, romantic and somber plotlines."

Victoria Public Library is partnering with ALL to host a book review of *It Ends with Us*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

Maximum: 15

Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library

Location: VC Emerging Technology Complex, Conference & Education Center, 7403 Lone Tree Road, Victoria, TX

The Creation of *Alice in Wonderland* Ballet

Wednesday

March 22

10 a.m.

Take a peek behind the curtain to learn about the creation of the *Alice in Wonderland* ballet, a new show choreographed by Brenda Tally. Attendees will see costumes and props and learn what went into putting on this Victoria Ballet Theatre production. Transportation is NOT provided.

Study Leader: Brenda Tally, Executive Director, Victoria Ballet Theatre

Location: Ballet Academy of South Texas
204 N. Main Street, Victoria, TX



All About Herbs

November 2, 2022

Sleep: The Secret to Good Health

Wednesday

March 22

2 p.m.



There are hundreds of reasons why we might have trouble sleeping. However, a quality night's sleep is integral to good health. Join Dr. Phylis Canion as she discusses the four sleep stages and how to reduce sleep disruptions for a better night's sleep.

Study Leader: Dr. Phylis Canion, FAAIM, CNC

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Dinner Tonight: Cooking Demonstration

Thursday

March 23

10:30 a.m.

March is National Nutrition Month! Learn to make informed food choices and develop healthful eating habits. JJ Jansen will show participants how to make a healthy salad and main dish. Tastings and dinner inspiration will be included.

Study Leader: JJ Jansen, County Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

A Historic Day in Goliad

Saturday

March 25

9:30 a.m.

Enjoy a historic day in Goliad! Relive the final days of Col. Fannin's command at the 37th Annual Goliad Massacre and Living History Program held at Presidio La Bahia. Members will then enjoy a Dutch-treat lunch at a local restaurant before heading to the Goliad Forge. A local blacksmith will discuss traditional and contemporary blacksmithing, the history/origins of blacksmithing, and provide a small demonstration. Dress for the weather as this event takes place outdoors. Transportation is NOT provided.

Class Fee: \$10

Maximum: 25

Location: Goliad, TX

Texas Master Naturalist Series: *Mary Motz Wills- Nature Watercolorist*

Tuesday
March 28
4:30 p.m.



“Roadside Flowers of Texas” was a field guide from The University of Texas Press, published in 1961 and written by Howard S. Irwin. Mary Motz Wills, who painted the 257 illustrations for this book, was a watercolorist of some renown and was featured on the cover of this book. Join Beth to learn more about this woman, study her work, and explore the medium of watercolor illustrating. Materials to complete a watercolor illustration will be provided.

Class Fee: \$10

Study Leader: Beth Flinn Hudson, ALL Member and Texas Master Naturalist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Medication Safety

Wednesday
March 29
2:30 p.m.



Everyone has prescription and/or over-the-counter medications in their homes. Discuss and strengthen your understanding of proper medication usage, disposal, storage, label literacy, and special considerations. Keep you and your loved ones safe by following medication safety guidelines.

Study Leader: Larsen Davidson, Associate Prevention Specialist, Mid-Coast Family Services

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Self-Care Massage

November 30, 2022



All Around Town Series: *Mumphord's Place BBQ*

Thursday
March 30
11:30 a.m.



Mumphord's Place BBQ is a local restaurant that's been serving up finger-licking good food in Victoria for over 21 years. Their extensive menu features mouth-watering barbeque and southern sides that will surely satisfy your cravings. Everything is cooked in-house daily so the food is fresh when it hits your table. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Mumphord's Place BBQ
1202 E. Juan Linn, Victoria, TX

Thank You

Victoria College extends a thank you to all of the volunteers who help make ALL a success.

Without the many volunteers helping with committees, instructing classes, and organizing activities, ALL would not exist! We appreciate our many community members who have volunteered their time and expertise that allow us to offer a variety of classes. Thank you, ALL volunteers, for proving that learning never goes out of style!

Ways to Volunteer:

Join a committee • Help with Open House
Submit/recruit ideas for new classes
Become an ALL instructor

For more information, call (361) 582-2520 or email

WCE@VictoriaCollege.edu.

APRIL

At a Glance

April 4

Texas Master Naturalist Series: *Spring Tour of the Barnhart Q5 Ranch and Nature Retreat*

April 5

Fresh Start to a Healthier You:
Safe and Healthier Meals

April 5

Aloha Plumeria

April 6

Outsmart the Scammers

April 11

Top 20 Native Plants for the Crossroads Area

April 12

Fresh Start to a Healthier You: Balancing Your Day

April 12

Progressing through Life with Positivity

April 13

DeLeon on DeLeon- Victoria's Founding Family

April 14

Rusty Hook Winery Tasting and Tour

April 18

All Around Town Series: *Burger Nation*

April 19

CD Mosaic Art

April 19

Fresh Start to a Healthier You:
Saving More at the Grocery Store

April 19

VPL Jams: Catt Moon

April 20

Victoria Educational Gardens Tour

April 26

Fresh Start to a Healthier You: Celebrating Small Bites

April 26

Restorative Yoga

April 27

Memory Wire Bracelets

Texas Master Naturalist Series: *Spring Tour of the Barnhart Q5 Ranch and Nature Retreat*



Tuesday

April 4

4:30 p.m.

Take a tour of the Barnhart Q5 Ranch in the spring when the wildflowers are in full bloom. Enjoy a hayride through the pastures of this working ranch, being sure to take note of the flora and fauna on display. This ranch has embraced Eco Tourism and works to balance ranch operations with wildlife conservation. Learn about Eco Tourism in Texas including birding, photography, and studies of wildlife populations. Bring your binoculars and camera and wear appropriate shoes and clothes for the South Texas brush country. Transportation is NOT provided.

Study Leaders: Claire Barnhart and Wilfred Korth, Texas Master Naturalists

Location: Barnhart Q5 Ranch
8212 FM 883, Berclair, TX

Fresh Start to a Healthier You: Safe and Healthier Meals

Wednesday

April 5

10:30 a.m.

The Fresh Start to a Healthier You is a four-part series that promotes healthy living and positive change. The goals for the course include increased confidence in cooking healthy meals for yourself and your family, reduced stress related to shopping on a budget, and incorporation of more fruits and vegetables daily. Nutrition materials, recipes, and cooking demonstrations will be provided.

Study Leader: Marcie Kucera, Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Aloha Plumeria

Wednesday

April 5

2 p.m.

Plumeria are native to Hawaii and known as the “lei flower” but can be successfully grown in South Texas! The beautiful and highly fragrant blooms come in many different colors and the plumeria tree can grow to be 6- to 10-feet tall. Join Elgene and Joy as they walk you through how to grow your own plumerias from either seed or stick.

Study Leaders: Elgene Henry and Joy Reed, ALL Members

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Outsmart the Scammers

Thursday

April 6

10:30 a.m.

Reduce your risk of being the target of a scam by recognizing red flags that may indicate a fraudulent encounter. John-Ashton Hesse will provide resources that can be utilized if you or a loved one are targeted by scammers. Attendees will also learn steps to take now to protect themselves and loved ones.

Study Leader: John-Ashton Hesse, Financial Advisor, Edward Jones

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Top 20 Native Plants for the Crossroads Area

Tuesday

April 11

10 a.m.

Native plants make a great addition to your yard. Learn about 20 different trees, vines, shrubs, perennials, annuals, and groundcovers that are great native plants for the Crossroads area. Discover each plant's characteristics, growing needs, and benefits for wildlife and the environment. Some of the plants featured in this presentation can be viewed in a landscape setting by attending the upcoming Master Naturalist yard tour.

Study Leader: Janet McCrea, ALL Member, Texas Master Gardener, and Texas Master Naturalist

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Fresh Start to a Healthier You: Balancing Your Day

Wednesday

April 12

10:30 a.m.

The Fresh Start to a Healthier You is a four-part series that promotes healthy living and positive change. The goals for the course include increased confidence in cooking healthy meals for yourself and your family, reduced stress related to shopping on a budget, and incorporation of more fruits and vegetables daily. Nutrition materials, recipes, and cooking demonstrations will be provided.

Study Leader: Marcie Kucera, Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Progressing through Life with Positivity

Wednesday

April 12

2:30 p.m.



Countless studies have shown that the power of a positive attitude and positive thinking remains as important as ever when progressing through life. Building a proper foundation for an overall positive life can impact your physical, mental, and emotional health in ways you never would have imagined possible. Although it is not always easy, the more you practice positive thoughts and actions, the easier it becomes.

Study Leader: Samantha Garza, M.A., LPC-Associate, Auravia Holistic Therapy

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Walk Victoria- Victoria College Main Campus

October 19, 2022



DeLeon on DeLeon- Victoria's Founding Family

Thursday
April 13
10:30 a.m.

In 2024, Victoria, Texas will celebrate its bicentennial. The founding of Victoria was a family affair and a dream that extended decades. At the heart of the family were Martin de Leon and Patricia de la Garza. Presented by a 6th generation DeLeon, in this class Blanche will share the DeLeon perspective of Victoria's founding as well as exciting details about the upcoming Bicentennial Celebration.

Study Leader: Blanche de Leon
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Rusty Hook Winery Tasting and Tour

Friday
April 14
Depart ETC at 11 a.m.

Rusty Hook Winery is a family-owned boutique winery that offers 17 different wine options. A tasting of four wine samples and four wine slush samples, as well as a personal tour of the facility will be included. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation will be provided.

Class Fee: \$30
Maximum: 28
Location: Port Lavaca, TX

All Around Town Series: Burger Nation

Tuesday
April 18
11:30 a.m.

Burger Nation is a famous burger restaurant offering a large variety of handmade burgers with amazing taste. At this recently reopened restaurant back under original ownership, the food is fresh, never frozen. Build your dream burger today! Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Burger Nation
3112 N. Navarro Street, Victoria, TX



CD Mosaic Art

Wednesday
April 19
10 a.m.

Create a sparkling mosaic image from pieces of CD/DVD's. Using a framed piece of glass and image of your choosing, place and glue CD pieces creating a reflective image that picks up light from any angle. There will be many sample silhouettes/outlines or you can bring your own.

Class Fee: \$20
Maximum: 16
Study Leader: Dana Wright
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Fresh Start to a Healthier You: Saving More at the Grocery Store

Wednesday
April 19
10:30 a.m.

The Fresh Start to a Healthier You is a four-part series that promotes healthy living and positive change. The goals for the course include increased confidence in cooking healthy meals for yourself and your family, reduced stress related to shopping on a budget, and incorporation of more fruits and vegetables daily. Nutrition materials, recipes, and cooking demonstrations will be provided.

Study Leader: Marcie Kucera, Extension Agent, Texas A&M AgriLife Extension
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

VPL Jams: Catt Moon

Wednesday
April 19
2:30 p.m.

VPL Jams is coming to ALL! VPL Jams is a monthly music series hosted by the Victoria Public Library that highlights the local Crossroads music scene. Enjoy an afternoon with Catt Moon, a duo of Catt Wolf on vocals and Jim Kovacek on guitar. Feel welcome to bring an afternoon snack to share with fellow ALL members. Coffee, plates, and utensils will be provided.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Victoria Educational Gardens Tour

Thursday

April 20

10 a.m.

Spend some time among the beautiful plants and take a relaxing stroll in the Victoria Educational Gardens. Any gardening, horticulture, landscape, or nature enthusiast will be fascinated with the hundreds of native and exotic plant species blooming in the gardens. Enjoy a tour of the 19 mini gardens located within the Educational Gardens that have been designed, planted, and maintained by Victoria County Master Gardeners since the garden project began in 2003. Transportation is NOT provided.

Study Leader: Victoria County Master Gardener

Location: Victoria Educational Gardens

333 Bachelor Drive, Victoria, TX

Fresh Start to a Healthier You: Celebrating Small Bites

Wednesday

April 26

10:30 a.m.

The Fresh Start to a Healthier You is a four-part series that promotes healthy living and positive change. The goals for the course include increased confidence in cooking healthy meals for yourself and your family, reduced stress related to shopping on a budget, and incorporation of more fruits and vegetables daily. Nutrition materials, recipes, and cooking demonstrations will be provided.

Study Leader: Marcie Kucera, Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

Restorative Yoga

Wednesday

April 26

3 p.m.

Restorative yoga is a type of yoga known for its relaxing, calming, and healing effect. In this class the benefits of practicing yoga will be discussed, how to use your breath to relieve stress will be explained, and members will learn some stretches that help relieve backache pain and sciatic nerve pain. Please arrive in comfortable clothing suitable for stretching and bring a yoga mat or blanket to lay on the floor.

Study Leader: Kim Evans, Licensed Massage Therapist

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX



Memory Wire Bracelets

Thursday

April 27

1 p.m.

Memory wire is a strong wire used in jewelry making that maintains its coiled shape. Explore techniques and tips for making necklaces, bracelets, earrings and rings out of memory wire. Participants will create a fashionable three-strand wrap bracelet from memory wire.

Class Fee: \$20

Maximum: 20

Study Leader: Chris Jones, ALL Member

Location: VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

VICTORIA COLLEGE

ALUMNI

& Friends

*Building a strong and lasting
relationship between Victoria College
and its ever-growing family of alumni.*

Who Can Join?

Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you're a part of our family.

Membership Benefits

- Welcome packet with window decal
- Subscription to the Alumni & Friends Newsletter
- Networking, leadership, and volunteer opportunities
- Invitations to special alumni events

Join Online:

VictoriaCollege.edu/Alumni

MAY

At a Glance

May 2

Texas Master Naturalist Series:
Pollinator Garden Home Tours

May 3

Hurricane Preparedness

May 3

Movie Screening: *Angel and the Badman*

May 4

The "First" US Drug War

May 9

Columbus, Texas: A Day Trip

May 10

Grief Support

May 10

Fun at Outlaw Pass

May 11

The Charms of Tea

May 16

Embroidery: Botanical Sampler

May 16

Lifsize Exhibits: Prehistoric Fossils and the Periodic
Table of Elements

May 17

All Around Town Series: *Aimee's Bluebird Café*

May 17

Dog Food Nutrition

May 18

VPL Book Club: *Diana, William, and Harry:
The Heartbreaking Story of a Princess and Mother*

May 24

Senior Safety

May 25

ALL End-of Year Celebration

Texas Master Naturalist Series: Pollinator Garden Home Tours



Tuesday

May 2

4:30 p.m.

Janet McCrea and Beth Hudson invite you to their working pollinator gardens for a seasonal educational visit. May is usually a time of flux in gardens. They are recuperating from winter's bitter influence, and we are catching up on maintenance and looking for the new shoots that will tell us what is coming back. Join Janet and Beth for a tour of each of their home gardens and a description of their spring progress. Bring your curiosity and questions. They may have some answers. Transportation is NOT provided.

Study Leaders: Janet McCrea, ALL Member, Texas Master Gardener, and Texas Master Naturalist & Beth Hudson, ALL Member and Texas Master Naturalist

Location: Meet at Kirkland's Parking Lot
7906 Zac Lentz Parkway, Victoria, TX

Hurricane Preparedness

Wednesday

May 3

10:30 a.m.

The Crossroads area is no stranger to hurricane activity. Are you and your home prepared for the 2023 hurricane season? Rick McBrayer will share historical accounts of hurricanes in our area, future projections, and ways in which to ready your home and family for a potential natural disaster.

Study Leader: Rick McBrayer, Emergency Management Coordinator, Victoria Office of Emergency Management

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

TMNS- A Texas Birding Adventure Field Trip

December 6, 2022



Movie Screening: *Angel and the Badman*

Wednesday

May 3

2:30 p.m.

Watch *Angel and the Badman* on the big screen at the Leo J. Welder Center. *Angel and the Badman* is a 1947 American Western film written and directed by James Edward Grant and starring John Wayne, Gail Russell, Harry Carey, and Bruce Cabot. The film is about an injured gunfighter who is nursed back to health by a Quaker girl and her family whose way of life influences him and his violent ways. Concession stands will be open to purchase drinks and snacks for your enjoyment.

Location: Leo J. Welder Center,
214 N. Main Street, Victoria, TX

The “First” US Drug War

Thursday

May 4

4 p.m.

The United States experienced and continues to experience The War on Drugs, which scholars usually argue began in the 1970s. However, this was not the first War on Drugs to dominate the United States. During the 1920s, the United States was consumed with the prohibition of certain drugs, but that story is overshadowed by alcohol. The 1920s War on Drugs also created social ramifications and marginalized racial minority groups as a consequence.

Study Leader: Dr. Alfredo Aguilar, History Instructor,
Victoria College

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX



Columbus, Texas: A Day Trip

Tuesday

May 9

Depart ETC at 8:30 a.m.

Columbus is a little slice of Americana with deep Texas roots. If Texas history is your thing, Columbus is the place for you! Attendees will visit the 1886 Stafford Opera House, War Memorial Museum, Alley Log Cabin and Antique Tool Museum, and Colorado County Courthouse. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation will be provided.

Class Fee: \$40

Maximum: 28

Location: Columbus, TX

Grief Support

Wednesday

May 10

10 a.m.



How do you know if you need grief support after a loss? Once you know you need support, how do you ask for it and who do you ask? And if you recognize someone you love is grieving, how can you provide support to them? Dr. Larry Green will answer all of these questions and so much more.

Study Leader: Dr. Larry Green, Chaplain, Hospice of South Texas

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Fun at Outlaw Pass

Wednesday

May 10

3 p.m.

Outlaw Pass is a premier family entertainment center where “kids” of all ages can enjoy a variety of exciting attractions in one location, including the most unique adventure mini golf course in the Lone Star State, a thrilling 900 linear foot race track, and much more! Participants will enjoy one game of mini golf and one race track ride. Transportation is NOT provided.

Class Fee: \$15

Minimum: 8

Location: Outlaw Pass Family Fun Center
78 Tate Road, Victoria, TX

The Charms of Tea

Thursday

May 11

2:30 p.m.

Tea is one of the oldest and most popular drinks in the world. People everywhere have experienced its distinct taste and integrated it into their daily lives. Learn the interesting history of tea, the traditions of afternoon tea, and its modern-day variations. Then, relax and enjoy sipping tea and nibbling on light finger foods with your fellow ALL members.

Class Fee: \$13

Maximum: 20

Study Leader: Janice Ferguson, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Embroidery: Botanical Sampler

Tuesday

May 16

9:30 a.m.

Are you ready to practice some stitches? Embroidery is a relatively inexpensive hobby, is portable, and can be picked up and put down without missing a stitch. This botanical sampler will help you get acquainted with some of the most popular stitches in embroidery. All required materials will be provided. Participants will leave with a completed 6-inch hoop adorned with botanical elements ready to display.

Class Fee: \$10

Maximum: 12

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Lifesize Exhibits: Prehistoric Fossils and the Periodic Table of Elements

Tuesday

May 16

3 p.m.

Some amazing creatures and artifacts have taken up residence at Victoria College! In the Health Sciences Center you can find fossil replicas of animals that lived around 2 million to 70 million years ago. You'll also find an interactive periodic table of elements containing samples of artifacts and physical elements. Funded by a \$3.6 million grant from the U.S. Department of Education, these new exhibits are a part of the college's goal of making STEM programs more accessible and inviting. This guided tour will be led by the grant project leaders Matthew Weiler and Michael Croisant.

Study Leaders: Matthew Weiler, Associate Professor of Geology, Victoria College & Michael Croisant, Assistant Professor of Chemistry, Victoria College

Location: VC Health Sciences Center
2200 E Red River Street, Victoria, TX

All Around Town Series: Aimee's Bluebird Café

Wednesday

May 17

11:30 a.m.

Aimee's Bluebird Café is a house turned restaurant serving up southern comfort food in a laid-back atmosphere. Don't forget to save room for dessert – their banana pudding is a favorite in Cuero! Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Aimee's Bluebird Café
1000 S Esplanade Street, Cuero, TX



Meetings • Events • Conferences
for 1 to 500+ guests [ConferenceInVictoria.com](https://www.conferenceinvictoria.com)



VICTORIA COLLEGE
Emerging Technology Complex

Dog Food Nutrition

Wednesday

May 17

2:30 p.m.

Help your dog feel their best and live a happy and healthy life! Choosing the right food for your dog can be overwhelming, especially with so many options now available, such as kibble, wet food, and raw food. Local Pet will discuss what ingredients to look for and what should be avoided in dog food.

Study Leader: Peyton Heinold, Assistant Manager, Local Pet

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

VPL Book Club: *Diana, William, and Harry: The Heartbreaking Story of a Princess and Mother*

Thursday

May 18

9:30 a.m.

James Patterson's newest book is an instant New York Times Bestseller! Released in 2022, *Diana, William, and Harry: The Heartbreaking Story of a Princess and Mother* is the first big book about the private Diana, the mother of two princes. According to Men's Journal, "Royal fans will devour this well-paced biography that gives new insight into the House of Windsor."

Victoria Public Library is partnering with ALL to host a book review of *Diana, William, and Harry: The Heartbreaking Story of a Princess and Mother*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

Maximum: 15

Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Senior Safety

Wednesday

May 24

10 a.m.



Developed for the senior community, the Victoria Police Department will provide information on situational awareness, risk reduction, and strategies for self-defense. Participants will gain an increased awareness of the most common crimes in Victoria, understand how to minimize criminal opportunity, and hear recommendations on how to avoid becoming a victim.

Study Leader: John Turner, Community Engagement Officer, Victoria Police Department

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

ALL End-of-Year Celebration

Thursday

May 25

11:30 a.m.

Enjoy a potluck lunch with all your ALL friends. Bring a dish (and your recipe) to share with fellow members and enjoy each other's company. Participants may either email their recipe prior to the event or bring one copy to the event. Recipes will be compiled and emailed to attendees. Drinks, plates, and utensils will be provided.

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX



Take a Book, Leave a Book

Find a book you like? **Take it.**

When you are finished you can: Return it • Keep it • Pass it on to a friend

Have a book you want to share? **Leave it.**

Located at VC ETC Room 301.

TRAVEL WITH ALL

Collette Trips (see page 6)

October 2023: Postcards from Vermont



November 2023: Hawaiian Adventure



Premier World Discovery Trips (see page 8)

April 2023: Holland Windmills, Waterways, & Tulips River Cruise



June 2023: Philadelphia, Amish Country, & the Brandywine Valley





**Academy of Lifelong Learning
Membership Form & Liability Release**

New Member **Returning Member** **Do you need a name tag?** Yes No

MEMBERSHIP OPTIONS

- Spring Membership-\$40
- Spring Discounts (*Only 1 discount can be applied*)
 - Museum of the Coastal Bend Member-\$35 VC Retirees/Employees-\$35

Last Name First MI Social Security Number (*Optional*) Date of Birth Sex

Mailing Address City State Zip Code

Home Phone # Cell Phone #

How did you hear about us? Email Address

EMERGENCY CONTACT

Name Relationship

Phone Number

QUESTIONS OR MORE INFO:

Victoria College
Emerging Technology Complex
Conference & Education Center
Attention: Academy of Lifelong Learning
7403 Lone Tree Road
Victoria, TX 77905

Phone: (361) 582-2520

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Charge My: <input type="checkbox"/> AMEX <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa	Amount:	Card No.:	Expiration Date:	CID No.:
Name on Card:		Authorized Signature:		
Billing Address:				

Mail or deliver this form in person. Payment is due at time of registration.



**Victoria College Academy of Lifelong Learning
Release and Waiver of Liability, Assumption of the Risk, and Indemnity Agreement**

This form is a legal release, assumption of risk waiver and covenant not to sue agreement. I, the above-named Member, am eighteen (18) years of age or older, and have voluntarily applied to participate in the Victoria College (“College”) Academy of Lifelong Learning (“ALL”). In consideration of my participation in the ALL, on behalf of myself, my family, heirs, and personal representative(s), I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release the above named College, its governing board, officers, employees, and representative (collectively the “Releasees”) from any and all liability to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness or injury to my person, including death, that may result from or occur during my participation in the ALL, whether cause by negligence of the Releasees, or otherwise.

By my signature herein I hereby acknowledge that there will be times that the nature of an activity or trip may expose me to hazards or risks that may result in my illness, personal injury, or death, and I understand and appreciate the nature of such hazards and risks. I represent that I am physically able, with or without accommodation, to participate in the ALL activities, whether that be an on campus class, day trip where I am driving myself, or a trip where the ALL is providing transportation, and am able to use the equipment and/or supplies associated with these activities.

I understand and agree that Releasees may not have medical personnel available at the location of any activities or on campus. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment. Should I require emergency medical treatment as a result of accident or illness arising during and activity put on by the ALL, I consent to such treatment. I acknowledge that the College does not provide health and accident insurance for participants in the ALL and I agree to be financially responsible for any medical bills incurred as a result of emergency medical treatment. I will notify College representatives in writing if I have medical conditions about which emergency medical personnel should be informed.

I also authorize the College to use or show any photos of ALL events which include me or my likeness.

I further agree that this Release shall be construed in accordance with the laws of the State of Texas. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS THE COLLEGE, ITS BOARD OF REGENTS, EMPLOYEES, AGENTS, AND REPRESENTATIVES FROM ANY LOSS, LIABILITY, DAMAGE OR COST THAT MAY OCCUR DUE IN ANY MANNER OR DEGREE TO MY PARTICIPATION IN THE ACTIVITY LISTED ABOVE.

PARTICIPANT

Signature

Date

Printed Name

FAQS

Listed are frequently asked questions.

How do I sign-up for classes?

A monthly newsletter will be emailed to current members containing upcoming courses and registration deadlines. Payment is due at the time of registration. Members can register the following ways:

In-Person or Mail

You may register in person in the Academy of Lifelong Learning Office:
Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905

Via Phone or Email

You may register for classes by calling at (361) 582-2520 or emailing the completed registration form to WCE@VictoriaCollege.edu.

What is the refund policy?

- No refunds are given for Academy of Lifelong Learning membership dues.
- Class fees may be refunded up until the payment/registration deadline.

What is your guest policy?

- Members are allowed to bring one guest per semester to one class with or without a fee. Payment is due at the time of registration.
- Members must contact the Academy of Lifelong Learning Office prior to the class to register their guest.

Do you offer any discounts?

- Anyone who is a member of the Museum of the Coastal Bend will receive \$10 off their annual membership (\$5 off Spring membership)
- Victoria College retirees or employees will receive \$10 off their annual membership (\$5 off Spring membership)
- Discounts may not be combined.

When will monthly newsletters be released?

Monthly newsletters will be released prior to monthly registration opening.

When does registration open each month?

January 23, February 20, March 27, April 24

What are your office hours?

Workforce & Continuing Education Office

Fall & Spring Hours

Monday - Friday, 8 a.m. to 5 p.m.

Summer Hours

Monday - Thursday, 8 a.m. to 5 p.m.

Closed on Fridays

2022-2023 ALL ADVISORY COMMITTEE

Chair – Ms. Betty Tovar
Vice-Chair – Mr. David Peters
Curriculum Committee Chair – Ms. Janice Ferguson
Membership Committee Chair – Ms. Sandy Mericle
Secretary – Ms. Debbie Head

